



Your **Medicare Health** Team

GNOSO Diamond-Level Sponsor

2013

GREATER NEW ORLEANS
DISTRICT
SENIOR OLYMPIC GAMES
Individual Entry Form

www.gnoso.net

February 15 – April 8

2013 Entry Deadline: February 7, 2013

Mission: Our Mission is to provide Seniors over the age of 50, quality venues to participate in a variety of athletic, recreational and social activities, all of which promote wellness and an active lifestyle.

Life Begins at 50!



2013 TEAM ROSTER COACH/CAPTAIN MUST SUBMIT THE TEAM ENTRY. EACH TEAM MEMBER MUST SUBMIT HIS/HER INDIVIDUAL ENTRY FORM WITH FEES IN ORDER TO PARTICIPATE ON THE TEAM.

Team Name: _____ Age Group: _____

Note: The age is determined by the youngest team member, see age group on page 3.

Captain's Name: _____ Home Phone: _____ Cell Phone: _____

<input type="checkbox"/>	Basketball	3 on 3	<input type="checkbox"/>	Male	<input type="checkbox"/>	Female		
<input type="checkbox"/>	Bean Bag Baseball	8-12 Player Team						
<input type="checkbox"/>	Softball (Men's)	10 Player Team						
<input type="checkbox"/>	Volleyball	6 Player Team	<input type="checkbox"/>	Male	<input type="checkbox"/>	Female	<input type="checkbox"/>	Mixed
<input type="checkbox"/>	Team Dance	8-15 Per Team	<input type="checkbox"/>	Recreational	<input type="checkbox"/>	Advanced Level		

Team Roster

1	Player Name:	Age:	D.O.B.	Home No:	Cell No:
	Address:			City:	Zip:
2	Player Name:	Age:	D.O.B.	Home No:	Cell No:
	Address:			City:	Zip:
3	Player Name:	Age:	D.O.B.	Home No:	Cell No:
	Address:			City:	Zip:
4	Player Name:	Age:	D.O.B.	Home No:	Cell No:
	Address:			City:	Zip:
5	Player Name:	Age:	D.O.B.	Home No:	Cell No:
	Address:			City:	Zip:
6	Player Name:	Age:	D.O.B.	Home No:	Cell No:
	Address:			City:	Zip:
7	Player Name:	Age:	D.O.B.	Home No:	Cell No:
	Address:			City:	Zip:
8	Player Name:	Age:	D.O.B.	Home No:	Cell No:
	Address:			City:	Zip:
9	Player Name:	Age:	D.O.B.	Home No:	Cell No:
	Address:			City:	Zip:
10	Player Name:	Age:	D.O.B.	Home No:	Cell No:
	Address:			City:	Zip:
11	Player Name:	Age:	D.O.B.	Home No:	Cell No:
	Address:			City:	Zip:
12	Player Name:	Age:	D.O.B.	Home No:	Cell No:
	Address:			City:	Zip:



GREATER NEW ORLEANS DISTRICT SENIOR OLYMPIC GAMES

Program Director: Janey Perez (504) 559-9060 jperez.gnoso@gmail.com
Treasurer: Bernice Bordelon (504) 834-5279 Fax (504) 834-5279

GNO Senior Olympics
P.O. Box 6255
Metairie, LA 70009-6255
GNOSO Website: <http://www.gnoso.net>

GENERAL ENTRY INFORMATION

DATES: Friday, February 15 - Monday, April 8, 2013

REGISTRATION: Return the attached entry form, fee payment, and signed liability waiver by entry deadline, **February 7, 2013.**

FEES:

Entry Fee (for three (3) sports)* \$ 20.00

Each additional sport \$ 3.00

*Official t-shirt and banquet are included.

ADDITIONAL fees are REQUIRED if you sign up for the following sports:

Golf \$ 30.00

Bowling \$ 6.00

Tennis \$ 5.00

Additional banquet guests: Each \$ 5.00

5-K Run & Race Walk \$ 15.00

(Mississippi Bridge Run)

ELIGIBILITY: Any person 50 years or older as of December 31, 2013 is eligible to participate. Athletes 40 and over may sign up for Track & Field events.

AGE GROUPS: 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90+. Age groups are determined by age as of December 31, 2013. Age divisions for doubles/teams determined by youngest partner/member.

EVENT SELECTION: It is the responsibility of the participants to carefully select their events, considering possible overlap. Event start times will be strictly enforced. Absentees will be scratched.

