Sanction: This meet is held under the sanction of South Dakota Swimming, USA Swimming Inc. & United States Masters Swimming.

Rules: The current USA Swimming and SD Swimming rules will govern the conduct of the meet.

Liability: In granting this sanction it is understood and agreed that USA Swimming, South Dakota Swimming, US Masters Swimming Inc., the city of Sioux Falls, SD and Snowfox Swim Team shall be free of any liability or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Location: YWCA Downtown

300 W. 11th Street, Sioux Falls, SD

Audio/Visual Use of audio or visual recording devices, including a cell phone, is not permitted in

Recording: changing areas, rest rooms or locker rooms (202.3.4 E).

Course: 25 yard, 6 lane pool with wave-calming dividers; Daktronics timing equipment with manual back up will be used. The competition course has not been certified in accordance with USAS Rule 104.2.2C(4) Water Depth: Starting end depth 10’; midpoint depth 4’6”; turn end depth 3’6”. Turn end water depth does not meet USAS minimum requirement for racing starts per Rule 103.2.

Format: This is a SPLIT meet. Please see below:

**Friday Night: Distance Events:** This session is an interwoven USA Swimming and Masters session. This session’s events will be swum as timed finals. All heats will be swum as mixed gender and seeded by time fastest to slowest.

**Snowfox Candy Cane Classic (Saturday-Sunday):**

**12 & Under Timed Finals:** All 12 & Under sessions will be conducted as timed final events. All heats will be seeded as mixed gender and seeded by time. 12 & under sessions will be run during the afternoon sessions.

**13 & Over Open Prelim / Finals:** These sessions are interwoven USA Swimming and US Masters’ sessions. All preliminary heats will be swum as mixed gender and seeded by time slowest to fastest. Prelims are held in the morning session with the consolation and final heats in the evening session on Saturday and Sunday. *If an 11-12 year old athlete swims up an age group for an event, they must swim up for the entirety of the swim meet.* The top 16 qualifiers for boys & girls out of prelims will swim at finals with the exception of the 500 Free and the 400 IM. Those events will only have the top 8 qualifiers returning to finals. The 500 Free & 400 IM will be limited to the top 48 boys and the top 48 girls that enter by the registration deadline. Final heats will be separated and swam as 13-14, 15 - 16 age groups and 15 & Over age groups both boys and girls. *Master swimmers are not eligible to compete in Finals.*

**Scratch Rule For Finals:** Any swimmer qualifying for an individual final heat, as specified by the meet information, who fails to compete in said final heat race without an approved scratch intention shall be barred from further competition in the meet. Any points that the swimmer has accumulated during the meet shall be removed from their individual’s point total, exclusive of relays, will be subtracted from the point total for the team to which they are attached.

**NT’s (No Times):** Swimmers will not be allowed to be entered into the meet with an NT (No Time). If a swimmer does not have an official time for a specific event, coaches are required to make their best estimate of the swimmers ability and enter them with a time for that event. This will allow for a more accurate timeline.

Start Times: ***Friday PM: (13 & Over IM Tough Challenge)***

 13 & Overs: Warm-up: 5:00 pm – 6:00 pm

 Timed Finals: 6:15 pm

 ***Saturday & Sunday: (Snowfox Winter Classic)***

 13 & Overs: Warm-up: 6:30 am – 7:45 am

 Prelims: 8:00 am

 12 & Unders: Warm-up: 12:00 pm – 1:15 pm

 Timed Finals: 1:30 pm

 13 & Overs: Warm-up: 5:30 pm – 6:15 pm

 Finals: 6:30 pm

\*\*\*Snowfox reserves the right to change warmup times for the 13 & Over Finals start times if the 12 & Under sessions do not last the full 4 hours. *A lane will be made available for Masters swimmers during the morning warmup sessions.* If any changes are required, all teams will be notified by Monday, January 21, 2013 with an updated timeline.\*\*\*

Meetings: There will be an Officials meeting 30 minutes prior to the start of every session located in the Aerobics Studio. There will be Timers meetings 15 minutes prior to the start of every session at the start end of the pool. There will be coaches meetings 15 minutes prior to the start of each session at the discretion of the Meet Referee located in the Aerobics Studio.

