

2013 COMSA
Short Course Swimming Championship
April 5-7, 2013

USMS Sanction: xx-xx-xx-S

COMSA and the Veterans Memorial Aquatic Center (VMAC) invite you to the 2013 COMSA Masters Short Course Swimming Championships. The pool is 25 yards by 50 meters, and will be set up with 10 short course yards competition lanes. A Colorado Electronic Timing System with backup timing and scoreboard readout will be used. Bleacher seating is available for up to 850 people, with additional on-deck seating available. We recommend bringing your own chairs if you plan to make use of on-deck seating.

Eligibility

This is a USMS sanctioned meet. Swimmers must be at least 18 years of age on the day they swim. A valid 2013 United States Masters Swimming (USMS) membership is required to compete, and must be furnished with the entry. Online USMS registration is available at <http://www.comsa.org/joining/join-online.html>. Contact the COMSA registrar at <mailto:marcia.anziano@gmail.com> with questions.

Rules

All 2013 USMS Rules apply, including a NO FALSE START RULE, and whistle alerts announcing the start of each race. No paddles, kick boards or pull buoys are allowed during warm-ups.

Entries and Fees

\$12 surcharge per swimmer

\$4 per individual event (max of 5 events per day)

\$25 late fee (if received after entry deadline)

No charge for relays

Fees must accompany Registration Form and Consolidated Entry Form, and must be paid in U.S. Dollars by credit card, check or money order.

Preferred method for receiving entries is online at <http://www.comsa.org>

If paying with check, make check payable to: COMSA

Deadlines

Online entries are preferable and are due by **Monday, April 1st at midnight**. Paper Entry Forms & Fees are DUE IN HAND **Monday, March 25, 2013, at 5 p.m.** Late paper entries will be accepted after the entry deadline until **Monday, April 1st at Noon**, and must include a **\$25** late fee. LATE ENTRIES THAT DO NOT INCLUDE THE LATE FEE WILL BE REJECTED. Late entries being charged to a credit card will have the late fee automatically applied. Late entrants will be eligible for individual placing and points earned, but are not guaranteed a participation award.

Preferred method for receiving entries is online at <http://www.comsa.org>

If not registering online, mail or deliver entries to:

Patrick Burke
COMSA State Meet Entry
8100 E Union Ave. #203
Denver, CO. 80237

No entry verification will be made via telephone.

Event Seeding All events on Friday, Saturday and Sunday will be seeded slow to fast. “**No Time**” entries will not be accepted. All events are timed finals, one swimmer per lane. Men and Women may be combined in events of 200 yards or longer at the discretion of the meet director. Deck seeding is strictly at the discretion of the meet director.

Meet Check-in and Positive Check-in

All athletes must check-in upon arrival on their first day of competition. At check-in, athletes receive their T-Shirt and participation award. Each athlete need only check-in to the meet once, on their first day of competition.

ADDITIONALLY, participants in the 1650 Free, 1000 Free, 500 Free, and 400 IM must positively check-in for those events, separately from the meet check-in process. There will be clearly marked, separate areas for meet check-in and positive check-in. Deadlines for positive check-in are as follows:

Friday's Events:

1650 Free Positive Check-In closes at 12:30 p.m.

1000 Free Positive Check-In closes at 3:30 p.m.

Saturday & Sunday:

Positive Check-In for the 400 IM and 500 Free closes at 8:00 a.m.

Lane assignments may be changed at any time, at the meet director's discretion.

Age Groups and Relays

Age for the meet is determined as of April 5th, 2013.

Individual Events: 18-24, 25-29, 30-34, 35-39,...100+

Relay Events: 18+, 25+, 35+, 45+, etc. 10-year increments as high as necessary determined by age of youngest relay member. Relay cards will be available on deck, and will be accepted each day according to deadlines announced at the meet. All relay members must be USMS members and be individually registered for the meet (\$12 fee for relay-only swimmers).

Scoring

Swimmers may enter up to 5 individual events per day; 12 maximum for the meet, plus relays. If more than 5 events are entered on any day, the meet host reserves the right to eliminate any of the additional events over 5.

Individual Events: 11-9-8-7-6-5-4-3-2-1

Relay Events: 22-18-16-14-12-10-8-6-4-2

Team Awards: Scored by total point counts, Men and Women combined. A swimmers points go to the team specified during their State registration. Swimmers will not be allowed to change teams after registration has closed. Top six point-scores will be awarded. In order for relay points to count towards team awards, all swimmers on a relay must be registered for the meet under the same team.

Participation Awards/T-Shirts

Each swimmer receives a participation award. To guarantee that you receive a meet T-Shirt (available for purchase); you must pre-order and indicate your size on the entry form. A limited number of extra T-shirts may be available at the meet. Late entrants are not guaranteed a participation award and may not receive a T-Shirt.