YOU ARE TO SHOW UP AT YOUR EVENT UNLESS NOTIFIED BY GAME ORGANIZERS.

GUESTS: Family and friends are welcome and encouraged to attend all events free of charge.

CANCELLATIONS/ POSTPONEMENTS: Game officials reserve the right to cancel or postpone events due to inclement weather, unusual circumstances or insufficient entries. All changes in the scheduled events will be posted to <http://www.gnoso.net>

ENTRY DEADLINE: February 7, 2013 (unless indicated in special instructions section of event schedule). No refunds given after February 8, 2013

LATE FEE: ALL REGISTRATIONS RECEIVED POSTMARKED AFTER 2/7/13 MUST INCLUDE A **\$5.00 LATE FEE & DOES NOT GUARANTEE A T-SHIRT.**

AWARDS: Medals will be presented to first through third place individual winners in-district and actual order for out-of-district participants.

TEAMS AND DOUBLES: Each member must submit an individual signed application, release, and entry fee. **Team captains** must submit a team roster for the team to be eligible for team competition.

DISTRICT GAMES: Athletes must compete in one of the 2013 District Games to compete in the 2013 State Games in the following events: Bowling Singles (top 3 scratch score places), Golf, Shuffleboard, Table Tennis Singles, Horseshoes, Discus, Javelin, Shot Put, and Team Dancing. Athletes may also qualify by meeting minimum qualifying standards for scored sports. See sports coordinators for qualifying requirements or LSOG website.

PARTNER FIND

Are you looking for a partner in a sport that is doubles or four to a team? In most cases, the venue coordinator will make every effort to find you a partner. You may contact the coordinator before the event (all coordinators and their phone numbers are listed in this packet); however, this is not necessary. Every effort will be made to place you with someone.

OFFICIAL 2013 GNO SENIOR OLYMPICS

EVENT ADDRESS AND PHONE NUMBER INFORMATION

Belle Terre Country Club

111 Fairway Drive
Laplace, LA 70058
(985) 652-5000

Belle Terre Playground

5600 Belle Terre Road
Marrero, LA 70072-3539
(504) 349-5044

Bridge City Playground

400 11th Street
Bridge City, LA 70094-3156
(504) 736-8466

City Park Tennis Courts

5900 Marconi Drive
New Orleans, LA 70124
(504) 483-9383

Colonial Lanes

6601 Jefferson Highway
Harahan, LA 70123-5097
(504) 737-2400

Corner Pocket

2424 Williams Blvd.
Kenner, LA 70062-5763
(504) 469-2003

Delta Gym

8501 West Metairie Avenue
Metairie, LA 70003-6656
(504) 736-8463

East Bank Bridge Park

Under Luling Bridge
(Mississippi Bridge Run)
Destrehan, LA

Elmwood Fitness Center

1200 S. Clearview Parkway
Suite 1200
Harahan, LA 70123-2335
(504) 733-1600

Esplanade Mall

1401 West Esplanade Avenue
Kenner, LA 70065
(504) 465-2161

Harahan Playground

(Soniat Gym)
6601 10th Street
Harahan, LA 70123
(504) 737-2166

Harvey Playground

2240 Alamo Avenue
Harvey, LA 70058-3113
(504) 364-3681

Italian American

Bocce Club
2340 Severn Avenue
Metairie, LA 70001
(504) 838-7123

JPRD Girls Softball Complex

6920 Saints Drive
Metairie, LA 70003
(504) 736-8461
(Mike Miley Playground)

Jefferson Gym &

Golden Age Center
4400 South Drive
Jefferson, LA 70121-3419
(504) 838-1032

Kings Grant Playground

3805 15th Street
Harvey, LA 70058
(504) 349-5040

Lasalle Park

6600 Airline Drive
Metairie, LA 70003
(504) 731-4726

Mike Miley Playground

6716 W. Metairie Avenue
Metairie, LA 70003
(504) 736-8461

St. Bernard Civic Center

8245 West Judge Perez Drive
Chalmette, LA 70043-1611

Thomas Jefferson Park

(Next to Live Oak Library)
Waggaman, LA

Tulane University

Reily Student Center
31 McAllister Drive
New Orleans, LA 70118

UNO Aquatic Center

Lakefront Arena Aquatic Center
6801 Franklin Avenue
New Orleans, LA 70122

Waggaman Horseshoe Pits

516 Dandelion Drive
Waggaman, LA 70094
(504) 736-8468

Wally Pontiff Jr. Playground

Golden Age Center
1521 Palm Street
Metairie, LA 70001
(504) 838-1035

**For Directions to any event
location, please call your
Event Coordinator.**

**OFFICIAL 2013 GNO SENIOR OLYMPICS
INDIVIDUAL ENTRY/ PARTICIPANT WAIVER FORM
RETURN THIS FORM, AFTER COMPLETING AND INCLUDE ALL FEES**

