



ILLINOIS MASTERS SWIM ASSOCIATION (ILMSA) 2013 SHORT COURSE STATE CHAMPIONSHIP

Thursday April 25 - Sunday, April 28, 2013
Sanctioned by ILMSA for USMS, Inc # 213-S010

Location: Glenbrook South High School, 4000 West Lake Ave. Glenview IL 60026

Meet Director: David Ackermann (ethsgbs@gmail.com) 1-224-420-1781

Facility Director: Keith MacDonald (ethsgbs@gmail.com)

Meet Officials: Fred Pigott (fpigott1@gmail.com)

Host Clubs: Evanston Masters, Glenview Titans

Meet Host Website: www.evanstonmasters.com

Entry Website: https://www.clubassistant.com/club/meet_information.cfm?c=1863&smid=4474
(open from Feb 18th through April 8th)

Facility: Built for speed in 2008, the 8 lane 25 yard competition pool has a 7.5 foot minimum depth with permanent modern starting blocks. The former 6 lane 25 yd competition pool & stands will be available throughout the meet. The Daktronic scoreboard displays info and 8 names in color. Two locker rooms each for women and men are right off the pool deck. Concessions kitchen will be available Saturday and Sunday only. Loads of deck & spectator space & a 25 by 75 foot wall of windows will add to the experience. The GBS pool has played host to HS sectionals and is the training ground of 2012 National record holder Olivia Smoglia. Plenty of FREE parking!

Eligibility: Swimmers will be required to show proof of 2013 USMS registration to participate. Go to the USMS on-line registration link or contact Erik VanEtten at registrar@ilmsa.com or 309-824-0393 if you need to register for the current year. USMS designated age groups for short course yards apply per USMS rules. Age as of the last day of the meet shall determine age for the entire meet. Swimmers entering the 400IM, 500 Free and 1650 Free must have an ILMSA provable time from the previous 2 years. (It can be done in practice & signed off by a coach!) Entered times should be accurate.

Entry Limit: Swimmers may enter and swim up to 4 events a day, plus relays. No swimmer may compete in more than 9 individual events for the meet.

Entry Procedures: Online entry hosted by ClubAssistant.com is preferred. The deadline for submitting online entries is Monday April 8th 8:00 PM Central Time. All paper entries must use the ILMSA consolidated multi-day entry form, and be post marked no sooner than the Feb 18th or no later than Apr 8th. No exceptions! Distance events will sell out online, paper entries might not make it in time! Please mail paper entries to: State Meet c/o Maya Ackermann 3341 Wilder St. Skokie, IL 60076. Checks should be made out to: "Evanston Masters Swimming". No late entries will be accepted.

Entry Fees: \$25 swimmer surcharge, plus \$4 per individual event. Swimmers may choose to get a meet shirt for \$10 during registration. All volunteer timers will receive a free t-shirt. Thank you for getting them involved! No shirts will be sold at the meet. Relay fees are \$10 per relay.

Events: All events will be timed final events. Events will be offered in the following age categories: 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95+. The 1650 will be limited to the first 144 entries received; session preferences will be on a first come first serve basis (72 per session) Note: the 1650 will be swum two to a lane according to USMS rule: 102.10.4. The 500 Free and 400 IM will be limited to the first 120 entries received.



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Relay Events: Relay forms will be available at the scorer's table. Note: new for 2013, Clubs / Teams are limited to entering a total of 12 relays per event. A completed form along with \$10 payment must be returned to the scorer's table in order to be entered in the relay according to the following schedule:

- Saturday-200 Mixed Medley Relay- start of event 3
- Saturday-200 Free Relay- start of event 11
- Sunday-200 Mixed Freestyle Relay-start of event 25
- Sunday-200 Medley Relay-start of event 33

Seeding: All events 200 yards and shorter will be pre-seeded. Swimmers who enter the 400 IM, 500 Free and 1650 Free must positively declare their intent to swim for those events by checking in. Swimmers who do not check in for those events by the published deadlines will be scratched from the event. The 1650 will be seeded slowest to fastest each night, with two swimmers per lane, right side first, then 15 seconds later the left side. The 500 Free, and 400 IM will also be swum mixed gender and seeded slowest to fastest by entry time. For all other events seeding is from slowest to fastest by entry time for each gender and events will alternate men then women.

