



# 2013 USMS 5K Open Water National Championship Cumulative Relay Entry Form



Saturday, April 27, 2013, 10:00 A.M. ET  
Miromar Lakes, Florida

Sanctioned by Florida LMSC for USMS, Inc. Sanction #143-XXXX

Relays are cumulative relays (the times of the swimmers will be added together for a total time). All relay members must be registered with the same USMS club and be entered in and have successfully completed the individual 5K race.

Relays will be comprised of either 3 women, 3 men, or mixed gender (2 women + 2 men).

Relay age groups are based on the age of the youngest member of the relay. Ages are as of April 27, 2013.

Awards will be mailed within two weeks of the completion of the event. Please select one swimmer on the team to act as "captain" (Swimmer 1 below) who will act as a contact person for the relay. Any awards for the relay team will be mailed to Swimmer 1, who will distribute the awards to his/her relay teammates, so please be sure mailing address below is correct and is PRINTED LEGIBLY.

## EACH RELAY SWIMMER MUST HAVE ENTERED & COMPLETED THE INDIVIDUAL 5K

Please be sure that names below must match those on USMS registration cards.

TEAM GENDER (please circle): MEN WOMEN MIXED USMS club initials: \_\_\_\_\_

Swimmer 1: \_\_\_\_\_ Age \_\_\_\_\_

Street address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone No: \_\_\_\_\_

Swimmer 2: \_\_\_\_\_ Age \_\_\_\_\_

Swimmer 3: \_\_\_\_\_ Age \_\_\_\_\_

Swimmer 4 (mixed relay only): \_\_\_\_\_ Age \_\_\_\_\_

TOTAL RELAY ENTRY FEE: \$15 (\$5/swimmer for same gender relay, \$3.75/swimmer for mixed relay).

Relays must be entered with a **SINGLE CHECK** for \$15

Total team entry fee (\$15) ..... TOTAL ENCLOSED \$ \_\_\_\_\_

**ALL ENTRIES MUST BE RECEIVED BY FRIDAY, APRIL 19, 2013. NO LATE ENTRIES (see below for race day entries)**

Substitution of relay swimmers may be made up to 6:30 PM, Friday, April 26, at the pre-race technical meeting.

Race day relay entries will be accepted on Saturday, April 27, up to 9:30 AM ET with a \$24 entry fee

Please make your check payable to **S.F.S.C.I.**, and mail to:

USMS 5K Championship Relays  
2871 4th Street NE  
Naples, FL 34120-1336

Information: Gregg Cross (event director)  
(239) 489-3322  
Email: GreggCr@leeschools.net