Warm-ups: Warm-Ups will be conducted in accordance with the guidelines established by USA Swimming and South Dakota Swimming. South Dakota Swimming Warm-Up procedures will be followed at this meet. *Masters will have a lane available to them in the second session of warmups in each of the 13 & Over Sessions.*

Swimwear

Restrictions: Swimwear worn at South Dakota swim meets must conform to SD Policy Rules and USA Swimming Rules & Regulations (Art. 102.8.1 and subsequent revisions thereof), its interpretation and provision for exemptions based on a swimmer’s religious beliefs or medical condition.

Supervision: A USA Swimming member coach must supervise swimmers during warm-ups, competition and warm-down. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or swimmer’s legal guardian to ensure compliance with this requirement. Only registered coaches, swimmers and officials will be allowed on the pool deck (202.3.3).

Eligibility: This meet is open to all LSC’s and all clubs. All swimmers, coaches, clubs and officials must be currently registered with USA Swimming or US Masters Swimming. The age of the swimmer on the first day of the swim meet determines the age of the swimmer for the entire meet.

Deck

Registration: On Deck USA Swimming registration will be permitted with appropriate documentation. Swimmers must show verification of their membership to the Meet Referee or the Meet director to be deck entered. A $10.00 deck registration fee will be charged in addition to the current registration fee. The Meet Referee must verify the application and the SD Registrar must receive payment within 5 days or a $100.00 fine will be levied against the swimmer’s team.

Deck Entries: Deck entries will be allowed if space is available and at the discretion of the Meet Referee. Deck entry swims will not be scored.

Scoring: Team scores will be kept. Individual scoring will be as follows:

**PLACE 1 2 3 4 5 6 7 8**

**POINTS 9 7 6 5 4 3 2 1**

Event Limit: **Saturday to Sunday: (Snowfox Winter Classic)**

**All Swimmers:** May enter into a maximum of 7 individual events total with no more than 4 individual events per day.

Meet Length: USA Swimming Rules require that events at a meet should be planned to run no longer than 8 hours (102.1) or 4 hours for swimmers 12 years and younger (205.3F). Entries will be input in the order they are received. When the computer generated timeline indicates time limit

has been reached, entries from the team(s) received last will not be entered into the meet. Team coaches will be notified if their entries were not accepted, and fees will be refunded. Fees will also be refunded for events or swims not completed if the Meet Referee stops the meet to comply with time limit Rules.

Seeding: All events will be seeded as mixed gender and seeded by time. All events will be swum slowest to fastest with the exception of the 500 Free & 400 IM. These events will be swum fastest to slowest and will be seeded after the positive check-in has closed.

Awards: Individual High Point awards will be given out following the conclusion of the meet. Team High Point awards will be given on Sunday following the conclusion of the meet. Awards will be distributed by age groups and gender as follows**: 6 & Under, 7-8, 9-10, 11-12, 13-14, 15 & Over.** Ribbons will be awarded 1st through 8th place finishes for individual events in each age group and gender.

Time Trials: There will be no time trials at this meet.

Entries: Teams MUST submit their entries using the Hy-Tek Team Manager program via email. An administration fee of $20 will be collected for not using windows version of Hy-Tek.

Email Entries: Email to: snofox2@gmail.com

Mail entry fees to: Snowfox Swim Team

P.O. Box 758

Sioux Falls, SD 57101

Fees: There will be a flat fee of $40 per athlete charged. This includes the SD Head Tax, Facility Fee, and Event Entry Costs

Make checks out to Snowfox Swim Team. ***There will be no refund of fees.***

Deadline: All Entries and entry must be received no later than **11:59pm on Tuesday, January 15th.**

Protests: Protests of any kind will only be accepted by the Meet Referee in writing and only from the team coach. Bothering other volunteer personnel with protests could result in disqualification of the swimmer from the event or meet.

