Walleye Invite

Hosted by the RRVY Wahoos Hyslop Pool at the University of North Dakota 2751 2nd Avenue North Grand Forks, ND July 20, 2013

USA Sanction #: ND2020

Course:

The meet location is the University of North Dakota Hyslop Sports Center at the corner of 2nd Avenue North and Columbia Road on the UND Campus. The swimming pool is eight lanes by 50 meters with a Daktronics timing system and complete scoreboard which displays the swimmers' names for each event. Starting blocks are at both ends of the pool. The 50 meter events start at the shallow end (4 foot depth). All other events start at the deep end (13 foot depth) of the pool.

Eligibility:

Entries are open to 2013 registered USA and CASA swimmers. Age as of July 20, 2013 determines the age of the swimmer.

Rules:

The 2013 USA Long Course rules and safety policies adopted by the NDLSC. Govern this meet. Events are swum and results are posted in these age brackets: 8 & under, 9-10, 11-12, 13-14, 15-18 and 19 & over.

This is a timed final meet.

There is no clerk of course or seed cards for the swimmers. Individual and relay events will be accepted with no times (NT). Swimmers' names, USA #'s, and order of swimmers for relays are to be submitted with entries.

Swimmers should appear behind the starting blocks according to the heat and lane assignments that appear in the program. Swimmers not appearing in their assigned places are scratched from the event.

Whistle starts and no recall false start will be used. The referee reserves the right to combine any heats or events. At the discretion of the meet referee, fly over starts may be used. Officials and coaches are to display their registration cards in order to be on deck.

If timeline exceeds the 4 hour time limit for 12 and under swimmers, the relays will be scratched. In addition to relay elimination, the meet referee reserves the right to scratch additional events if timeline goes beyond four hours for 12 and under swimmers.

Warm-up Procedures:

North Dakota Swimming, Inc Warm- Up Procedures and Safety Guidelines (see current NDLSC Policy Manual) will be in effect at this meet. The first half hour of warm-ups is designated to general warm-ups. NO DIVING OR RACING STARTS. Swimmers must enter the pool by sitting and sliding in the pool. Specific warm-ups begin after the first ½ hour.

Racing Start Proficiency:

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Course Certification:

The competition pool conforms to USA Swimming Rules and Regulations, Article 103.3. The competition course has been certified in accordance with 104.2.2C (3) and (4). The copy of such certification is on file with USA Swimming.

Swimsuits:

Current USA Swimming policies governing swimsuits will be in effect and enforced.

Deck Changing:

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Audio or Visual Recording Devices:

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Schedule:

Warm-ups @ 8:30 a.m.

Officials meeting @ 9:15 a.m. in pool office

Timers meeting with Head Timer @ 9:30 a.m. NE corner of pool deck

Competition begins @ 9:45 a.m.

Coaches meeting with referee following first relay in pool office.

Time trials will be offered immediately after Event 42. A swimmer interested in swimming time trials MUST DECLARE their intention to swim to the Head Referee before the end of the meet. Swimmers will be allowed to choose from that day's events for their respective age group. Time trial fees are \$5.00 per event.

Event:

Swimmers may swim 4 individual events and 2 relays. 8 and Under relays can be swam as a mixed relay. Swimmers may not swim up in an age group for individual or relay events unless the swimmer is aging-up before the State Championships and will be swimming in a different age group for the Championship. Please note this information on your entries

Note the order of events and contact the meet referee if you feel any swimmers need more rest time between events. Swimmers may not swim up in an age group for individual events.

Meet Fees:

Individual Events = \$1.50/event Relays = \$3.00/relay NDLSC Fee = \$3.50/swimmer \$19.50 per swimmer for timer/pool rental

Entries:

Entries should be postmarked by July 6, 2013 if you are sending only paper entry forms. Entries must be e-mailed by July 14, 2013 at 8:00 p.m. to janna.schill@gmail.com (please send a paper back-up when emailing).

Late entries will be charged a \$50.00 late fee.

All entries must include **swimmers USA number and age.** Include entry fees with entry forms and add US exchange. Meet fees are non-refundable.

Make checks payable to **RRVY Wahoos** and mail to

Janna Schill 3810 Mulberry Dr Grand Forks. ND 58201

Scoring & Awards

There will be no individual high point or team awards. 1- 16^{th} in each individual event in the following age categories: 8 & under, 9-10, 11-12, 13-14 and 15-18. Relays ribbons will be awarded for 1^{st} - 3^{rd} in each age group.

Other:

Concessions of beverages and snacks, swimwear and programs are available in the upper level of the pool area. All parents and spectators are to sit in the upper level. Swimmers/teams are expected to pick-up garbage around team seating area. Only swimmers, coaches, USA members working at the meet, officials and appointed volunteers may be on deck.

All parents/spectators must remain on the upper level. No flash photography at the starts.

Parking Information:

Fee for parking in lot by Hyslop: \$8 (2 day), and \$5 (1 day). Patrons may also park in the parking ramp on 2nd Ave. The rate is \$1.50 for the first hour and a dollar every additional hour up to \$7 dollars for the entire day. Payment may be made at the lanes by credit card when leaving or by cash at the pay station in the Southwest tower in the ramp. If people have a UND Permit they can park in any lot for free (including the lot we sell and the surrounding lots). If they do not have a permit r pay they may receive a \$20 ticket.

Programs:

Programs containing seeded events for all sessions will be available for purchase. The estimated start times will be posted in the programs but will not be used as the official timeline.

Meet Administration:

Meet Referee: Matt Nilles Safety Official: Jason Uhlir

Meet Manager: Janna Schill Administrative Official: Janna Schill

We appreciate any help with officiating and timing. RRVY is supplying 4-5 officials including the meet referee and starter. Please inform the meet referee of the names of those who will help officiate from your team.

RRVY WAHOOS WALLEYE INVITATIONAL SWIM MEET July 20, 2013

<u>Girls</u>	<u>Events</u>	<u>Boys</u>
1	400 Medley Relay (13 & Over)	2
3	200 Medley Relay (Open)	4
	5 Minute Break – Coaches Meeting	
5	200 Freestyle (Open)	6
7	100 Backstroke (Open)	8
9	100 Breaststroke (Open)	10
11	50 Butterfly (Open)	12
13	200 Butterfly (11 & Over)	14
15	50 Freestyle (Open)	16
17	200 I.M. (Open)	18
19	50 Backstroke (Open)	20
21	200 Backstroke (11 & Over)	22
23	50 Breaststroke (Open)	24
25	200 Breaststroke (11 & Over)	26
27	100 Freestyle (Open)	28
	Lunch Break	
29	200 Freestyle Relay (Open)	30
31	400 Freestyle Relay (Open)	32
	5 Minute Break	
33	400 Freestyle (9 & Over)	34
35	100 Butterfly (Open)	36
37	400 I.M. (13 & Over)	38
39	800 Freestyle (13 & Over)	40
41	1500 Freestyle (13 & Over)	42