



2013 Syracuse St. Patrick's Day Masters Swim Meet

Hosted by the **Syracuse Chargers Swim Club**

Website: <http://www.syrmastersswim.org/>

Sanctioned by Niagara Districts Masters Swimming for USMS, Inc. #043-S004



Date: Saturday **March 16, 2013**. Warm-up starts at 8:00 AM, Meet starts at 9:00 am

Facility: Webster Pool located in the Archbold Gymnasium at Syracuse University
The pool is a 6 lane, 25 yard, electronically timed pool, with a separate warm-up area.

Location: Syracuse University, 241 Archbold Gym, Syracuse, NY 13244

Eligibility: Open to all USMS and MSC registered swimmers 18 and older as of March 16, 2013.

2013 One Event Registration ONLY will be available for this meet.

Fees: \$20 per swimmer for all USMS/MSC registered swimmers (includes 5 individual events and 2 relays)
\$25 for a "One Event" registration (includes 3 individual events, and a one day USMS registration)

Check In: Relays and 500 free require check in and will be deck seeded. Events will be mixed (men and women), timed finals seeded slowest to fastest.

Warm Up: 8:00 AM-8:30 AM lanes 1-6 circle swimming, NO DIVING; 8:30 AM-8:45 AM, lanes 1 and 6 for diving and sprints.

Name _____ MSC/USMS # _____ Email _____

Sex _____ Age _____ Date of Birth _____ Club (where you practice) _____

Telephone # _____ Club (from your USMS card) _____

Address _____



Event #	Event Name	Seed Time
1	200 Med Relay	_____
2	200 Free	_____
3	100 IM	_____
4	50 Back	_____
5	200 Breast	_____
6	50 Free	_____
7	200 Fly	_____
8	50 Fly	_____
9	100 Back	_____

TEN MINUTE BREAK		
Event #	Event Name	Seed Time
10	200 Free Relay	_____
11	100 Fly	_____
12	100 Free	_____
13	200 IM	_____
14	50 Breast	_____
15	200 Back	_____
16	100 Breast	_____
17	500 Free	_____

Entries must be received by **March 13, 2013** (NO DECK ENTRIES) and include the following:

1. PHOTOCOPY OF USMS REGISTRATION.
2. CHECK OR MONEY ORDER FOR FEES, MADE OUT TO SYRACUSE CHARGERS MASTERS SWIM CLUB.
3. SIGNED WAIVER: SEE BELOW

SEND ENTRIES TO:

Geoff Wells
7409 Bay Chapel Circle
Liverpool, NY 13088 (419) 704-1162

Please direct all questions to:
Alison Schaffer
schaffer.alison@gmail.com
(410) 703-2602



**Following the meet, please join us for a
Post-Swim Meet St. Patrick's Day Happy Hour!**
Location to be announced at the meet.

WAIVER: I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAMS OR ANY ACTIVITIES INCIDENT THERTO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS (Rule Book Article 204.1).

Signature of Participant _____ Date _____





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Directions: Approaching from the north or south on I-81, get off at exit 18 (Adams & Harrison Sts) and turn east (uphill) on E Adams St. Take the first right turn (at the crest of the hill) onto Irving Ave. Go straight ahead several blocks, past hospitals and Carrier Dome to its end. Straight on is the entrance to SUNY Environmental campus. Follow Forestry Drive around to the left, beside the south side of the Dome (on your left), continue up the hill, turn left at the top of the hill past Archbold Gym on your left, follow road to the right, and look on your left side for an orange sign for **Q-3 parking lot** shortly after you bear right.

From the east on I-690 exit at Townsend, turn left (south) to E Adams, proceed as above.

From the west on I-690 exit south onto I-81, proceed as above.

Parking: Swimmers can use the Carnegie parking lot (the lot close to the pool) and the Q-3 and Q-4 lots for overflow parking. **No parking in SUNY Environmental Forestry School lots!**

