



2013 SAN LUIS OBISPO FIRECRACKER



***** GOODRICH MEMORIAL AWARD FOR MALE & FEMALE OPEN 800 FREE *****

***** QUEEN OF THE POOL & KING OF THE POOL TROPHIES *****

SANCTION #: 13-146 (SCS) and 333-S018 (SPMS)

SANCTIONED BY: Southern California Swimming, USA Swimming, USMS, & SPMS

DATE OF MEET: Fri. July 5th, Sat. July 6th, & Sun. July 7th, 2013

DECK OPENS: Fri: 12:00pm, Sat & Sun: 8:30am

WARM-UP START: Fri: 12:00pm, Sat & Sun (1st session): 8:30am & (2nd session): Competition Pool will open for at least 45 mins, at the completion of the 1st session

MEET START: Fri: 1:00pm, Sat & Sun (1st session): 9:30 am & (2nd session): No sooner than 45 minutes after the completion of the last heat of the 1st session

ENTRY DEADLINE: Entries must be received by the meet processor **NO LATER THAN 5 PM WEDNESDAY, JUNE 26, 2013.** If the meet fills prior to the deadline, entries will be rejected (last received, first rejected). **If entries warrant, the sessions may be combined.** Check www.sloswimclub.org on Mon. July 1st.

POOL: San Luis Obispo Swim Center. From North or South US 101, take Marsh St. off ramp. Turn right on Broad St. (3rd stoplight), turn left on Orcutt Rd. (4th stoplight). Cross railroad tracks, then take 1st left onto Laurel Lane and left onto Southwood Dr (1st stop sign). Swim Center is one block at end of road. The pool is a 50-meter by 25 yard, 8 lane outdoor heated pool. Six or seven lanes (depending on entries) will be used for the competition and at least one lane will be used for warm-up/warm down. For the competition pool the Start End is 13 ft deep in lane 1 to 6 ft deep in lane 7, and the Turn End is 4 ft deep for all lanes. The competition course has been certified in accordance with 104.2.2C(4). Ample deck space is available for structures and seating. **Bring tie-downs and weights to secure your structures.**

WARM-UP PROCEDURES: Swimmers warming up or down before, during, and after the meet must be under the direct supervision of a current 2013 USA Swimming coach. Warm-up rules will be announced and enforced. No diving into the pool except for the sprint lanes directed by the Meet Referee. Marshals will be designated to oversee the warm-up procedure and pool.

RULES: USA Swimming rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form. The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to the referee. Swimmers must swim in their actual age group as determined by the age on the first day of the meet. Swimmer may swim in only one age group.

Open Events: To compete in OPEN events a swimmer must be at least 11 years old and must meet the minimum time standard. Swimmers in the first session may swim in open events in the second session, as long as they have not exceeded the per day entry limit.

Entry Limit: Swimmers are limited to **5 Individual events per day. Entries will be limited to meet the "4 Hour" Rule.**

Swimwear: Swimwear must conform to USA Swimming Rule 102.8. Only swimsuits complying with FINA swim suit specifications may be worn in any USA Swimming sanctioned or approved competition.

Deck Changing: Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

Racing Start Certification: Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Recording Devices & Media Coverage: The uses of audio visual recording devices, including cell phones, are NOT permitted in locker rooms, changing areas or restrooms. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact.

CHECK-IN: Swimmers must check in with the Clerk of Course for each event entered. After an event has been officially closed, SWIMMERS MAY NOT CHECK IN OR SCRATCH. Swimmers in the first 4 events each session must check in at least 30 minutes prior to the start of each session. Swimmers who check in and fail to swim an event will be scratched from their next individual event.

ELIGIBILITY & AFFILIATION: Open to athletes who are 2013 USA Swimming registered. Registration applications must be **received by the meet entry deadline (June 26th)** by meet processor, administrative referee or SCS Office. Late applications will be considered "on-deck" subject to penalties in SCS Swim Guide, Part One, III B.

Registration application may be submitted together with entry forms. In SCS age group meets, swimmers 18 & younger must prove birth dates prior to competition. Before the meet, a swimmer may change his/her affiliation by submitting a Club Transfer Form and appropriate fee to the Swim Office. At the meet, a swimmer may only unattach (not attach or reattach) by notifying the Administration Referee in writing and paying the appropriate fee.