Mail to: Greater New Orleans Senior Olympics, P.O. Box 6255 Metairie, LA 70009-6255

Last Name: _____ **First Name:** _____ **MI** _____

Address: _____ **City:** _____

State: _____ **Zip:** _____ **Parish:** _____ **Home Phone:** _____ **Cell Phone:** _____

Email: _____

[] Male **[] Female** **Age as of** 12/31/13 **Date of Birth:** _____ / _____ / _____

PARTICIPANT WAIVER SIGN BELOW

In consideration of being allowed to participate in any way in the Greater New Orleans District Senior Olympic Games program, related events and activities, the undersigned acknowledges, appreciates and agrees that:

1. The risk of injury from the activities involved in these programs is significant, including the potential for permanent disability and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury to me does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If I observe any unusual significant concern in my readiness for participation and/or in the program itself, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself and on behalf of my/or heirs, assigns, personal representatives and next of kin, HEREBY RELEASE the Greater New Orleans Senior Olympics, its officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of the premises used to conduct the event ("Releasees"), with RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property incident to my involvement or participation in these programs, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.
INDEMNIFY AND HOLD HARMLESS all of the above Releasees from any and all liabilities incident to my involvement or participation in these programs, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.

I, the undersigned participant, grant to the Greater New Orleans Senior Olympics the right to use any pictures taken of me during the Greater New Orleans Senior Olympics without my remuneration and in any medium the photographer/staff sees fit for art, advertisement, exhibition, editorial, or any purpose whatsoever.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

PRINT NAME:	
SIGNATURE:	DATE:
EMERGENCY CONTACT:	PHONE:

**OFFICIAL 2013 GNO SENIOR OLYMPICS
2013 ENTRY FEE SCHEDULE**

RETURN THIS PAGE with CHECK or MONEY ORDER with fees to:

Greater New Orleans Senior Olympics, P.O. Box 6255 Metairie, LA 70009-6255

Entry fees must be sent with this form to be eligible.

Entry Fee (allows participation in up to 3 Sports):	\$20.00	\$ 20.00
\$3 for each additional sport: _____ x \$3.00	\$ _____	\$ _____
LATE FEE (POSTMARKED AFTER 2/7/13)	\$5.00	\$ _____
<u>Sports Requiring an Additional Fee over the Entry Fee:</u>		
Golf Fee: _____	\$ 30.00	\$ _____
Bowling Fee: (Singles, Doubles or Mixed Doubles) _____ each	\$ 6.00	\$ _____
Tennis Fee: (Balls Provided) _____	\$ 5.00	\$ _____
*5-K Run & Race Walk (NORSI Event, SEE *Note below)	\$ 15.00	\$ _____
<u>I WILL ATTEND THE BANQUET:</u> [] YES [] NO		N/C
Participants must check in at the door...		
<i>I will bring _____ guest(s) @ \$5.00 each</i>		
PAYABLE AT DOOR ONLY		
To Help Support the GNOSO I have enclosed a donation of		\$ _____
(All donations are tax deductible)		
TOTAL AMOUNT ENCLOSED		\$ _____
Make Checks Payable to: GNOSO		
Check shirt size preference []S []M []L []XL []2XL []3XL (Size not guaranteed)		
YOU ARE TO SHOW UP AT YOUR EVENT UNLESS NOTIFIED BY GAME ORGANIZERS		

***United Way Mississippi River Bridge 5K Run/Walk:**

GNOSO will enter you in the NORSI Event. Get both shirts on the day of the race.

NOTE: This is the largest run/walk among the numerous races held on bridges across the Mississippi River in the nation.

<p>Mail Entry Form and Fees to: GNO Senior Olympics P.O. Box 6255 Metairie, LA 70009-6255 (Include pages 5, 6, 7 and 8. Team Captain turns in page 2.)</p>

OFFICIAL 2013 GNO SENIOR OLYMPICS

2013 INDIVIDUAL EVENTS (Return this page with your entry.)

5K Run **5K Race Walk** United Way
Mississippi River Bridge Run by NORSI–Destrehan, LA
NOTE: If you Register for this event through GNOSO
you will save \$10.00 on the entry fee and get both the
NORSI race T-Shirt and the GNOSO T-Shirt with
entrance to GNOSO Banquet that includes food and
entertainment. For more information see page 11.

