



U. S. Masters Swimming 2012 APPLICATION FOR RECOGNITION

The following package must be submitted to apply for a recognition.

1. This completed application.
2. Copy of proposed meet announcement/entry form, where applicable. Do not distribute forms until official recognition is received. The recognition number must be shown on the final form.
3. A check in the amount of \$ _____ for the recognition fee made payable to _____.

An event recognized by USMS, Inc., through one of its Local Masters Swimming Committees (LMSC), must meet all of the following criteria:

1. Conduct of the event must be in strict compliance with applicable swimming rules and administrative regulations of USMS, Inc. A current USMS rule book must be available at the event.
2. Recognition for any meets held outside the jurisdiction of USMS, other than those organized under the auspices of FINA, shall be obtained from the Executive Committee.
3. Any income derived from the event must be used for the general welfare of the promoting organization as a whole. A recognition may not be issued to any organization whose interest in sports and games is purely commercial, or where the event is to be promoted solely for the profit or the advertising value to be derived there from.
4. Entry forms and programs must bear the statement "Recognized by (LMSC name) for USMS, Inc." and the recognition number.
5. If this event is a competition and the pool does not meet mandatory facilities standards, then entry forms and programs must bear the statement "Times achieved at this competition will not be submitted for USMS Top 10 or record consideration." This language must immediately follow the recognition statement described in criterion #4 above.
6. Times achieved at events may be considered for USMS national records and Top 10 times if the event has been granted a recognition and a designated USMS observer is present and verifies in writing that the conduct of the competition conforms to the relevant USMS swimming rules and administrative regulations. Times achieved at events sanctioned by USA Swimming or a FINA member federation, and conducted in strict compliance with all mandatory USMS swimming rules as defined in Part I of the USMS rule book shall be considered for USMS national records and Top 10 times without formal application for recognition. It is the responsibility of the swimmer to submit times obtained in recognized events with complete documentation to the appropriate LMSC Top 10 Recorder and the LMSC Sanctions Chair.
7. Events labeled as 'Choice' or 'Open,' where any stroke is allowed, will not be eligible for records or Top Ten and cannot be included in a Top Ten submission.
8. If this event is a competition, results and required facility certifications *must* be submitted in proper format within 14 days of the event to the LMSC Top 10 Recorder and Sanctions Chair. See Appendix B of the rule book (PREPARATION OF MEET RESULTS and POOL LENGTH CERTIFICATION form) for proper format. Results *should* also be submitted to meetresults@usms.org for inclusion in the unofficial current top times database.

(Name of club/organization) Kansas Senior Olympics (Shawnee County Parks and Recreation) hereby applies for a recognition to hold a swimming XX competition _____ clinic _____ exhibition _____ fitness event _____ other _____ to be held at Capital Federal Natatorium; Hummer Sports Park on Saturday, September 22, 2012 and agrees that the above will be conducted in accordance with the applicable USMS rules and regulations.

Course length: XX 25 yard (SCY) _____ 25 meter (SCM) _____ 50 meter (LCM)

One or both ends of course is a bulkhead: _____ yes _____ no

Pool Length Certification Form: XX is attached
 _____ is on file in the LMSC with (name and phone no.) _____
 _____ is not certified (see criterion #5 above)
 _____ will be measured the day of the event (if one or both ends of course is a bulkhead)

Signature of requestor: _____ Address: _____

Name: Becky Sewell Address: 1534 SW Clay, Topcka, KS 66604

Title: Director, Kansas Senior Olympics E-mail: becky.sewell@sncs.us

Telephone: 785-368-2451 Date submitted: 8-27-12

Send completed package to: Name of LMSC Sanctions

Chair: _____

Address: _____



USA SWIMMING

MEASUREMENT CERTIFICATION OF PERMANENT RACING COURSE

City and State in which pool is located: Topeka, Kansas
 Name of Pool Owner or Operator: Topeka Public Schools
 Mailing Address: 530 SW Tuffy Kellogg Dr.
 City, State, Zip: Topeka, KS 66606
 Pool Name: Capitol Federal Natatorium
 Pool Address (if different from above) _____
 City, State, Zip: _____
 LSC: Missouri Valley Swimming (If you do not know your LSC [Click Here](#))

