**The DAC Short Course Meters Championship Saturday, December 8, 2012 USMS Sanction # 322-S005**

**Facility:**  The Denver Athletic Club

 1325 Glenarm Place

 Denver, Colorado 80204

 8 Lane – 25 Meter Pool

**Timing:** Automatic, Colorado Time System 5 with touch pads and back-ups.

 Hy-Tek Meet Manager software.

**Times:** Distance session warm-up: **6am to 6:30am**. Regular session warm-up: **8am to 8:45am**

**Age Groups:** 19-24, 25-29, 30-34, 35-39, 40-44….100+

**Eligibility:** Only current USMS registered members with a current USMS card.

**Entries:**  **Entries are due by Friday, November 30th at 6:00 PM.**

Entry fee will be **$30** for up to 5 events.

 **The 1500 FR and the 400IM are limited to the first 12 entries received, regardless of gender.**

Make checks payable to: **The Denver Athletic Club**

**Team manager entry file is preferred: Please mail your entry fee check(s)/USMS card separately.**

**Mailed entries must include consolidated entry forms, entry fees and a copy of your**

**USMS card. Psyche sheets will be posted on the DAC website at**

[**www.denverathleticclub.org**](http://www.denverathleticclub.org) **under “DAC News” on December 5th.**

Send Entries/Checks/USMS card copy to Entry Chairman: Rich LeDuc 2029 Fairfax St. Denver, CO 80207

 Please contact Entry Chairman Rich LeDuc with entry questions at rerikleduc@gmail.com

 Please contact Meet Director Danny Gall with any other questions at dgall@denverathleticclub.org

**Late Entries:** Late entries are $10 per event (plus $30) and will only be accepted if **both** the following requirements are met:

1. Late entries are received at least **30 minutes prior to the start of the session**.
2. The late entry does not create an additional heat.

**Rules:** Rules to be enforced per the 2012 USMS Rule book

**Events**

**Women 6:30AM Distance Session (warm-up 6am to 6:30am) Men**

 **1 1500M Freestyle 2**

 **3** **400M Individual Medley 4**

 **9AM Regular Session (warm-up 8am to 8:45am)**

 **5 50M Butterfly 6**

 **7 200M Backstroke 8**

 **9 50M Freestyle 10**

 **11 200M Breaststroke 12**

 **13 100M Butterfly 14**

 **15 200M Freestyle 16**

 **17 100M Backstroke 18**

 **19 200M Individual Medley 20**

 **21 50M Breaststroke 22**

 **23 100M Freestyle 24**

 **25 50M Backstroke 26**

 **27 400M Freestyle 28**

 **29 100M Individual Medley 30**

 **31 100M Breaststroke 32**

 **33 200 Butterfly 34**