Jeffco Aquatics Masters

Cinco de Mayo Distance Classic

Sunday, May 5, 2013

Meet Information

Sanctioned by USMS -

Facility: George J. Meyers

7900 Carr Drive

Arvada, CO 80005

 An 8-Lane, 50 Meter Long Course

One Lane continuous warm-up and cool down

Colorado Timing Systems

Events: 1500 or 3000 Meter Long Course

Note: 3000 will be limited to 28 swimmers

Times: Sunday, May 5, 2013; Warm Up: 7:30AM; Meet Starts: 8:30AM

Age Groups: 18-24, 25-29, 30-34, 35-39, 40-44, ... 100+ No awards at this meet.

Eligibility: Only current USMS registered members with a USMS 2013 Registration Card.

Entries: Entry forms accompanied by entry fees and a copy of your USMS card are due in the hands of the Entry Coordinator by Friday, April 26, 2013.

Online Entries will be accepted until Wednesday, May 1 2013.

No Deck entries will be accepted as well.

Send entries to:

George J. Meyers

Attn: Nate Christianson

13150 W. 72nd Ave

Arvada, CO 80005

Contact Information:

Phone: (303) 467-7142 Email (Preferred): Nate Christianson  (nathanc@apexprd.org)

Phone: (303) 931-5385 Email (Preferred): Dag Seymour (jammerscoach@gmail.com)

Entry Fees: $15.00 for one race or $25.00 for both races

Note: In the interest of time, men and women will be combined and swim in the same heat.

Entry Form for Mail in meet entries – or **Register online @ apexprd.org**

Last Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ First Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

MALE or FEMALE (Circle one) USMS Number \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Birthday \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age \_\_\_\_\_\_\_\_\_\_\_

Team \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ State \_\_\_\_\_\_\_\_\_\_ Zip \_\_\_\_\_\_\_\_\_\_\_\_\_\_

E-mail \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Event: (Circle one) 1500M Actv#330040-A1; 3000M Actv#330041-A1; Both (1500M & 3000M) Actv#330042-A1

Amt. Due (Make Checks payable to: Apex Park and Recreation District (Apex PRD))

= $15.00 for one race or $25.00 for both races

Estimated finish Time (seed time): 1500M\_\_\_\_\_\_\_\_\_\_ 3000M\_\_\_\_\_\_\_\_\_\_

## Release and Waiver

In consideration of being permitted to take part in the activity, or utilize the facility or service set forth herein, I expressly agree as follows: I hereby acknowledge that the activity set forth herein contains dangers and risks and may result in injury to the participant. I hereby assume all risks of personal injury, death, and property damage from any causes whatsoever arising while my child, or I are participating in such activity. I, or my child, are in good health and are physically able to participate in such activity. I agree to unconditionally waive and release Apex Park and Recreation and/or the City of Arvada, and their officers and employees, agents, servants, and all representatives and sponsors from injury that I or my child may sustain, or any damage that may be caused to me or my child’s property in connection with said activities or use of such facilities or services, including injuries sustained or property damage caused by any use of equipment I may rent from Apex Park and Recreation District and/or the City of Arvada, their officers, employees, agents, servants or sponsors.

I also authorize and consent to any emergency x-ray examination, medical diagnosis, or treatment or hospital care to be rendered to me or my child under the general or special supervision, and on the advice of any physician licensed to practice in the State of Colorado.

Participants may be photographed and/or videotaped while utilizing the facility, services, or participating in a Apex Park and Recreation District program and said photographs, videos, or likeness of me, may be used to publicize activities as the district deems appropriate.

By submitting my registration, I, intending to be bound for myself, my heirs, executors and administrators, do hereby release and discharge Apex Park and Recreation District from any and all liability from illness, injuries and damages I may suffer as a result of my participation.

 In addition, I agree to abide by and be governed by the rules of USMS.

Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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