

Mission Viejo Masters SCY Swim Meet Sunday, January 6th, 2013

Sanction by Southern Pacific Masters Swimming for USMS, Inc. Sanction #333-S002

Facility: Mission Viejo Pool is an outdoor, 25-yd. by 50-m competition pool at the Marguerite Aquatic Center, 27474 Casa Del Sol, Mission Viejo.

Directions: From the north or south, take the I-5 Freeway to the Alicia Parkway exit in Mission Viejo. Go east (away from the ocean) to Trabuco Road. Turn right on Trabuco to Marguerite Parkway. Go left on Marguerite to Casa Del Sol, turn right onto Casa Del Sol, and turn into the driveway for pool parking.

Rules: United States Masters Swimming rules will govern. Current SPMS meet procedures will be enforced and take precedence over any errors or omissions on this form. The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person. All events are timed final. Swimmers are limited to a total of 4 individual events, not including relays. Age on January 6th determines age group for the meet. You must be at least 18 to compete.

Entries: On-line registration is preferred. The pre-entry postmark deadline is Saturday, December 29, 2012. Deck registration is permitted. Deck entries will close at 8:00 a.m. for the 500 yd. Freestyle and 400 yd. Individual Medley, and at 10:30 a.m. for all other events.

Seeding: All events will be deck seeded slowest to fastest, by entered time. Check in is not required in order to be deck seeded, except swimmers must check in to swim the 500 and 1000 yd. Freestyle and the 400 yd. Individual Medley.

Relays: All relays will be deck entered on SPMS relay forms available at the meet. Relay fees are \$2.00 per relay due upon entry. For each relay swimmer who is not entered in individual events, a fee of \$10.00 and a signed liability release must be submitted with the relay entry.

Awards: Individual: MVN ribbons for places 1 to 3. Relay: MVN ribbons for first place.

Entry Fees: \$25.00 per swimmer flat fee. Deck entries allowed for a total of \$35.00.

Checks payable to: Mission Viejo Nadadores (MVN). Mail consolidated entry card, a copy of your 2013 USMS card, and check to: Mission Viejo Nadadores — Mark Moore, 33055 Dolphin Ct., San Juan Capistrano, CA 92675

Questions: Meet Director, Mark Moore (949) 489-1847; coachmark@mastersmvnswim.org.

Snack Bar: Hot and cold drinks, snacks, and food will be available for purchase.

Sunday, January 6th, 2013

Warm-up at 7:30 a.m.

Meet starts at 8:30 a.m.

1. 500 yd. Freestyle (check-in required)

2. 400 yd. Individual Medley (check-in required)

Additional warm-up after 400 IM

Event #3 will start no earlier than 11:00 a.m.

3. 200 yd. Freestyle

4. 50 yd. Butterfly

5. 100 yd. Backstroke

6. **25 yd. Freestyle***

7. 200 yd. Medley Relay (men, women, or mixed)

8. 200 yd. Individual Medley

9. 50 yd. Breaststroke

10. 100 yd. Freestyle

11. **25 yd. Breaststroke***

12. 100 yd. Butterfly

13. 50 yd. Backstroke

14. 200 yd. Freestyle Relay (men, women, or mixed)

15. **25 yd. Butterfly***

16. 100 yd. Breaststroke

17. 50 yd. Freestyle

18. **25 yd. Backstroke***

19. 100 yd. Individual Medley

20. 200 yd. Fun Fin Relay

21. 1000 yd. Freestyle (check-in required)

***25 yd. events are not recognized by USMS and will not be submitted for Top Ten considerations.**