

Boise Y Swim Team

Last Chance Shamrock Time Achievement Intrasquad

March 9, 2013

SPONSORED BY:	Boise Y Swim Team USMS	SANCTION # _____ SANCTION # _____
SANCTIONED BY:	Time Trial will be held under sanction of USA Swimming and Snake River Swimming, Inc., In granting this sanction, it is understood and agreed USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. (202.2.7)	
LOCATION:	Boise City Aquatic Center; 5959 Discovery Place; Boise, ID 83713 (208) 377-9622	
FACILITIES:	<p>50 meter X 25 yard indoor pool with depth equal to or less than four feet to thirteen feet. Eight 8 foot lanes. Paragon-style blocks over pool depth of equal to or more than six feet to thirteen feet. Six inch anti-wave lane lines. Large spectator gallery. During the meet, no warm-up lanes will be available.</p> <p>The minimum water depth, measured in accordance with Article 103.2.3 is 6' 9" at the start end and 6' 9" at the turn end.</p> <p>The competition pool has been certified with USA Swimming in accordance with 104.2.2C(4).</p>	
TIMING:	Manual timing will be used--3 watches on each lane.	
REFEREE:	Vicki Marsh vicki50marsh@gmail.com (208) 995-6029	
MEET DIRECTOR:	Joan Wong joan.lee@gmail.com (208) 870-7789	
OFFICIALS:	We would appreciate the help of all USA Swimming certified Boise Y Officials.	
ELIGIBILITY:	<p>Open to only members of the Boise Y Swim Team and Sawtooth Masters. All age group/senior swimmers must hold current 2013 USA registration cards and all Masters swimmers must be current registered members of USMS.</p> <p>Age of the swimmer on the day of the time trial (March 9, 2013) will determine the swimmer's age for the time trial.</p>	
TYPE:	<p>Intrasquad Timed Finals</p> <p>This is a "Last Chance" meet for swimmers who are trying to qualify for Age Group Sections and YMCA Nationals. As we are restricted by the pool time available to us, the meet is open to only those swimmers who have already qualified for these meets or are close to a Qualifying time for these meets (Guideline--within .5 seconds of a qualifying time in a 50 yard event, within 1.5 seconds of a qualifying time for a 100 yard event; within 3 seconds of a qualifying time for a 200 yard event, and within 5 seconds of a qualifying time for a 400 or 500 yard event.) .</p>	
ENTRIES :	Swimmers may enter up to 3 events.	

SCHEDULE:**Saturday, March 9, 2013**

Official's Meeting: 8:15 am

Warm-up: 8:00 am

Meet Start: 9:00 am

RULES:

Current USA Swimming rules will govern the meet.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Snake River Swimming warm-up and safety procedures will apply. This will be posted and is included with this invitation. No diving or backstroke starts will be allowed from the blocks or pool deck during warm-ups. Racing starts will be allowed in designated sprint lanes the last 15 minutes of warm-ups. Meet marshals will be on deck during warm-ups.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

All events will be deck-seeded. Events will be swum fastest to slowest. Events may be combined at the referee's discretion.

ENTRIES:

Anyone entered in the meet, who is not properly registered with USA Swimming, is subject to a \$25 fine.

Masters must provide a copy of their current USMS card before they will be entered in any events.

All swimmers will need to complete entry cards for each event they wish to swim. Cards will be available at the Clerk of Course desk. All cards need to be filled out and returned to the Clerk of Course desk by 8:30 am.

At least one heat prior to their event, swimmers should plan to pick up their card from the Clerk of Course desk and take it to the timers in their assigned lane.

ENTRY FEES:

All USA Swimming registered swimmers will be charged a \$3 surcharge (\$3.00 SRS Travel and Zone Fees).

BY swimmers will be billed for their entry fee.

ENTRY DEADLINE:

All swimmers must be signed up for their events no later than 8:30 Saturday morning.

Last Chance Shamrock Time Achievement Meet

March 9, 2013

West YMCA/Boise City Aquatic Center

Warm-ups: 8:00 a.m. Meet Begins: 9:00 a.m.

Order of Events

Girls	Event	Boys
1	9 & Over 200 Medley Relay	2
3	10 & Over 500 Free	4
5	13 & Over 400 IM	6
7	11 & Over 200 Fly	8
9	11 & Over 200 Back	10
11	13 & Over 200 Breast	12
13	9 & Over 200 Free	14
15	9 & Over 200 IM	16
17	9 & Over 100 fly	18
19	9 & Over 100 Back	20
21	9 & Over 100 Breast	22
23	9 & Over 100 Free	24
25	9 & Over 50 Fly	26
27	9 & Over 50 Back	28
29	9 & Over 50 Breast	30
31	9 & Over 50 Free	32
33	9 & Over 200 Free Relay	34