SUBMITTED & QUALIFYING TIMES: Times submitted must be the BEST RECORDED TIMES short or long course from this or the preceding swim season (NO Workout Times). All non-conforming times will be seeded last. Coaches and swimmers should be prepared to verify all submitted times. Discrepancies in submitted times could lead to disciplinary action. NOTE: For "W" Division, "NT" (no time) entries are acceptable. ***PLEASE NOTE: 5-6 year old entry requirements on Page 2 of meet sheet.***

SEEDING: All events will be seeded **FAST to SLOW.**

ENTRY PROCEDURES: Electronic Entry: Email entry (entry .zip file) will be accepted ONLY when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time (5PM postmark would queue before a 10PM electronic). Full payment (single team check) for a team entry must be postmarked within 48 hours of the email entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events for entered swimmers may be submitted by hard copy (this includes email) ONLY. New swimmers accepted by SPACE AVAILABLE. DO NOT RESEND AN ENTRY FILE. A replacement file for the team will not be processed. Deletions will not be refunded.

Entry Card: Submit one SCS consolidated entry card (can be found on page 5 of this meet sheet) per swimmer to enter this meet. Card must be filled out completely including entire USA Swimming registration number. To avoid concern regarding receipt of entry card, enclose a stamped, self-addressed envelope or postcard

ENTRY FEE: \$3.25 for each INDIVIDUAL EVENT plus a \$7.50 surcharge PER SWIMMER must accompany each individual entry to the address below (not the swim office). NO REFUNDS. Returned checks will incur a service fee per SCS policy.

RELAYS: Relays can be deck entered. Relays will be swum time permitting. Relay entry fee will be \$5.00 per relay team. **MIXED Relays must MIX genders.**

AWARDS: Blue Division: Medals for 1st-3rd, Ribbons 4th- 6th (age 5-8, 9/10, 11/12). Red and White Divisions: Ribbons 1st-6th (5-8, 9/10, 11/12). 13/Up Blue Division: Medals for 1st - 3rd. Relays: 1st-3rd place. No awards for OPEN division. Goodrich Memorial Award Trophy for the winners of the Open 800 Free. Queen and King of the Pool Trophies for 5-8, 9, 10, 11, 12, 13, 14, 15-18. Awards will be handed out on SUNDAY, JULY 7th.

LANE TIMING: Clubs will be assigned lanes for timing based on the number of entrants.

DISTANCE EVENTS: Swimmers in the 800 Free and the 400 IM are requested to provide their own timers and lap counters. These events will alternate girls and boys heats.

ADMIN REFEREE: Alina deArmas

MEET REFEREE: Ernie Peterson

MEET DIRECTOR: Philip Yoshida

FOR FURTHER INFO: Contact SLO Swim Club at (805) 543-9515

email: office@sloswimclub.org

Meet Info webpage: www.sloswimclub.org

Make checks payable to: Southern California Swimming

E-mail for Team Electronic Entries Only:

office@sloswimclub.org

Mail Entries to:

SLO Swim Club Spring Splash

PO Box 142

San Luis Obispo, CA 93406

Receipt of entries will not be verified by phone or e-mail. DO NOT use certified, registered or special delivery mail services.

****MASTERS MEET: See Page 4 for masters meet information**

Individual Events Offered (per day)

Friday, July 5th 2013

| **5-6 & 7-8 | 9-10 | 11 - 12 | 13 & Up |
|-------------|------------|-----------------------------|-----------------------------|
| 100 BREAST | 100 BREAST | 200 FLY <i>*open event</i> | 200 FLY <i>*open event</i> |
| 100 FREE | 100 FREE | 100 BREAST | 100 FREE |
| 100 BACK | 100 BACK | 100 FREE | 800 FREE <i>*open event</i> |
| | | 100 BACK | |
| | | 800 FREE <i>*open event</i> | |

Saturday, July 6th 2013

| **5-6 & 7-8 | 9-10 | 11 - 12 | 13 & Up |
|-------------|-----------|---------------------------|---------------------------|
| 50 FLY | 50 FLY | 50 FLY | 100 FLY |
| 50 BACK | 50 BACK | 50 BACK | 100 BACK |
| 50 BREAST | 50 BREAST | 50 BREAST | 100 BREAST |
| 200 FREE | 200 FREE | 200 FREE | 200 FREE |
| | | 400 IM <i>*open event</i> | 400 IM <i>*open event</i> |