Check In: Swimmers must check in for distance events online at SwimPhone.com or at the meet. Online Check-in opens at 2:00 PM Thursday April 25th and close according to the schedule below:

- Scratches for the 1650 Free are due by 12:00 PM, Tuesday, April 23. Scratches should be e-mailed as soon as possible to ethsgbs@gmail.com or call 224-420-1781 & leave a message. Positive check in starts at noon both days and ends at 5:00pm.
- Positive check in for the 500 Free on Saturday closes at the start of event 12 (Women's 200 IM).
- Positive check in for the 400 IM closes at 7:00 am Sunday morning.

Competition Pool Warm up Hours:

- Thursday April 25th 6:00pm - 6:20pm Meet begins at 6:30pm
- Friday April 26th 4:30pm - 4:50pm Meet begins at 5:00pm.
- Saturday April 27th 7:00am - 7:50am Meet begins at 8:00am.
- Sunday April 28th 7:00am - 7:25am Meet begins at 7:30 am.

The six lane pool will be available throughout the meet.

Warm Up Procedures: Swimmers must enter the pool feet first in a cautious and controlled manner. No diving or backstroke starts will be allowed, except in designated sprint lanes. One or two lanes shall be designated as one-way sprint lanes during the pre-meet warm-up sessions in the competition pools only. Any swimmer who acts in an unsporting or unsafe manner within the swimming venue may be considered for appropriate action or penalty by the referee (rule 102.15.3). Pull-buoys, kick boards, fins and hand paddles are not allowed in competition or warm-up pools.

Scoring Individual events: 9, 7, 6, 5, 4, 3, 2, 1

Relays: 18, 14, 12, 10, 8, 6, 4, 2

Awards Individual: Medals 1-3, Ribbons 4-8

Relay: Ribbons: 1-3

High Point Award: One male and female, each age group

Team Trophy: Trophies 1-8



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Accommodations: Marriott Courtyard Glenview. Indoor pool with hot tub & TGI Fridays nearby, stay with fellow Masters for the fun of it! Special Gift upon arrival. Very special rate of \$89 per night. Ask for the Illinois Masters Swim Meet Special. 1801 Milwaukee Avenue · Glenview, Illinois 60025 1-847-803-2500
You must book under “ILMSA State Meet” to receive the welcome package.

Recommended Nearby Restaurants:

- P J Moondoggie Inc 1702 Milwaukee Ave, Glenview, IL (847) 699-8330
- TGIF 4513 West Lake Avenue Glenview, IL 60025 (847) 298-9966
- Our favorite: WildFire, 1300 Patriot Boulevard Glenview, IL 60026 (847) 657-6363 Most delicious.

ORDER OF EVENTS (Men then Women this year)

Thursday April 25

- 1 Mixed 1650 Free Session 1 (Two to a lane)

Friday April 26

- 2 Mixed 1650 Free Session 2 (Two to a lane)

Saturday April 27

- 3-4 100 Freestyle
5-6 50 Butterfly
7-8 200 Breaststroke
9-10 200 Mixed Medley Relay
11-12 200 Individual Medley
13-14 100 Backstroke
15-16 50 Breaststroke
17-18 200 Butterfly
19-20 200 Free Relay
21 Mixed 500 Freestyle

Sunday April 28

- 23 Mixed 400 Individual Medley
25-26 100 Breaststroke
27-28 50 Backstroke
29-30 200 Freestyle
31-32 200 Mixed Free Relay
33-34 100 Butterfly
35-36 50 Freestyle
37-38 200 Backstroke
39-40 100 Individual Medley
41-42 200 Medley Relay