



2012 INDIVIDUAL ENTRY FORM
SWIM COMPETITION Sept 23, 2012



SAN DIEGO SENIOR GAMES (AGE 50 BY 12/31/12)

Deadline - Early Registration 8/25/12; Final Late Registration 9/14/12 (postmarked)

COMPLETE ALL INFORMATION (FRONT & BACK) AND SIGN THE RELEASE OF LIABILITY

Personal information

Grid for LAST NAME, FIRST NAME, MI

Grid for STREET ADDRESS

STREET ADDRESS

Grid for CITY, STATE, ZIP CODE

Grid for TELEPHONE NUMBER WITH AREA CODE, AGE ON 12/31/2012, BIRTHDATE (MM, DD, YYYY), FEMALE MALE

EMAIL ADDRESS:

T-SHIRT SIZE: (circle) S / M / L / XL / XXL / XXXL

NO T-SHIRT (check if T-shirt is NOT wanted)

Person to contact in case of emergency

Name: Phone: Relationship:

RELEASE OF LIABILITY

PHOTO & FILM WAIVER: I hereby grant full permission to the organizers, their agents, employees, and representatives to use my name, voice, and/or picture or film in any broadcast, telecast, advertising, promotion or other use in relation to the San Diego Senior Games Association and the San Diego Senior Olympics.

LIABILITY WAIVER: In consideration of being allowed to participate in any way in the San Diego Senior Games Association (SDSGA) program, related events and activities, the undersigned acknowledges, appreciates and agrees that: (1) The risk of injury from the activities involved in these programs is significant, including the potential for permanent disability and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury to me does exist; and, (2) I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERS, and assume full responsibility for my participation; and, (3) I willingly agree to comply with the stated and customary terms and conditions for participation. If I observe any unusual significant concern in my readiness for participation and/or in the program itself, I will remove myself from participation and bring such to the attention of the nearest official immediately; and, (4) I, for myself and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY RELEASE THE SDSGA, its officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property incident to my involvement or participation in these programs, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law. (5) I, for myself and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY INDEMNIFY AND HOLD HARMLESS all the above Releasees from any and all liabilities incident to my involvement or participation in these programs, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.

I have read this release of liability and assumption of risk agreement, fully understand its terms, that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement.

Print Name: SIGNATURE:

PAYMENT INFORMATION

Registration Fee \$ 30 (Fee includes one T-Shirt)

Swim Event Fees (\$3 per event) Late Registration Fee (postmarked 8/26/12 - 09/14/12 for swimming) + \$10

San Diego Senior Games Assn. Donation Deductible IRS 501(c)(3) Thank You!

Total Amount Enclosed \$ PLEASE DO NOT SEND CASH

Make check payable to & mail to: SDSGA 4740 Murphy Canyon Rd, Ste. 200 San Diego CA 92123

Questions: Swimming Commissioner Kenton Jones kenton@sdseniorgames.org 858-243-3960

Swimming Entry form on page 2

2012 INDIVIDUAL ENTRY FORM - SAN DIEGO SENIOR GAMES SWIMMING COMPETITION –PAGE 2

PLEASE COMPLETE PAGE 1 & 2 - SIGNATURE required on page 1

**Mail entry fee (check or money order) & both completed pages to:
SDSGA, 4740 Murphy Canyon Rd, Ste. 200, San Diego CA 92123**

Write an entry time (the time you will swim for the event) on the line to the left of each event which you are entering. Please do NOT enter NT or “no time.” Estimate your time if necessary. An entry time is needed in order to seed the meet (to place swimmers in heats and lanes). **Competition age is as of 09/23/12.**

PRINT YOUR NAME _____

Entry Time	Swimming Event order
_____	SW – 01 500 yd Free
_____	SW – 02 50 yd Breast
_____	SW – 03 50 yd Breast (Novice)*
_____	SW – 04 200 yd Back
_____	SW – 05 200 yd IM
_____	SW – 06 50 yd Fly
_____	SW – 07 100 yd Free
_____	SW – 08 200 yd Breast
_____	SW – 09 50 yd Back
_____	SW – 10 50 yd Back (Novice)*
_____	SW – 11 100 yd IM
_____	SW – 12 100 yd Fly