Sunday, July 7th 2013

| **5-6 & 7-8 | 9-10 | 11 - 12 | 13 & Up |
|----------------------------|----------|-------------------------------|-------------------------------|
| 100 FLY | 100 FLY | 100 FLY | 200 BREAST <i>*open event</i> |
| 50 FREE | 50 FREE | 50 FREE | 50 FREE |
| 200 IM | 200 IM | 200 IM | 200 IM |
| 400 FREE <i>*Time Std.</i> | 400 FREE | 400 FREE | 200 BACK <i>*open event</i> |
| | | 200 BREAST <i>*open event</i> | 400 FREE |
| | | 200 BACK <i>*open event</i> | |

★ Swimmers are limited to 5 Individual Events PER Day.

★ OPEN Events: Must be 11 years old and meet the stated time standard. Swimmers in the first session may swim in open events in the second session, as long as they have not exceeded the per day entry limit.

****SPECIAL NOTE: 5-6 year old swimmers** may enter all 50's & 100 Free. For **additional events**, 5-6 year olds meeting the listed time standard or the following conditions may enter 5-8 events. A swimmer may swim "up" (not "down") one distance:

- (a) If swimmer's time meets 5-8 Red standard for 50 of stroke, may enter 100 of stroke.
- (b) If swimmer's time meets 5-8 Blue standard for 100 free or 100 IM, may enter 200 free or 200 IM
- (c) If swimmer has equaled or bettered 5-8 Red standard in three events, may enter 100 back, breast and/or fly
- (d) If swimmer has equaled or bettered 5-8 Blue standard in three events may enter 200 free or 200 IM

★ Queen & King of the Pool:

A PentathlonWith the winner being the Queen or King of the Pool!! To qualify you must compete in ALL 5 of the listed events below for your age group. Trophies will be given to the Male (King) and Female (Queen) swimmer with the lowest combined time for ALL 5 events for the following age brackets: 5-8, 9, 10, 11, 12, 13, 14, 15-18 . If needed, ties will be broken based on lowest average finish place, and a DQ in an event will result in a 30 second time penalty. Individual pentathlon event winners will also receive a special award!

- 13 & Over Pentathlon Events:
 - 100 of each stroke (Fly, Back, Breast, Free) & 200 IM
- 12 & Under Pentathlon Events:
 - 50 of each stroke (Fly, Back, Breast, Free) & 200 IM



2013 San Luis Obispo Swim Club FIRECRACKER



FRI, JULY 5th - Start: 1:00 p.m.

| GIRLS | TIME | AGE | EVENT | TIME | BOYS |
|-------|---|----------|------------|--------------------------|------|
| 1 | 3:05.70 L 2:43.20 Y | OPEN | 200 FLY | 3:07.20 L 2:47.40 Y | 2 |
| 3 | -- | Masters | 100 BREAST | -- | 4 |
| 5 | BRW | 5-8/9-10 | 100 BREAST | BRW | 6 |
| 5 | BRW | 11/12 | 100 BREAST | BRW | 6 |
| 7 | -- | Masters | 100 FREE | -- | 8 |
| 9 | BRW | 5-8/9-10 | 100 FREE | BRW | 10 |
| 9 | BRW | 11/12 | 100 FREE | BRW | 10 |
| 9 | BRW | 13/UP | 100 FREE | BRW | 10 |
| 11 | BRW | 11/12 | 100 BACK | BRW | 12 |
| 11 | BRW | 5-8/9-10 | 100 BACK | BRW | 12 |
| 13 | -- | Masters | 100 BACK | -- | 14 |
| 15 | 5 & UP Mixed 200 FREE RELAY (*Must MIX Gender*) | | | | 15 |
| 16 | 11:44.20 L 12:58.60 Y | OPEN | 800 FREE | 11:43.70 L 13:09.80 Y | 17 |
| 18 | -- | Masters | 800 FREE | -- | 19 |

SAT, JULY 6th - Start: 9:30 a.m.

