

2013 CHECK OFF CHALLENGE EVENT TRACKING SHEET

Check off the events as you complete them throughout the year! Best of success!

Event	Date Completed	Time	Location	Comments
50 Freestyle				
100 Freestyle				
200 Freestyle				
400/500 Freestyle				
800/1000 Freestyle				
1650/1500 Freestyle				
Open Water Swim				
50 Backstroke				
100 Backstroke				
200 Backstroke				
50 Breaststroke				
100 Breaststroke				
200 Breaststroke				
50 Butterfly				
100 Butterfly				
200 Butterfly				
100 Individual Medley				
200 Individual Medley				
400 Individual Medley				
800 Individual Medley				