Entry Time	Swimming Event order
_____	SW – 13 50 yd Free
_____	SW – 14 50 yd Free (Novice)*
_____	SW – 15 100 yd Breast
_____	SW – 16 100 yd Back
_____	SW – 17 200 yd Fly (limited)
_____	SW – 18 200 yd Free
_____	SW – 19 400 yd IM (limited)

USMS # is NOT required. Masters swimmers providing a USMS number & USMS card copy will have official times submitted for USMS National Top Ten Times. Recognized by San Diego-Imperial Local Masters Swimming Committee for USMS Inc. Recognition #442-MS-04-Y-R
USMS # _____ (attach copy)

25th ANNUAL SAN DIEGO SENIOR GAMES 2012 – Sunday September 23, 2012

BILL EARLEY MEMORIAL SWIM MEET- Recognized by SI LMC for USMS Inc. #442-S003, ref 442-MS-04Y-R

DATE: **Sunday, September 23, 2012** AUTOMATIC TIMING WILL BE AVAILABLE

TIMES: **Warm-up: 9:00 am, Competition starts at: 10:00 am**

SITE: **Coggan Family Aquatic Complex, 800 Nautilus Street, La Jolla, CA 92037**

FEES: **\$ 3.00 per event for each event entered with a 5 event total limit, plus the \$ 30 registration fee.**
Example: For 5 events entered, fees would be: \$30 [Reg Fee] + \$15 [5 x \$3/event] = \$45 total
Early Registration deadline -8/25/12; Final Late Registration deadline 9/14/12 (postmarked).

EVENTS & AWARDS: Gold, silver, and bronze medals will be awarded by 5-year age group for men and women. *
Novice events (# 03, 10, & 14) are limited to swimmers who have not competed since turning age 50. Novices may swim up to 5 events but not 2 of the same stroke & distance (i.e. not two 50 free events). Entry is limited for event #17 - 200 yd Fly & event #19 - 400 yd IM.

ENTRY TIMES: Submit yards entry times (the time that you think you will swim in your event). Estimate if necessary. **Do not submit “No Time”.** Entry times are required in order to place you in the proper heat and lane.

ELIGIBILITY: Open to swimmers age 50+ as of 12/31/12. USMS membership is **NOT** required for this **USMS recognized meet**. Times will be submitted to USMS Top Ten if USMS # and card copy are included/attached to form.

RULES: Meet is **pre-seeded by entry time**, slow to fast, ages and sexes mixed. US Masters Swimming rules (<http://www.usms.org/rules/>) apply for all events including Novice. Violation of stroke, turn, start, and other rules will result in disqualification. Age group is determined by your age on the meet date (USMS Rules). Remember, volunteers are running the meet; your cooperation is appreciated.

INFO: **SDSGA office 619-226-1324 or
Swimming Commissioner Kenton Jones, kenton@sdseniorgames.org, 858-243-3960**

DIRECTIONS to Coggan Family Aquatic Complex Pool, 800 Nautilus St. La Jolla, CA 92037: (25 yard x 50 meter outdoor pool located on the northwest corner of Nautilus and Fay Avenue adjacent to and east of La Jolla High School):
From the north, take I-5, exit west onto La Jolla Village Drive. Turn left at Torrey Pines Rd. Continue on Torrey Pines for about 3.2 miles. Turn left at Girard ("T" intersection with a light), turn immediately right onto Pearl, and turn immediately left onto Fay Avenue; drive about 0.5 mile. The pool and parking are located on the right.
From the south or north, take I-5, exit at Grand/Garnet Ave; turn west (toward ocean) at Garnet, turn right onto Soledad Mt Road. Turn Left onto La Jolla Scenic Drive South and immediately turn right onto Nautilus St. Turn Right on Fay Ave. The pool and parking are located on the northwest corner of Fay and Nautilus. Pool access and parking are from Fay Ave.