| GIRLS | TIME | AGE | EVENT | TIME | BOYS |
|-------|---------------------|----------|-----------|------|------|
| 20 | BRW | 11/12 | 50 FLY | | |
| 20 | BRW | 5-8/9-10 | 50 FLY | BRW | 21 |
| 22 | BRW | 11/12 | 50 BACK | | |
| 22 | BRW | 5-8/9-10 | 50 BACK | BRW | 23 |
| 24 | BRW | 11/12 | 50 BREAST | | |
| 24 | BRW | 5-8/9-10 | 50 BREAST | BRW | 25 |
| 26 | BRW | 11/12 | 200 FREE | | |
| 26 | BRW | 5-8/9-10 | 200 FREE | BRW | 27 |
| 28 | 5-12 200 FREE RELAY | | | | 29 |

SAT, JULY 6th -

Start: no sooner than 45 min after 1st session's end

| GIRLS | TIME | AGE | EVENT | TIME | BOYS |
|-------|------------------------|---------|------------|------------------------|------|
| 30 | BRW | 13/UP | 100 FLY | BRW | 31 |
| | | 11/12 | 50 FLY | BRW | 32 |
| 33 | -- | Masters | 50 FLY | -- | 34 |
| 35 | BRW | 13/UP | 100 BACK | BRW | 36 |
| | | 11/12 | 50 BACK | BRW | 37 |
| 38 | -- | Masters | 50 BACK | -- | 39 |
| 40 | BRW | 13/UP | 100 BREAST | BRW | 41 |
| | | 11/12 | 50 BREAST | BRW | 42 |
| 43 | -- | Masters | 50 BREAST | -- | 44 |
| 45 | BRW | 13/UP | 200 FREE | BRW | 46 |
| | | 11/12 | 200 FREE | BRW | 46 |
| 47 | -- | Masters | 200 FREE | -- | 48 |
| 49 | 13 & UP 400 FREE RELAY | | | | 50 |
| | 5-12 200 FREE RELAY | | | | 51 |
| 52 | Masters 200 FREE RELAY | | | | 52 |
| 53 | 6:31.20 L 5:48.20 Y | OPEN | 400 IM | 6:32.30 L 5:48.90 Y | 54 |
| 55 | -- | Masters | 400 IM | -- | 56 |

★ If entries warrant, sessions may be combined, dependent on timeline. Please check: www.sloswimclub.org one week prior.

★ In Celebration of the 4th of July, a patriotic gift will be given to everyone entered in the meet.

SUN, JULY 7th - Start: 9:30 a.m.

| GIRLS | TIME | AGE | EVENT | TIME | BOYS |
|-------|----------------------------|----------|---|----------------------------|------|
| 57 | BRW | 11/12 | 100 FLY | | |
| 57 | BRW | 5-8/9-10 | 100 FLY | BRW | 58 |
| 59 | BRW | 11/12 | 50 FREE | | |
| 59 | BRW | 5-8/9-10 | 50 FREE | BRW | 60 |
| 61 | BRW | 11/12 | 200 IM | | |
| 61 | BRW | 5-8/9-10 | 200 IM | BRW | 62 |
| 63 | 5-12 200 MEDLEY RELAY | | | | 64 |
| 65 | BRW | 11/12 | 400 FREE | | |
| 65 | BRW | 9-10 | 400 FREE | BRW | 66 |
| 65 | **3:02.70 L **2:42.00 Y | 5-8 | 400 FREE **enter with 200 FR Time | **3:02.40 L **2:41.80 Y | 66 |

SUN, JULY 7th -

Start: no sooner than 45 min after 1st session's end

| GIRLS | TIME | AGE | EVENT | TIME | BOYS |
|-------|--------------------------|---------|------------|------------------------|------|
| 67 | 3:31.00 L 3:08.80 Y | OPEN | 200 BREAST | 3:31.20 L 3:09.00 Y | 68 |
| 69 | -- | Masters | 100 FLY | -- | 70 |
| | | 11/12 | 100 FLY | BRW | 71 |
| 72 | -- | Masters | 50 FREE | -- | 73 |
| 74 | BRW | 13/UP | 50 FREE | BRW | 75 |
| | | 11/12 | 50 FREE | BRW | 75 |
| 76 | BRW | 13/UP | 200 IM | BRW | 77 |
| | | 11/12 | 200 IM | BRW | 77 |
| 78 | -- | Masters | 200 IM | -- | 79 |
| 80 | 3:09.20 L 2:46.20 Y | OPEN | 200 BACK | 3:11.80 L 2:51.40 Y | 81 |
| 82 | 13 & UP 400 MEDLEY RELAY | | | | 83 |
| | 5-12 200 MEDLEY RELAY | | | | 84 |
| 85 | Masters 200 MEDLEY RELAY | | | | 85 |
| | | 11/12 | 400 FREE | BRW | 86 |
| 87 | BRW | 13/UP | 400 FREE | BRW | 88 |
| 89 | -- | Masters | 400 FREE | -- | 90 |

