

Las Vegas Masters LCM Swim Meet Saturday, June 15, 2013

Sanction by Southern Pacific Masters Swimming for USMS, Inc. Sanction # 333-S014

Facility: Desert Breeze Park, 8275 W. Spring Mountain Road, indoor 50-meter by 25-yard pool. Lanes will be available for warm-up.

Directions: From the I-15 Fwy., take the Spring Mountain Rd West exit. Turn west on Spring Mountain Road and go 4 ½ miles to the pool.

Rules: USMS rules will govern. Current SPMS meet procedures will be enforced and take precedence over any errors or omissions on this entry form. Age on December 31, 2013 determines age group for the meet. You must be at least 18 years of age to compete.

Entries: \$35.00 per swimmer flat fee. Pre-entry postmark deadline: Saturday, June 8, 2013. Deck entries or online entries after June 8th are allowed for a total of \$45.00. On deck registration permitted. Deck entries will close at 12:30 p.m. for the first 6 events. Deck entries will close at 1:00 p.m. for the remaining events

Warm-up: USMS warm-up policies will be enforced by USA Swimming Officials. There will be **NO DIVING** into the pools during the times except into the designated sprint lane(s). **Warm-up rules will be announced and posted.**

Seeding: All events will be deck seeded slowest to fastest, by entered time, ages and sexes combined. Check-in is not required in order to be deck seeded, except swimmers must check in to swim the 400 m Freestyle.

Relays: All relays will be deck entered, on SPMS relay forms available at the meet. Relays are free. For each relay swimmer who is not entered in individual events, a fee of \$5.00 and a signed liability release must be submitted with the relay entry.

Awards: Individual: SPMS ribbons for places 1 to 3. Relay: SPMS ribbons for first place.

Checks payable to: Las Vegas Masters

Mail consolidated entry card, a copy of 2013 USMS card, and check to: Las Vegas LCM Meet, P. O. Box 204, Lake Forest, CA 92609-0204.

Questions: Meet Director, Victor Hecker (702) 247-7788. Meet Entries: Robert Mitchell, mitchellrobert@cox.net.

Saturday, June 15, 2013

Warm-up at noon

Meet starts at 1:00 p.m.

1. 400 m Freestyle (**check-in required**)
2. 50 m Butterfly
3. 100 m Freestyle
4. 100 m Backstroke
5. 200 m Freestyle
6. 50 m Breaststroke
7. 100 m Butterfly
8. 50 m Freestyle
9. 50 m Backstroke
10. 200 m Individual Medley
11. 100 m Breaststroke
12. 200 m Medley Relay
13. 200 m Freestyle Relay