5K Walkathon **1 Mile Recreational Walk**

ARTS & CRAFTS – Circle Categories
Needlework, Ceramics, Woodworking,
Photography, Painting and Beading/Jewelry

BASKETBALL 3 ON 3
 Hot Shot Basketball Free Throw

BILLIARDS

BOWLING * Singles
 Mixed Doubles (Partner _____)
 Doubles (Partner _____)

BRIDGE (card game)

CABBAGE BALL (Co-Ed) **You will be placed on team**

CYCLING **5K** **10K**

DARTS

***GOLF** Stroke Play

***HORSESHOES**

PICKLEBALL
 Doubles (Partner _____)
 Mixed (Partner _____)

RAQUETBALL Singles
 Doubles (Partner _____)
 Mixed (Partner _____)

SHUFFLEBOARD * Singles
 Doubles (Partner _____)

SWIMMING **Women** **Men**
(Events listed in order as they will occur on day of
Event. Women precede men.) Check up to 5 events.
Seed Time Event
 50y Freestyle _____
 100y Breaststroke _____
 200y Backstroke _____
 200y Freestyle _____
 50y Breaststroke _____
 100y Backstroke _____
 100y Freestyle _____
 100y Individual Medley _____
 50y Backstroke _____
 500y Freestyle _____

TRACK & FIELD EVENTS

Track Events	Field Events
<input type="checkbox"/> 50m Dash	<input type="checkbox"/> Long Jump
<input type="checkbox"/> 100m Sprint	<input type="checkbox"/> High Jump
<input type="checkbox"/> 800m Race Walk	<input type="checkbox"/> *Discus
<input type="checkbox"/> 800m Run	<input type="checkbox"/> *Javelin
<input type="checkbox"/> 200m Run	<input type="checkbox"/> *Shot Put
<input type="checkbox"/> 1500m Race Walk	
<input type="checkbox"/> 400m Run	
<input type="checkbox"/> 1500m Run	

TENNIS Singles
 Doubles (Partner _____)
 Mixed (Partner _____)

TABLE TENNIS * Singles
 Doubles (Partner _____)
 Mixed (Partner _____)

TEXAS HOLD'EM

THE THROWS & WASHER PITCH
 Football Accuracy Softball Accuracy
 Frisbee Accuracy Softball Distance
 Washer Pitch

WEIGHTLIFTING
 Bench Press Dead Lift
 Arm Curl w/Free Weights

*** Qualifying Events for the 2013 State Games**

OFFICIAL 2013 GNO SENIOR OLYMPICS

2013 TEAM EVENTS FOR INDIVIDUALS

EACH COACH OR CAPTAIN MUST SUBMIT THE TEAM ROSTER FORM ON PAGE 2 BY FEBRUARY 7th TO PARTICIPATE. INDIVIDUAL PLAYERS COMPLETE THIS FORM TO MARK THE TEAM YOU ARE PLAYING WITH.

ROSTERS MUST BE SUBMITTED WITH THE CAPTAIN/COACH'S ENTRY FORM

Basketball 3 on 3 **M or F** **Age Group** _____

Team Name _____

Captain's Name _____ Phone: (____) _____

Bean Bag Baseball

Team Name _____

Captain's Name: _____ Phone: (____) _____

Bocce Ball – 4-Player Teams

Team Name _____

Captain's Name _____ Phone: (____) _____

Player 1: _____ **Player 2:** _____

Player 3: _____ **Player 4:** _____

Golf – 4-Player

Team Name _____

Captain's Name _____ Phone: (____) _____

Player 1: _____ **Player 2:** _____

Player 3: _____ **Player 4:** _____

Softball (Men) **Age Group** _____

Team Name _____

Captain's Name _____ Phone: (____) _____

Volleyball **M or F** **Mixed** **Age Group** _____

Team Name _____

Captain's Name _____ Phone: (____) _____

Team Dance **Recreational** **Advanced** **Age Group determined by team average**