★ Swimmers entering OPEN events must be at least 11 years old and meet the stated minimum time standard. 11-12 swimmers may enter OPEN events for which they qualify (regardless of session) but may not exceed 5 events per day.

★ Swimmers in the 800 Free and 400 IM are requested to provide their own timer/counter, and will be alternating girls & boys heats.

Combined Session Event Order

★ THIS EVENT ORDER WILL ONLY BE USED
IF SESSIONS ARE COMBINED

★ If entries warrant sessions may be combined.

★ If sessions are combined, THIS will be the event order for the meet.

★ Please check: www.sloswimclub.org on Monday July 1st to see if sessions will be combined.

FRIDAY, JULY 5th - Warm-up at 12:00 p.m., Start at 1:00 p.m.

| GIRLS | TIME | AGE | EVENT | TIME | BOYS |
|-------|---|----------|------------|--------------------------|------|
| 1 | 3:05.70 L 2:43.20 Y | OPEN | 200 FLY | 3:07.20 L 2:47.40 Y | 2 |
| 3 | -- | Masters | 100 BREAST | -- | 4 |
| 5 | BRW | 5-8/9-10 | 100 BREAST | BRW | 6 |
| 5 | BRW | 11/12 | 100 BREAST | BRW | 6 |
| 7 | -- | Masters | 100 FREE | -- | 8 |
| 9 | BRW | 5-8/9-10 | 100 FREE | BRW | 10 |
| 9 | BRW | 11/12 | 100 FREE | BRW | 10 |
| 9 | BRW | 13/UP | 100 FREE | BRW | 10 |
| 11 | BRW | 11/12 | 100 BACK | BRW | 12 |
| 11 | BRW | 5-8/9-10 | 100 BACK | BRW | 12 |
| 13 | -- | Masters | 100 BACK | -- | 14 |
| 15 | 5 & UP Mixed 200 FREE RELAY (*Must MIX Gender*) | | | | 15 |
| 17 | 11:44.20 L 12:58.60 Y | OPEN | 800 FREE | 11:43.70 L 13:09.80 Y | 18 |
| 19 | -- | Masters | 800 FREE | -- | 20 |

SATURAY, JULY 6th - Warm-up at 8:30 a.m., Start at 9:30 a.m.

| GIRLS | TIME | AGE | EVENT | TIME | BOYS |
|-------|------------------------|----------|------------|------------------------|------|
| 21 | BRW | 13/UP | 100 FLY | BRW | 22 |
| 23 | BRW | 11/12 | 50 FLY | BRW | 24 |
| 23 | BRW | 5-8/9-10 | 50 FLY | BRW | 24 |
| 25 | -- | Masters | 50 FLY | -- | 26 |
| 27 | BRW | 13/UP | 100 BACK | BRW | 28 |
| 29 | BRW | 11/12 | 50 BACK | BRW | 30 |
| 29 | BRW | 5-8/9-10 | 50 BACK | BRW | 30 |
| 31 | -- | Masters | 50 BACK | -- | 32 |
| 33 | BRW | 13/UP | 100 BREAST | BRW | 34 |
| 35 | BRW | 11/12 | 50 BREAST | BRW | 36 |
| 35 | BRW | 5-8/9-10 | 50 BREAST | BRW | 36 |
| 37 | -- | Masters | 50 BREAST | -- | 38 |
| 39 | BRW | 13/UP | 200 FREE | BRW | 40 |
| 39 | BRW | 11/12 | 200 FREE | BRW | 40 |
| 39 | BRW | 5-8/9-10 | 200 FREE | BRW | 40 |
| 41 | -- | Masters | 200 FREE | -- | 42 |
| 43 | 13 & UP 400 FREE RELAY | | | | 44 |
| 45 | 5-12 200 FREE RELAY | | | | 46 |
| 47 | Masters 200 FREE RELAY | | | | 48 |
| 49 | 6:31.20 L 5:48.20 Y | OPEN | 400 IM | 6:32.30 L 5:48.90 Y | 50 |
| 51 | -- | Masters | 400 IM | -- | 52 |

