Saturday 3 November 2012 SC Yard Masters Swim Meet hosted by South Fork Masters at YMCA East Hampton RECenter Sanctioned by the Metropolitan LMSC for USMS, Inc. #062-15

- FACILITY 6-lane 25-yard pool; electronic timing system with scoreboard display. One lane will remain available in main pool for continuous warm-up and cool down through entire meet. NO DIVING permitted during warm-up except in designated one-way sprint lanes. Driving directions, mass transit options, parking, local hotels, and all meet-related information is posted in the "Events" section of the East Hampton Hurricanes website at <u>www.ehyhurricanes.com</u>.
- ELIGIBILITY Open to all USMS-registered swimmers age 18 and older; age determining date for this meet is November 3, 2012. A legible copy of your 2012 USMS registration card MUST be included with entry.
- SCHEDULE Warm-Up 12:30PM to 1:20PM / Start 1:30PM. Time line will be available at the meet.
- ENTRY LIMIT Swimmers are permitted to enter a MAXIMUM of five (5) individual events. Entries will be accepted on a first-come, first served basis until the four-hour meet time limit is reached.
- ENTRY TIMES Enter YARD times for all events. "NT" entries will NOT be accepted for the 1650 Yard Freestyle.
- CHECK-IN Positive check-in by 1:45PM is required for the 1650 Yard Freestyle. Swimmers who do NOT check in will be SCRATCHED from the event.
- SEEDING Events will be contested in heats, slowest to fastest, with men and women swimming together based on entry time. All 50-100-200 yard events will be pre-seeded. The 1650 Yard Freestyle will be deck seeded on event day shortly after check-in deadline has ended. Heat sheets will be available at the meet.
- ERRORS Online heat sheet discrepancies should be brought to the attention of the computer operator IN WRITING ON EVENT DAY during WARM-UP time period. VSuggestion: Make a copy of your meet entry and bring copy along with you to swim meet for reference.
- SPLIT TIMES Any swimmer who intends to post a USMS Top Ten or National Record split time attempt during an individual event must submit request IN WRITING PRIOR TO CONCLUSION of swim meet. Exception: Initial BACKSTROKE distance split time request must be submitted IN WRITING PRIOR TO SWIM. Split time request forms will be available at meet; submit to computer operator.
- AWARDS For first through third place in all individual events by gender and age group, e.g. 18-24, 25-29, 30-34, 35-39, and so forth. No awards will be mailed or available for pick-up AFTER event day.
- ENTRY FEE \$30 entry fee payable by check or money order to <u>YMCA East Hampton RECenter</u>. Entry fees are NON-REFUNDABLE and non-transferable.
- DEADLINE Entry form, entry fee, and legible copy of current **2012** USMS registration card must be RECEIVED (not ostmarked) by 6:00PM on Friday October 19, 2012. Mail entry at least FIVE (5) business days BEFORE entry RECEIPT deadline. No telephone, fax, electronic, event day or late entries accepted. Fill in ALL CONTACT INFORMATION on entry form to enable us to reach you if entry limit is exceeded or to resolve a pre-meet entry discrepancy.
- MAIL TO YMCA East Hampton RECenter, 2 Gingerbread Lane, East Hampton, NY 11937.
- CONFIRM Include a stamped, self-addressed return envelope for entry receipt confirmation.
- QUESTIONS Direct inquiries to Tom Cohill (Tel 516-459-4377 / E-Mail twc5@aol.com).

Saturday November 3, 2012 Yard Meet Entry Form Warm-Up: 12:30PM-1:20PM / Meet Start: 1:30PM Enter YARD times for all events. Swimmers are permitted to enter and swim a maximum of five (5) individual events.

#	EVENT D	ESCRIPTION	ENTRY TIME	#	EVENT	DESCRIPTION	ENTRY TIME
1	Mixed 20	00 Yard Freestyle		9	Mixed	100 Yard Breaststroke	
2	Mixed 10	00 Yard Backstroke		10	Mixed	1650 Yard Freestyle	
3	Mixed 20	00 Yard Butterfly			No "N7	" entries accepted; check-in Ei	NDS 1:45PM
4	Mixed 5	50 Yard Breaststroke		11	Mixed	100 Yard Individual Medley	
5	Mixed 20	00 Yard Individual Medley		12	Mixed	50 Yard Backstroke	
6	Mixed 5	50 Yard Freestyle		13	Mixed	100 Yard Butterfly	
7	Mixed 20	00 Yard Backstroke		14	Mixed	200 Yard Breaststroke	
8	Mixed 5	50 Yard Butterfly		15	Mixed	100 Yard Freestyle	

\$30.00 entry fee by check or money order payable to YMCA East Hampton RECenter must be RECEIVED (not postmarked) by 6:00PM on Friday October 19, 2012. A LEGIBLE copy of your current 2012 USMS registration card must accompany fully executed entry form. MAIL entry form, payment and USMS card copy to: YMCA East Hampton RECenter, 2 Gingerbread Ln, East Hampton, NY 11937.

LIABILITY RELEASE: "I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS."

SIGNATURE	DATE					
PRINT NAME	GENDER <i>(circle one)</i> : M F					
DATE OF BIRTH/ AGE CLUB ABBREVIATION						
DAY TEL (EVE TEL (
CLEARLY PRINT YOUR E-MAIL ADDRESS						

>>>REMINDER: Entry form with payment and legible copy of 2012 USMS registration card must be RECEIVED (not postmarked) by 6:00PM on Friday, October 19, 2012<<<