Team Name _____

Captain's Name _____ Phone: (____) _____

GREATER NEW ORLEANS GAMES SCHEDULE

Date	Check-in	Start	Event/ Site	Special Instructions
FRIDAY, February 15				
TABLE TENNIS				
BRIDGE CITY Playground				
All Doubles Singles to follow	8:30 AM	9:00 AM	Janey Perez	(504) 296-8200
SATURDAY, February 16				
RAQUETBALL				
ELMWOOD FITNESS CENTER				
	9:00 AM	9:30 AM	Al Reagle	Free showers & lockers (504) 858-2305
On site registration OK				
Bring balls & equipment				
SUNDAY, February 17				
WEIGHT LIFTING				
ELMWOOD FITNESS CENTER				
	12:30 PM	1:00 PM	Sean Sellers	(504) 717-0146
FRIDAY, February 22				
DARTS				
BELLE TERRE Playground				
MEN	8:30 AM	9:00 AM	Jane Marchese	(504) 362-4341
LADIES	10:00 AM	10:30 AM		
SATURDAY, February 23				
TENNIS				
CITY PARK Tennis Courts				
MEN/WOMEN Singles, then Doubles	10:30 AM	11:00 AM	Bill Pryor	(504) 427-3334
MIXED DOUBLES			Gwen Pablovich	(504) 828-3214
SATURDAY, February 23				
BASKETBALL				
TBA				
Women 3on 3	8:30 AM	9:00 AM	Ann Hassenboehler	(504) 828-9766
M / W HOTSHOT	11:30 AM	12:00 PM	Lorraine Rizzuto	(504) 737-1220
Men 3 on 3	12:30 PM	1:00 PM	Fred Eitmann	(504) 888-3672
SUNDAY, February 24				
* TEAM DANCE				
ESPLANADE MALL				
	2:00 PM	2:30 PM	Starrlynn Morgan	(504) 494-5470
SATURDAY, March 2				
5K WALKATHON & 1 MILE RECREATIONAL WALK				
THOMAS JEFFERSON PARK				
	8:30 AM	9:00 AM	Bill Elrod	WAGGAMAN (985) 785-0950
SATURDAY, March 2				
*HORSESHOES				
WAGGAMAN HORSESHOE PITS				
	10:15 AM	11:00 AM	Landry & Jenny Camardelle	(504) 431-9092
SUNDAY, March 3				
ARTS & CRAFTS				
WALLY PONTIFF Playground				
	1:00 PM	1:30 PM	Mattie Whitney	(504) 436-7340
NOTE: ARTICLE SHOULD HAVE BEEN COMPLETED WITHIN THE YEAR...ONE ENTRY PER CATEGORY				
TUESDAY, March 5				
PICKLEBALL				
MILEY, DELTA & HARAHAH Playgrounds				
EVERYONE CHECK IN AT MILEY	7:30 AM	8:00 AM	Carol Bradford	(504) 577-0321
			Mary Ann Poche	(504) 239-9406
THURSDAY, March 7				
BRIDGE				
GOLDEN AGE CENTER @ WALLY PONTIFF Playground				
	9:00 AM	9:30 AM	Delores Ford	(504) 443-3610

GREATER NEW ORLEANS GAMES SCHEDULE

Date	Check-in	Start	Event/ Site	Special Instructions
SATURDAY, March 9			SOFTBALL	
			LASALLE Park	
	8:30 AM	9:00 AM	Henry Francalancia	(504) 401-3688
SUNDAY, March 10			CO-ED CABBAGE BALL	
You will be placed on teams.			JPRD GIRLS SOFTBALL COMPLEX	16" ball... guys bat opposite
	9:30 AM	10:00 AM	Fred Eitmann	(504) 888-3672
SUNDAY, March 10			UNO SWIMMING	
			UNO AQUATIC CENTER	
	9:00 AM	10:00 AM	Bill Jennings	(504) 887-3530
WEDNESDAY, March 13			BEANBAG BASEBALL	
			ST. BERNARD CIVIC CENTER	
			Susan McNeil	
	8:30 AM	9:00 AM	Arlene Hughes	(504) 278-7335
FRIDAY, March 15			WASHER PITCH	
			BELLE TERRE Playground	
WOMEN	8:30 AM	9:00 AM	Jane Marchese	(504) 362-4341
MEN	10:30 AM	11:00 AM		
FRIDAY, March 15			THROWS	
			BELLE TERRE Playground	
MEN	8:30 AM	9:00 AM	Thais Lacrouts	(504) 835-1562
WOMEN	10:30 AM	11:00 AM	Lucille Walker	(504) 838-9385
SATURDAY, March 16			LADIES ENTERGY VOLLEYBALL	
			PONTIFF & JEFFERSON Playgrounds	
	8:00 AM	8:30 AM	Janey Perez	(504) 296-8200
SATURDAY, March 16			CYCLING	
			LAKESHORE DRIVE	
	9:00AM	9:30AM	Robin Robert	(504) 908-8771
MONDAY, March 18			*GOLF	
			BELLE TERRE COUNTRY CLUB	
	8:00 AM	9:00 AM	Lynne Wolken	(504) 835-4456
TUESDAY, March 19			BOWLING DOUBLES	\$6.00 per event extra
			COLONIAL LANES	
MIXED DOUBLES	8:30 AM	9:00 AM	Nova Dee Carbo	(504) 341-1876
DOUBLES	12:30 PM	1:00 PM	Joyce Plaisance	(504) 341-6439
FRIDAY, March 22			*BOWLING SINGLES	\$6.00 per event extra
			COLONIAL LANES	
	8:30 AM	9:00 AM	Nova Dee Carbo	(504) 341-1876
			Joyce Plaisance	(504) 341-6439
FRIDAY, March 22			TEXAS HOLD 'EM	
			JEFFERSON GOLDEN AGE CENTER	
	6:00 PM	6:30 PM	Janey Perez	(504) 296-8200