SUNDAY, JULY 7th - Warm-up at 8:30 a.m., Start at 9:30 a.m.

| GIRLS | TIME | AGE | EVENT | TIME | BOYS |
|-------|----------------------------|----------|----------------------------------|----------------------------|------|
| 53 | 3:31.00 L 3:08.80 Y | OPEN | 200 BREAST | 3:31.20 L 3:09.00 Y | 54 |
| 55 | -- | Masters | 100 FLY | -- | 56 |
| 57 | BRW | 11/12 | 100 FLY | BRW | 58 |
| 57 | BRW | 5-8/9-10 | 100 FLY | BRW | 58 |
| 59 | -- | Masters | 50 FREE | -- | 60 |
| 61 | BRW | 13/UP | 50 FREE | BRW | 62 |
| 61 | BRW | 11/12 | 50 FREE | BRW | 62 |
| 61 | BRW | 5-8/9-10 | 50 FREE | BRW | 62 |
| 63 | BRW | 13/UP | 200 IM | BRW | 64 |
| 63 | BRW | 11/12 | 200 IM | BRW | 64 |
| 63 | BRW | 5-8/9-10 | 200 IM | BRW | 64 |
| 65 | -- | Masters | 200 IM | -- | 66 |
| 67 | 3:09.20 L 2:46.20 Y | OPEN | 200 BACK | 3:11.80 L 2:51.40 Y | 68 |
| 69 | 13 & UP 400 MEDLEY RELAY | | | | 70 |
| 71 | 5-12 200 MEDLEY RELAY | | | | 72 |
| 73 | Masters 200 MEDLEY RELAY | | | | 74 |
| 75 | BRW | 11/12 | 400 FREE | BRW | 76 |
| 75 | BRW | 9-10 | 400 FREE | BRW | 76 |
| 75 | **3:02.70 L **2:42.00 Y | 5-8 | 400 FREE Enter w/ 200 FR Time | **3:02.40 L **2:41.80 Y | 76 |
| 77 | BRW | 13/UP | 400 FREE | BRW | 78 |
| 79 | -- | Masters | 400 FREE | -- | 80 |



San Luis Obispo Masters Firecracker Long Course Swim Meet

July 5th – 7th, 2013



Sanctioned by Southern Pacific Masters Swimming for USMS: 333-S018

Location: Sinsheimer Pool, 900 Southwood Drive, San Luis Obispo, CA 93401. Outdoor 50 meter x 25 yard, Six or seven lanes (depending on entries) will be used for the competition and at least one lane will be used for warm-up/warm down. Ample deck space is available for structures and seating. If you use a canopy/tent please bring tie-downs and weights to secure your structures.

Warm-Up: Fri: 12:00pm; Sat & Sun (2nd session): no less than 45 minutes after the completion of the 1st session

Meet Start: Fri: 1:00pm; Sat & Sun (2nd session): no sooner than 45 minutes after the completion of the 1st session

Directions: From North or South US 101, take Marsh St. off ramp. Turn right on Broad St. (3rd stoplight), turn left on Orcutt Rd.(4th stoplight). Cross railroad tracks, then take 1st left onto Laurel Lane and left onto Southwood Dr (1st stop sign). Swim Center is one block at end of road.

Entries: Fill out a SPMA Consolidated entry card (*can be found on page 6 of this meet sheet*). Age on December 31, 2013 determines age group for the meet, you must be at least 18 years old to compete. **The pre-entry postmark deadline is Wednesday, June 26th.** Deck entries for Friday's events will close at 12:30pm. If the sessions remain split, deck entries for Saturday & Sunday's events will close 30 minutes prior to the start of the 2nd session. ****If sessions are combined, Deck entries for Friday's events will close at 12:30pm. And deck entries for Saturday's and Sunday's events will close at 9:00 a.m.**

Seeding: All events will be deck seeded FASTEST to SLOWEST by entered time, all ages combined. Women's and men's events will be combined when entries allow. Check-in will be required for all events.