Scratches: A scratch box will be located at the Timing Table. Please use the forms provided for all scratches and deposit them into the scratch box. Please have all scratches submitted prior to the start of each session. Scratch forms will be included in the coach’s packet or can be found at the Timing Table.

Concessions: There will be a concession stand available in the lobby for Saturday and Sunday.

Officials: Entries Chair: Clyde Smith

Meet Director: Dave Honner

Meet Referee: Russ Miller

Starter: Aaron Boerema & Tom Austin

Head Stroke & Turn: John Sommervold

Meet Marshalls: Scott Bickler & Peter Liberko

Head Timers: David Needham, Sherry Barkley, Brenda Washenberger

**Meet officials will meet the requirements of 202.3.3**

Misc: **CAMPING WILL BE AVAILABLE IN THE GYM, THE SECOND FLOOR OF THE YWCA, AND THE AEROBICS ROOM OVERLOOKING THE SWIMMING POOL. NO CAMPING ON THE POOL DECK, THIS INCLUDES SWIMMERS. HOSPTALITY AND RIBBON DISTRIBUTION WILL BE LOCATED IN THE SECOND FLOOR LOUNGE AREA. ABSOLUTELY NO GLASS OR FOOD IS ALLOWED IN THE POOL AREA. PLEASE HELP PRESERVE THE CARPET IN ANY LOCATION AT THE YWCA BY MAKING SURE YOU ARE DRY WHILE OUTSIDE THE POOL AREA.**

Clothing: Pure Blue will provide swim gear for sale on Saturday & Sunday. They will be located in the lobby area of the YWCA.

Order of Events: \*Please see the following page\*\*

Order of Events

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Friday Night: (Distance Events) |  |  |  |  |  |
| Girls | Event | Boys |  |  |  |  |
| 1 | 12 & Under 500 Free | 1 |  |  |  |  |
| 2 | 13 & Over 1000 Free | 2 |  |  |  |  |
|  |  |  |  |  |  |  |
|  | Saturday AM: Preliminaries |  |  |  | Sunday AM: Preliminaries |  |
| Girls | Event | Boys |  | Girls | Event | Boys |
| 3 | Open 400 IM | 3 |  | 17 | Open 200 IM | 17 |
| 4 | Open 200 Free | 4 |  | 18 | Open 100 Free | 18 |
| 5 | Open 100 Back | 5 |  | 19 | Open 200 Back | 19 |
| 6 | Open 200 Breast | 6 |  | 20 | Open 100 Breast | 20 |
| 7 | Open 100 Fly | 7 |  | 21 | Open 200 Fly | 21 |
| 8 | Open 500 Free | 8 |  | 22 | Open 50 Free | 22 |
|  |  |  |  |  |  |  |
|  | Saturday Afternoon: Timed Finals |  |  |  | Sunday Afternoon: Timed Finals |  |
| Girls | Event | Boys |  | Girls | Event | Boys |
| 9 | 12 & Under 200 IM | 9 |  | 23 | 12 & Under 100 IM | 23 |
| 10 | 8 & Under 25 Back | 10 |  | 24 | 8 & Under 25 Breast | 24 |
| 11 | 9 - 12 100 Back | 11 |  | 25 | 9 - 12 100 Breast | 25 |
| 12 | 12 & Under 50 Breast | 12 |  | 26 | 12 & Under 50 Back | 26 |
| 13 | 8 & Under 25 Fly | 13 |  | 27 | 8 & Under 25 Free | 27 |
| 14 | 9 - 12 100 Fly | 14 |  | 28 | 12 & Under 50 Fly | 28 |
| 15 | 12 & Under 50 Free | 15 |  | 29 | 12 & Under 100 Free | 29 |
| 16 | 12 & Under 200 Free | 16 |  |  |  |  |
|  |  |  |  |  |  |  |
|  | Saturday PM: Finals |  |  |  | Sunday PM: Finals |  |
| Girls | Event | Boys |  | Girls | Event | Boys |
| F | Open 400 IM | F |  | F | Open 200 IM | F |
| F | Open 200 Free | F |  | F | Open 100 Free | F |
| F | Open 100 Back | F |  | F | Open 200 Back | F |
| F | Open 200 Breast | F |  | F | Open 100 Breast | F |
| F | Open 100 Fly | F |  | F | Open 200 Fly | F |
| F | Open 500 Free | F |  | F | Open 50 Free | F |

