

# The Ed and Ruth Shea Challenge Classic Annual LC Swim Meet

**Saturday, July 6, 2013 – Hosted by the Saluki Masters Swim Club, Carbondale, IL**

Sanctioned by the Ozark LMSC for USMS, Inc. # 223-S002

**TIME:** Warm-up and registration begin at 10 am; All competitors must check-in or register before 10:30am. No deck entries after 10:30 am; Meet starts at 11am. Estimated finish 3:30 pm

**LOCATION:** Southern Ill. Univ., Student Recreation Center, Dr. Ed Shea Natatorium, 300 E. Grand Ave., Carbondale, IL. Ample motel accommodations. Convenient daily Amtrak train service from Chicago, transport to/from station upon request.

**FACILITY:** 50 meter indoor pool, ten lanes (two lanes shared with recreational swimmers will be used for warm-up/cool down during the competition), non-turbulent lane lines and electronic timing and display. OUR FACILITY HAS BEEN MEASURED IN ALL COMPETITION LANES AS REQUIRED BY 2013 USMS RULES FOR TOP TEN AND RECORDS RECOGNITION. Ample locker room space and plenty of parking on north side of building. If arriving on Friday (7/5) and you desire to swim in the competition pool, notify Meet Director prior to 7/4.

**ELIGIBILITY:** Current USMS membership required. Online membership registration at [www.usms.org](http://www.usms.org) prior to the meet is recommended. Applications for those not already registered with USMS will be available at the sign-up desk. A photocopy of your USMS card must be provided with your signed entry. Each event entered must have a seed time (actual or estimated). The entry form must be signed and dated. USMS designated age groups 18+ apply. Per USMS/FINA rules in long course meets your age as of December 31, 2013 determines your age group for the meet. Age group of relays is determined by the sum of the ages of the four relay swimmers. Relays are to be deck entered at no additional charge. Relay cards must be completed at the check-in desk no later than 11 am for Events 4/5 or 12 pm for Events 15/16 & 22.

**MEET CONDUCT:** 2013 USMS Rules govern the conduct of the meet. All events will be timed finals. All events will be swum slowest to fastest with genders and age groups combined. All events will be deck seeded. Participants are limited to 5 events, plus relays. Competitors attempting national or world records must notify the starter to assure that 3 timers are available, in addition to the electronic timing equipment. Either the 1500 or the 800 freestyle may be entered, but not both. Entrants in the 800 and 1500 may be requested to swim two to a lane and provide a person to count laps. These events will only be swum as time permits. There may be breaks taken between some events depending on the number of entrants and pace of the meet.

**AWARDS:** Ribbons for all events. T-shirt for completion of the 5 Challenge events.

Order of Events			
1	100m Free	12	200m Breast
2	200m Fly	13	50m Back
3	50m Breast	14	100m Fly
4/5	200/400m Med. Relay	15/16	200/400m Free Relay
6	400m Free	17	100m IM (Novelty Event)
7	100m Breast	18	400m IM
8	200m Back	19	100m Back
9	50m Fly	20	50m Free
10	200m IM	21/22	800m Free/800 Free Relay
11	200m Free	23	1500m Free

## **Challenge Events:** (Combined Time for 5 Events)

### **Sprint NoBrainer**

Must enter

Event #'s 3, 9, 13, 17, 20

### **Ironswimmer Glutton**

Must Enter

Event #'s 2, 8, 12, 18, 23

**If entering either  
Challenge event, please  
indicate T-Shirt Size and  
which Challenge event on  
Entry Form (next page):**

Checks payable to: Saluki Masters Swim Club  
Mail **SIGNED** entry form, check and copy of USMS card to:  
Mary Pohlmann, Entries Chair  
405 S Deer Lake Dr East  
Carbondale, IL 62901

**Entries must be received by July 1, 2013.**  
Entries received after 7/1 must pay deck entry amount.  
**Entry questions? Mary Pohlmann: 618-549-5077**  
**E-mail: [maryp@siu.edu](mailto:maryp@siu.edu)**

Entry Fee Amounts (choose one)	
Regular Entry received by July 1st	\$20.00
Saluki Challenge Entry received by July 1st (T-Shirt included)	\$25.00
Late Registration or Deck Regular Entry	\$25.00
Late Registration or Deck Challenge Entry	\$30.00
No extra fees for relays	

# SALUKI MASTERS – ED AND RUTH SHEA CHALLENGE CLASSIC LC SWIM MEET

Entry Form – Saturday, July 6, 2013, 10am – 3:30 pm (USMS/Ozark LMSC Sanction #223-S002)

Name:	Birth Date:      Age (as of Dec 31, 2013):      Gender: <b>M / F</b>
Address:	Home Phone:
City:      State:      Zip:	USMS Registered Club Affiliation or Unattached:
2013 USMS Number: Attach copy of card.	Email Address:
Emergency Contact Name:	Emergency Contact Phone:

<b>The Saluki Challenge</b> is the combined time for either set of 5 events; T-shirt awarded for completion	
<b>Sprint NoBrainer</b> Events 3, 9, 13, 17, 20; <i>Circle</i> T-shirt size: Sm Med Lg XL; <i>Check</i> here if entering	
<b>Ironswimmer Glutton</b> Events 2, 8, 12, 18, 23; T-shirt size: Sm Med Lg XL; <i>Check</i> here if entering	

## **SEED TIME REQUIRED – Actual or Estimated LC Meters time; Print Times Legibly**

Maximum Entry – 5 events, plus relays

#	Event-LC meters	Seed Time	#	Event-LC meters	Seed Time
1	100 Free		12	200 Breast	
2	200 Fly		13	50 Back	
3	50 Breast		14	100 Fly	
4/5	200/400 Medley Relay	Deck entry	15/16	200/400 Free Relay	Deck entry
6	400 Free		17	100 IM (Novelty Event)	
7	100 Breast		18	400 IM	
8	200 Back		19	100 Back	
9	50 Fly		20	50 Free	
10	200 IM		21	800 Free Relay	Deck entry
11	200 Free		22	800 Free	
			23	1500 Free	

### **Athletes Release/ Waiver**

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (Rulebook article 203.1)

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_  
(Waiver must be signed in order to participate)

Checks payable to: Saluki Masters Swim Club  
Mail **SIGNED** entry form, check and copy of USMS card to:

Mary Pohlmann, Entries Chair  
405 S Deer Lake Dr East  
Carbondale, IL 62901

**Entries must be received by July 1, 2013.**

Entries received after 7/1 must pay deck entry amount.

**Entry questions? Mary Pohlmann: 618-549-5077**

**E-mail: maryp@siu.edu**

### **Entry Fee Amounts**

Regular Entry received by July 1st	\$20.00
Saluki Challenge Entry received by July 1st	\$25.00
(Challenge T-Shirt Award included if all 5 challenge events are completed)	
Late Registration or Deck Entry Regular	\$25.00
Late Registration or Deck Entry Challenge	\$30.00
(Challenge T-shirt Award if available)	
No extra fees for relays	