Relays: Relays can be deck entered. Relay fees are \$5.00 per SPMS relay due upon entry. For each relay swimmer who is not entered in individual events, a fee of \$5.00 and a signed liability release must be submitted with the relay entry.

Awards: Awards will be given on Request. Individual: Ribbons for places 1st – 3rd, all age groups. Relays: 1st place.

Entry Fees: \$25.00 per swimmer flat fee if you enter by the postmark deadline of Wednesday, June 26th. Deck entries allowed for a total of \$35.00. Late entries and entries received without payment will be treated as deck entries and charged the deck entry fee.

Checks payable to: SLOSC

Mail consolidated entry card, a copy of your 2012 USMS card, and check to:
San Luis Obispo Masters Firecracker, P. O. Box 142, San Luis Obispo, CA 93406.

Questions: Meet Director, Philip Yoshida, (805) 543-9515 or office@sloswimclub.org

PLEASE NOTE: This is a combined USA Masters and USA Swimming Competition. **If entries warrant, the sessions may be combined. Please check the meet website at www.sloswimclub.org one week prior to see if the meet will be combined. *If entries are combined a complete *combined* event list is available on (page 4) of this meet sheet.

A complete meet event list is available on (Page 3) of this meet sheet. Masters only events are listed below.

Friday, July 5th

| Women | AGE | EVENT | Men |
|-------|---------|------------|-----|
| 3 | Masters | 100 BREAST | 4 |
| 7 | Masters | 100 FREE | 8 |
| 13 | Masters | 100 BACK | 14 |
| 18 | Masters | 800 FREE | 19 |

Saturday, July 6th

| Women | AGE | EVENT | Men |
|-------|---------|----------------------|-----|
| 33 | Masters | 50 FLY | 34 |
| 38 | Masters | 50 BACK | 39 |
| 43 | Masters | 50 BREAST | 44 |
| 47 | Masters | 200 FREE | 48 |
| 52 | Masters | MIXED 200 FREE RELAY | 52 |
| 55 | Masters | 400 IM | 56 |

Sunday, July 7th

| Women | AGE | EVENT | Men |
|-------|---------|------------------------|-----|
| 69 | Masters | 100 FLY | 70 |
| 72 | Masters | 50 FREE | 73 |
| 78 | Masters | 200 IM | 79 |
| 85 | Masters | MIXED 200 MEDLEY RELAY | 85 |
| 89 | Masters | 400 FREE | 90 |

***If Saturday & Sunday sessions are combined:** the meet start will be 9:30am on both days, with warm-up at 8:30am. Please check www.sloswimclub.org one week prior to the meet for session information.

Consolidated Meet Entry Cards

AGE GROUP MEET ENTRY CARD (Sothern California Consolidated Entry Card)

Use this entry card for USA Swimming – **Age Group Swimmers ONLY** (Entry deadline June 26th)

Mail Age-Group Entries to: SLO Swim Club Firecracker; PO Box 142, San Luis Obispo CA, 93406

SOUTHERN CALIFORNIA SWIMMING/USA SWIMMING ENTRY CARD

SWIMMER'S NAME _____ AGE _____ MALE FEMALE

| EVT NO. | FREE (SUBMITTED TIME) | EVT NO. | BACK (SUBMITTED TIME) | EVT NO. | BREAST (SUBMITTED TIME) | EVT NO. | FLY (SUBMITTED TIME) | EVT NO. | IND. MEDLEY (SUBMITTED TIME) |
|---------|-----------------------|---------|-----------------------|---------|-------------------------|---------|----------------------|---------|------------------------------|
| | 25 | | 25 | | 25 | | 25 | | 100 |
| | 50 | | 50 | | 50 | | 50 | | 200 |
| | 100 | | 100 | | 100 | | 100 | | 400 |
| | 200 | | 200 | | 200 | | 200 | | |
| | 400/500 | | | | | | | | |
| | 800/1000 | | | | | | | | |
| | 1500/1650 | | | | | | | | |

NO. OF EVENTS X \$3.25 \$ _____

USAS NUMBER: _____ BIRTHDAY mm/dd/yy _____ 1st 3 letters 1st name _____ MI _____ 1st 4 letters of last name _____ PLUS SURCHARGE \$ \$7.50