GREATER NEW ORLEANS GAMES SCHEDULE

Date	Check-in	Start	Event/ Site	Special Instructions
SATURDAY, March 23		VOLLEYBALL MEN & MIXED		
		JEFFERSON Playground		
MEN	8:00 AM	8:30 AM	Janey Perez	(504) 296-8200
MIXED to FOLLOW				
SUNDAY, MARCH 24		BILL KLOCK TRACK & FIELD		
40 YEAR OLDS MAY PARTICIPATE		KINGS GRANT Playground		Same day registration.
Track Events	8:00 AM	9:00 AM	Wayne Ory	(504) 362-6064
Field Events	9:30 AM	10:15 AM		No guarantee of shirt
Order of events on page 7				
TUESDAY, MARCH 26		BILLIARDS		
		CORNER POCKET		
	10:30 AM	11:00 AM	Sonya Belgard	(504) 450-9506
FRIDAY, APRIL 5		SHUFFLEBOARD (DOUBLES)		
65+ 70+ 75+		HARVEY Playground		
80+ 85+ 90+	9:00 AM	9:45 AM	Daisey Acosta	(504) 616-1116
50+ 55+ 60+	3:00 PM	3:30 PM	Darrell Acosta	(504) 615-1053
SATURDAY, APRIL 6		*SHUFFLEBOARD (SINGLES)		
		HARVEY Playground		
ALL AGES	9:00 AM	9:45 AM	Daisey Acosta	(504) 616-1116
			Darrell Acosta	(504) 615-1053
SATURDAY, APRIL 6		NORSI 5K RUN & RACE-WALK MISSISSIPPI RIVER BRIDGE RUN		
NORSI 5K Run and Race-walk Mississippi River Bridge Run (Start at east bank and race to west bank park)		Destrehan, LA (United Way Mississippi River Bridge Run a NORSI event)		
NOTE: This GNOSO event is managed by New Orleans Running Systems. Senior Olympians register with GNOSO and GNOSO will take care of registering you with NORSI to receive both shirts.		Bill Elrod	(985) 785-0950	
		Pick up packet early from 4-6 on Friday at the GNOSO tent located on the west bank side of the Bridge Park. Early pick up recommended to receive requested shirt size.		
		Check in on race day with GNOSO rep at East Bank Park at 7:30 AM..... Race Time 8:30 AM		
SUNDAY, APRIL 7		BOCCE		
		ITALIAN-AMERICAN BOCCE CLUB		
	10:30 AM	11:00 AM	John Wolken	(504) 835-4456

MONDAY, April 8, 2013

CELEBRATION of ATHLETES BANQUET

JEFFERSON PLAYGROUND 4100 SOUTH DRIVE

6:00 PM



GREATER NEW ORLEANS GAMES SCHEDULE

Greater New Orleans Senior Olympics
P.O. Box 6255
Metairie, LA 70009-6255

NON-PROFIT ORG.
U.S. POSTAGE
PAID
METAIRIE, LA
PERMIT NO. 20



2013 GREATER NEW ORLEANS DISTRICT SENIOR OLYMPIC GAMES

NEW ORLEANS, LA.
FEBRUARY 15 - APRIL 8, 2013

Printing Courtesy of

PEOPLES HEALTH

Your Medicare Health Team

and

