The City Mile

1650 Short Course Yards Swim Meet

Sunday, February 24, 2013

Sanctioned by Pacific Masters Swimming, Inc., for USMS, Inc. Sanction # 383-S007

**Location:** City College of San Francisco, Wellness Center

50 Phelan Avenue

San Francisco, CA 94112

**Directions:** YAHOO MAPS.COM or MAPQUEST.COM (downtown San Francisco) Free Local Parking is available.

**Course:** Multi-lane, 25-yard heated indoor pool. Eight lanes will be used for competition.

Warm-up / cool down lanes will be available throughout the meet. Electronic timing will be used.

**Time:** Warm-ups start at 8:00 am. The meet will start promptly at 9:00 am.

**Rules:** 2013 USMS and Pacific Masters Swimming rules will govern the meet. USMS warm-up procedures will be in effect. A copy of these procedures will be posted at the

Clerk-of-Course. All events are timed finals. The heats will be seeded slowest to fastest, regardless of age. The meet director will review all seeded times to compare them with the swimmers recent actual time and reserves the right to change the swimmers seeded time.

**Restrictions:** Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas and in all areas used by swimmers, during the meet and during warm-up periods. Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.

**Eligibility:** All USMS swimmers must have a current 2013 USMS registration card and must enter the number on their entry forms. No Deck entries will be allowed.

**Check-In:** The meet will be pre-seeded and preliminary heat assignments will be made. Heats

1-5 must check-in by 8:30 am; Heats 6-11 must check in by 11:00 am.

**Entries:** On-line entries must be completed by 11:59pm, February 21, 2013. No refunds will be

made. Entries will be limited to 84 total swimmers on a first received basis.

**Fees:** Total entry fee is $30.00. On-line entry only, starting Dec. 1, 2012.

<https://www.clubassistant.com/meets.cfm>

**Event:** (deck seeded slow to fast women and men combined)

1. 1650 Freestyle

**Awards:** 1st thru 3rd in each division

**Referee:** TBD

**Meet Director:** Michael Moore 415-467-8943