Heat Sheets and Results

Heat sheets will be posted online and in several locations around the pool deck. Results will be available on the COMSA website at <http://www.comsa.org>.

Brute Squad Award

The elite group of aquatic wonders who complete the 200 Fly, 400 IM, and 1650 Free will be presented a T-shirt during a break before the 800 Free Relay on Sunday.

Sprint Squad Award

The elite group of speedsters who manage to complete the 50 Free, 50 Fly, 50 Back, 50 Breast, and 100 IM will be presented a T-shirt during a break before the final Relay on Sunday.

The Jack Buchannan Award

This award is presented during the opening ceremony on Saturday to the male and female swimmer who has made major contributions to Masters Swimming. Nomination forms are available at <http://www.comsa.org>

The Lou Parker Award

This award is presented during the opening ceremony on Saturday to the outstanding COMSA Coach of the Year. Recipients must be current USMS members. Nomination forms are available at <http://www.comsa.org>

Individual Awards

The top 10 swimmers in each individual event will receive a ribbon. No awards for relays. An individual high-point award will be given to the highest scoring swimmer, male and female, in each age group.

Entry Confirmations

Psych sheets will be posted at <http://www.comsa.org> 2-3 days before the first day of the meet. Contact the meet host with corrections to errors found on the psych sheet. Entry confirmation can be provided by mail if a self-addressed, stamped envelope is included with the entry. We cannot verify entries by phone or e-mail, nor can we guarantee notification if your entry is rejected. COMSA is not responsible for entries we do not receive. Entries may be rejected for failure to complete the entry form, failure to provide proof of current USMS membership, failure to include fees and late receipt.

2013 COMSA Masters Short Course Championships - Registration Form

Last Name _____ Email: _____
First Name _____ Phone (_____) _____ - _____

Free Squad T-Shirts - ☐ Sprint Squad (Must complete all Sprint Squad events)

Select (circle) size: S - M - L - XL - XXL - XXXL ☐ Brute Squad (Must complete all Brute Squad events)

Meet Entry Checklist (Be sure to include EACH item; entries will be rejected if incomplete)

Easiest/Preferred method: Enter online at <http://www.comsa.org>

Signed Consolidated Entry Form (<http://www.comsa.org/forms/ConsEntry.pdf>)

Signed Meet Registration Form (this page)

Check or Credit card for payment (check made out to COMSA)

Copy of Valid 2013 USMS Membership Card (Register Online @ <http://www.comsa.org/joining/index.html>)

Meet Schedule

Friday, April 5th 2013

Noon Warm-Up/1p.m. Meet Start Event# (seeded slow to fast)

1 1650 Freestyle (mixed)

2 1000 Freestyle (mixed)

Saturday, April 6th, 2013

7:30 a.m. Warm-Up/8:30 a.m. Annual COMSA meeting

Opening ceremonies/8:45 a.m. Meet Start

WOMEN

3 400 IM
30 MINUTE BREAK/WARM-UP
5 200 FREE RELAY
7 100 BREAST
9 50 FREE
11 200 BACK
13 100 FLY
15 400 RELAYS *
10 MINUTE BREAK
17 50 BACK
19 100 IM
21 200 FREE
23 200 MIXED MEDLEY RELAY

MEN

4
6
8
10
12
14
16
18
20
22

Sunday, April 7th, 2013

7:30 a.m. Warm-Up/8:30 a.m. Meet Start

WOMEN

25 500 FREE
30 MINUTE BREAK/WARM-UP
27 200 MEDLEY RELAY
29 100 BACK
31 200 BREAST
33 50 FLY
35 800 RELAYS *
10 MINUTE BREAK
37 200 IM
39 100 FREE
41 200 FLY
43 50 BREAST
45 200 MIXED FREE RELAY

MEN

26
28
30
32
34
36
38
40
42
44

***Longer Relays:** These relays are swum Women, Men and Mixed together. A swimmer may swim only one relay in each event. **These relays do not count toward team points.**

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: THE UNIVERSITY OF DENVER, UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Signature _____

Date _____

Signing waiver is payment authorization for entrants paying by credit card.

Credit Card Payment Visa MasterCard Amex Discover

_____-_____-_____-

Expiration Date ____/____/____

Name on Card: _____

Fees (Limit of 5 ind. events per day; 12 maximum + relays):

\$12 Surcharge / Swimmer \$12

\$ 4 per Individual Event # ____ \$ ____

\$25 late fee \$ ____

\$15 Meet T-Shirt

(select size: regular S-M-L-XL-XXL-XXXL

women's cut S-M-L-XL-XXL-XXXL) \$ ____

Check is payable to COMSA **Total \$** ____