

Second Annual



DUKE CITY AQUATICS

Masters Grand Prix Sunday March 17, 2013

Sanction: This meet is held under the sanction of USMS and NMMS. Sanction number XXX-XXXX.

Eligibility: Any swimmer with a valid 2013 USMS registration. One day USMS registrations are available.

Facility: West Mesa Aquatic Center, 6705 Fortuna Road NW, Albuquerque, NM 87121. The pool is 8 lanes by 50 meters (configured as 25 yards), equipped with non-turbulent lane lines and Colorado Timing System with an 8 lane scoreboard.

Start Time: Warm-up opens at 8:00 AM. Events start at 9:00 AM.

Events: All events are timed finals. Swimmers may enter a total of **5 individual events** plus relays. All events will be pre-seeded, men and women combined, slowest to fastest.

Individual Events	Relays (Time Permitting)
<ol style="list-style-type: none">50 Back200 Free100 Breast50 Free50 Fly500 Free100 IM50 Breast100 Back100 Free200 IM	<ol style="list-style-type: none">200 Anything Goes Relay Each team consists of 4 members. Each swimmer swims 50 yards. Anything goes: zoomers, paddles, wetsuits!100 Fly Relay Each team consists of 4 members. Each swimmer swims 25 yards. All butterfly.200 Mixed Multi-Age Free Relay Teams must include 2 men and 2 women and must have one person in each of the following age ranges: 20-29, 30-39, 40-49, 50+.

Scoring: For individual events, scoring is by gender and age-group: M & W 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+. 1st-8th place: 9, 7, 6, 5, 4, 3, 2, 1 points. For relay events, scoring is 1st-8th place: 18, 14, 12, 10, 8, 6, 4, 2 points.

Awards: Trophy awarded to the top team. That's the grand prix!

Entry Fees: Entry fee is \$25.00. All proceeds, after pool usage fees, to benefit Duke City Aquatics Age Group Swimming and Water Polo (equipment and travel). Additional donations are accepted!

Registration (two options):

1. **Online Registration:** Online registration available at www.newmexicosportsonline.com.
2. **Mail-In Registration:** Use the entry form below.

All entries must be received by 5:00 PM on Saturday March 16, 2013.

Questions: contact Janet Lyon-Huffman: jlyonhuff@msn.com

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**2013 Duke City Masters Spring Splash
MAIL-IN REGISTRATION FORM**

Name _____

Age: _____ Gender _____ USMS # _____ Club _____

Event 1 _____ Entry Time _____

Event 2 _____ Entry Time _____

Event 3 _____ Entry Time _____

Event 4 _____ Entry Time _____

Event 5 _____ Entry Time _____

Mail To:

Janet Lyon-Huffman
4412 Rancho Largo NW
Albuquerque, NM 87120

Entry Fee \$25.00 One day license \$10.00 Additional Donation \$ _____ Total \$ _____

Please make checks payable to "Duke City Aquatics"

Please include a copy of your USMS Registration card and sign the waiver below.

I the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks.

AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, THE HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Signature: _____ Date: _____