SOUTH DAKOTA SWIMMING WARM-UP PROCEDURES

**8.1 The Meet Marshall and Meet Referee (or their special designees) shall monitor and enforce warmup procedures.**

**8.2** No team or unattached swimmer may warm-up unless supervised by a USA swimming member coach. Coaches and supervisors shall maintain verbal and visual contact with their swimmers throughout warm-ups.

**8.3** Every reasonable effort shall be made to equalize swimmers per lane during warm-ups.

**8.4 General Warm-ups:**

(1) There will be no diving in lanes marked “general warm-up”. Any swimmer who dives in during general warm- ups will be scratched automatically from his/her first individual event of the session.

(2) Warm-ups should last a minimum of 45 minutes, unless the Meet Referee determines that a shorter period is necessary to compensate for delays due to weather, equipment/power failure, or emergencies.

(3) Feet-first, slip-in entries only, except in designated lanes and times. Lanes will be circle swimming unless designated “Starts” by the Meet Marshal. Start lanes will be clearly marked by removing the orange cone at the start end of the pool. No circle swimming will be allowed in lanes marked as “Starts”.

**8.5 Starts (Specific Warm-ups):**

(1) Starts will be allowed by the Meet Marshal once the lane has been safely designated as a “Start” lane.

(2) Any swimmer who dives into a lane that is not marked as “Starts” will be scratched from his/her first individual event of the session.

(3) Diving and backstroke starts will be allowed from the starting end of all lanes one the lane has been safely designated as a “Start” lane. In the case of backstroke starts, no swimmer shall be on the starting block until the backstroker has completed his/her start. Swimmers in the inside lanes shall complete one length and walk back to the starting end.

(4) Relay take-offs – During the LSC Championship Meets, the Referee may permit a 5-minute relay take-off practice period, during which the take-off lanes shall be clearly designated and shall be used for nothing other than relay take-off practice at the starting end of the pool. Coaches shall insure that there are no swimmers in the lane other than those involved in the particular relay take-off practice.

(5) There will only be one start end of the pool during warm-ups.

**8.6 Mid-Meet Warm-ups/Cool-downs:**

(1) Swimmers must be supervised by a USA Swimming member Coach.

(2) There will be no diving.

(3) Circle swimming only.

(4) Coaches will determine which of their swimmers may participate in these sessions regardless of age group.

U.S Masters Swimmers Participation Waiver

Snowfox Independence Invitational (7/5/12 to 7/8/12)

All participating USMS athletes must complete this form and return it to the meet director prior to the first session of warm-ups on the first day of competition or participation in the meet will be denied.

I, *the undersigned participant*, intending to be legally bound, hereby certify that I am physically fit and have been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. As a condition of my participation in the Masters swimming program or any activities incident thereto, I hereby waive any and all rights to claims for loss or damages, including all claims for loss or damage caused by the negligence, active or passive, of the following: United States Masters Swimming, Inc., the local Masters swimming committees, the clubs, host facilities, meet sponsors, meet committees, or any individuals officiating at the meets or supervising such activities. In addition, I agree to abide by and be governed by the rules of USMS. (rule book article 203.1)

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 Print Name Date

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 Signature