MEET ENTERING: _____ PAY THIS AMOUNT \$ _____

TEAM: _____ COACH: _____ PHONE _____

PARENT/GUARDIAN: _____ PHONE _____

PARENTS EMAIL: _____

****USA SWIMMING ENTRY CARD**

MASTERS MEET ENTRY CARD (Southern Pacific Masters Consolidated Entry Card)

Use this Entry Card for Masters Swimming – **Masters Swimmers ONLY** (Postmark deadline June 26th)

Mail Masters Entries to: SLO Firecracker, PO Box 142, San Luis Obispo, CA 93406

SOUTHERN PACIFIC MASTERS ASSOCIATION • CONSOLIDATED ENTRY CARD

Name _____ Male Female USMS # _____

Birthdate ____/____/____ Age _____ Club _____ Phone (____) _____

| Event No. | FREESTYLE (Submitted Time) | Event No. | BACKSTROKE (Submitted Time) | Event No. | BREASTSTROKE (Submitted Time) | Event No. | BUTTERFLY (Submitted Time) | Event No. | INDIV. MEDLEY (Submitted Time) |
|-----------|----------------------------|-----------|-----------------------------|-----------|-------------------------------|-----------|----------------------------|-----------|--------------------------------|
| | 50 | | 50 | | 50 | | 50 | | 100 |
| | 100 | | 100 | | 100 | | 100 | | 200 |
| | 200 | | 200 | | 200 | | 200 | | 400 |
| | 400/500 | | | | | | | | |
| | 800/1000 | | | | | | | | |
| | 1500/1650 | | | | | | | | |

Meet _____

Pre-Entry (postmarked before June 26) \$25.00 _____

Deck Entry Fee \$35.00 _____

FOR OFFICE USE ONLY

Amt Rec'd _____

Date _____

Include a copy of USMS card ****MASTERS ONLY ENTRY CARD**** Include a copy of USMS card

Late or incomplete entries (no fee, incomplete entry card, incomplete entry data) or entries postmarked after due date MAY BE REJECTED!

ALL MASTERS swimmers are required to send a photo-copy of their USMS card with their entry card. ALL Masters swimmers may be asked to show their USMS card if requested at the meet.

"I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS."

PLEASE SIGN: _____ DATE _____

Is this your first Masters Meet? Yes No

Read the meet information sheet carefully. Make your check payable as shown on the meet information sheet and mail it to the address shown.

Non-SPMA swimmers please include your address:

Street: _____

City, State, Zip: _____



BY CHOICE HOTELS

1631 Monterey Street
San Luis Obispo, CA
805/541.5001

www.qualitysuitslo.com

The Central Coast Suites a Quality Suites Hotel
San Luis Obispo
is proud to be a **PREFERRED HOTEL** for
The Firecracker Swim Meet!
July 5 - 7, 2013

For Reservations at this *special rate* please contact Angela Kimball
Direct Line: 805/597.6030 or email gssales@qualitysuitslo.com



- Each suite consists of a private bedroom and separate living room featuring your choice of a king or two doubles
- Furnishings include a sofa-sleeper in each suite
- **Complimentary** Hot Cook-to-Order Breakfast (great for teams)
- Evening Poolside barbecue where all items are \$7 or less.
- **Complimentary** Wireless Internet Access throughout the hotel
- **Complimentary** Parking
- Located near Downtown San Luis Obispo and 1 mile to Sinsheimer Pool.
- Outdoor heated pool and spa
- In-room Microwave, Refrigerator, Coffeemaker, and DVD Player
- Fitness Center on-site

Suites starting
at just...

\$169 King Suite

**\$189 for Double
Suite**

+ tax

Other Hotels in the area:

Hampton Inn

1530 Calle Joaquin Rd
San Luis Obispo, CA 93405
805.594.1445

Courtyard Marriott

1605 Calle Joaquin Rd
San Luis Obispo, CA 93405
805.786.4200

Embassy Suites

333 Madonna Rd
San Luis Obispo, CA 93405
805.549.0800

As well as many more in the SLO and Pismo Beach area!

****If your team is interested in staying at the CAL POLY dorms, please contact the SLO Swim Club for further information.**