Sunday, December 9, 2012 AGUA Masters SC Meter Sprint Classic Sanctioned by the Metropolitan LMSC for USMS, Inc. Sanction #062-14

Facility	Asphalt Green AquaCenter is located between 90th-92nd Streets and York Avenue in Manhattan; main entrance at 1750 York Avenue and
5	91st Street. Competition will be in an eight-lane 25 meter course, with adjacent 20-yard lanes for continuous warm-up and cool down.
Directions	By Bus: Take the M86 or M31 to the York Avenue and 91st Street stop. The AquaCenter is across the street.
	By Subway: Lexington Avenue 4, 5, or 6 train to 86th Street station. Walk east to York Avenue and north to 91st Street.
	By Car from Uptown: Travel south on the FDR Drive. Exit at 96th Street and continue straight to York Avenue.
	By Car from Downtown: Travel north on FDR Drive to 96th Street exit. Turn left at second stoplight. Continue straight to York Avenue.
	Discounted parking for swim meet participants available at The Andover Garage, 1675 York Avenue between 88th and 89th Streets,
	and at The Hamilton Garage, 1735 York Avenue between 89th and 90th Streets. Validate parking ticket at facility front desk.
Eligibility	Open to all 2012 or 2013 USMS-registered swimmers age 18 and older. Age determination date for this meet is age as of December 31,
0 3	2012. Note: You cannot register with USMS until you are 18 years old.
	Retrieve USMS registration number/card online at: https://www.clubassistant.com/club/usms_member_card_request.cfm
	Not a USMS member? No problem. Register with USMS for this meet online at: http://www.usms.org/reg/
Rules	2012 USMS rules will govern this meet. NO DIVING permitted during warm-up except for in designated one-way sprint lanes. Swimmers
	must enter the water in a cautious and controlled manner. Failure to comply with no diving rule may result in expulsion from meet.
Schedule	Check-In: 4:30-5:15PM / Warm-Up: 5:00-5:40PM / Start: 5:50PM / Finish: No later than 8:00PM.
Check-In	Positive check-in required for all events. Check-in begins at 4:30PM and will end promptly at 5:15PM. All swimmers must check-in; if you do
	not check in, you will be scratched from your events.
Seeding	Swimmers will be seeded in heats according to entry time, not by age or gender. Heats will be contested slowest to fastest; "NT" (no time)
	entries will be seeded in the first heat of an event. All events will be seeded on event day after swimmer check-in has closed at 5:15PM.
	Heat sheets will be posted on pool deck.
Entry Limit	Each swimmer is permitted to enter and swim a maximum of four (4) individual events.
Entry Times	Enter SHORT COURSE METER times for all events. An automated online utility to calculate SCM entry times is available at:
	http://www.swimmingworldmagazine.com/results/conversions.asp
Split Times	Any swimmer who intends to post a USMS top ten, USMS national record or FINA world record split time must submit official split time
	request in writing to computer table prior to conclusion of meet. Official split time request forms will be available at meet. Note: Initial
	backstroke split requests must be submitted PRIOR to swim.
Deadline	Online registration CLOSES at 11:59PM ET on Thursday, December 6, 2012. Mail-in paper entry RECEIPT (not postmark) deadline is
	Monday, December 3, 2012. No late, email, phone or fax entries accepted - no exceptions.
Entry Fee	\$25.00 flat individual entry fee.
Register	Online meet registration with a credit card is strongly recommended for convenience, speed and accuracy. Credit card statement will
	reflect a charge by Club Assistant.com Event Billing. Register online until 11:59PM ET on Thursday, December 6, 2012 at:
	https://www.ClubAssistant.com/club/meet_information.cfm?c=1542∣=4202
By Mail	Mail fully executed entry form with legible copy of current 2012 or 2013 USMS registration card and \$25.00 check or money order made
	payable to Asphalt Green to: Dominic Latella, 555 East 90th Street, New York, NY 10128. Include a stamped, self-addressed envelope for
	entry receipt confirmation. Legibly fill in all contact info should we need to reach you to resolve an entry discrepancy.
Food	With the exception of plastic bottled water or sports drinks, facility management prohibits food and beverages on pool deck or in locker
	rooms. A full-service café is located on the second level of the aquatic center and there are multiple water fountains on pool deck.
Results	Results will be posted online within 48 hours of meet conclusion at <u>www.metroswim.org</u> and <u>www.aguamasters.org</u> .
Questions	Direct inquiries to Meet Director Dominic Latella at <u>dlatella@asphaltgreen.org</u> .

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INDIVIDUAL MEET ENTRY FORM

Swimmers are urged to use online registration for convenience and accuracy. Online registration closes at 11:59PM ET on Thursday, December 6, 2012; mail-in entry must be RECEIVED (not postmarked) by Monday, December 3, 2012. Enter SC METER times for all events. Print neatly, filling in all contact info should we need to reach you to resolve a discrepancy. Automated SC Meter entry time utility at: <u>http://www.swimmingworldmagazine.com/results/conversions.asp</u> Online meet registration at: https://www.ClubAssistant.com/club/meet_information.cfm?c=1542&smid=4202

#	Event I	Description	SCM Entry Time
1	Mixed	100 SCM Freestyle	
2	Mixed	50 SCM Breaststroke	
3	Mixed	100 SCM Backstroke	
4	Mixed	50 SCM Butterfly	
5	Mixed	200 SCM Individual Medley	
6	Mixed	50 SCM Freestyle	
7	Mixed	100 SCM Breaststroke	
8	Mixed	50 SCM Backstroke	
9	Mixed	100 SCM Butterfly	
10	Mixed	100 SCM Individual Medley	

\$25.00 flat individual entry fee payable online with credit card, or by mail via check or money order payable to <u>Asphalt Green</u> and mailed with fully executed entry form, legible copy of current 2012 or 2013 USMS registration card to: Dominic Latella, 555 East 90th Street, New York, NY 10128

USMS LIABILITY RELEASE: "I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS." Use of Image/Likeness: I grant permission to U. S. Masters Swimming and its affiliates to use my likeness and/or image in photographs, video, motion pictures, recordings, or any other record

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SIGNATURE		DATE		
PRINT NAME			GENDER (circle one): M F	
BIRTH DATE/ m m d d y y y y	AGE (as of 12/31/12)	CLUB ABBREVIATI	ONas per your USMS registration card	
DAY PHONE ()	EVE	PHONE ()		
E-MAIL ADDRESS				