RELEVANT USA SWIMMING REGULATIONS

- Rule 103.3.1.C Dimensional Tolerance: Against the required length, a tolerance of plus (+) 0.03 meters (1 and 3/16ths of an inch) in a vertical plane extending 0.3 meters (12 inches) above and 0.8 meters (2 feet, 7 and 1/2 inches) below the surface of the water at all points of both end walls.
- Rules 103.3.1.D When automatic officiating equipment touch pads are used at one or both ends, the course shall be of such length that ensures the required distance between the two touch pads or between either pad and the opposite end of the course.
- Rule 104.2.2.C (4) (a) The exact length of the course, measured by a steel tape or other acceptable measuring device in feet and inches and fractions of an inch, or in meters and centimeters, must be attested to by an accredited surveyor or engineer.
- Rule 104.2.2.C (4) (b) A statement of the conditions under which the course was measured must be included.
- Rule 104.2.2.C (4) (c) Where a moveable bulkhead is used, course measurement of each lane must be confirmed at the conclusion of the session during which the time was achieved. Confirmation of length before sessions, and at the conclusion of the meet may be attested to by that person designated or approved by the Referee or meet committee, and such measurements shall be kept on file for twelve (12) months thereafter if a national or world record is claimed.

NOTE: If two or more racing courses are offered in the same pool (i.e., 50m x 25y), a separate form for each course must be filed.

MEASUREMENTS (ANSWER ALL QUESTIONS)

Check off each item below:

This pool is: _____ Long Course Short Course

This pool is: indoors _____ outdoors

There are touch pads: _____ one end _____ both ends no touch pads

	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
YARDS	24.99	24.99	25.00	25.00	25.00	25.00	25.00	25.00
METERS	22.85	22.85	22.86	22.86	22.86	22.86	22.86	22.86

WATER DEPTH (IN FEET)

At starting end: 13.0 at turning end 4.5 at course center 13.0

In my opinion, the provisions of USA Swimming Rules 103.3.1 and 104.2.2 as outlined on the previous page have been compiled with in subject pool, with the following exceptions:

No exceptions

Measurements were made on 5-18, 20 10, at 9:00 AM/PM under normal competitive temperature conditions and to an accuracy of at least .01 feet (1/8 inch or 3.00 mm) in short course pool and at least 5.0mm in long course pool.

At the time of measurement, I was not in the employ of the pool builder.

The following equipment was used for measurements:

Trimble 5600-3600 Robotic Total Station

Print Name Robert J. Borsick

Signature [Handwritten Signature]

Title/Degree: Kansas Registered Surveyor

Address: 1200 Executive Dr.

City, State, Zip: Topeka, KS 66615

Telephone: (785) 272-2252

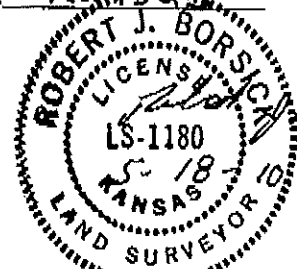
Check one:

Registered Surveyor

_____ Registered Engineer

License # 1180

State Kansas



Mail this completed form to:

FACILITIES DEVELOPMENT DEPARTMENT
USA SWIMMING
1 OLYMPIC PLAZA
COLORADO SPRINGS, CO 80909-5770

To receive a confirmation of receipt and acceptance, please CLEARLY PRINT your name and email address below:

Name: Michael Godbout

E-mail address: mgodbout@topeka.k12.ks.us



SWIMMING



Date: Saturday, September 22, 2012

Time: 8:30 a.m. Locker rooms open
9-9:30a.m. Warm-up time. No admission to pool prior to 9 a.m.
9:30 a.m. Competition begins

Venue: Capitol Federal Natatorium, Hummer Sports Park, 530 Sports Park Drive.
(Lanes will be set at 25 yards)

Backstroke: 50, 100, 200 Yards
Breaststroke: 50, 100, 200 Yards
Butterfly: 50, 100 Yards
Freestyle: 50, 100, 200, 500 Yards
Individual Medley: 100, 200 Yards/4 Strokes

Qualifying Rules for 2013 National Competition:

1. All first, second, third and fourth place winners as well as athletes meeting this sport's NSGA minimum performance standards in competition at the 2012 KSO will qualify for the 2013 Summer National Senior Games. If any of these are out-of-state residents, the appropriate number of highest placing Kansas residents will also qualify.

Entry Regulation for 2013 National Competition:

1. At the 2013 Summer National Senior Games, swimmers will be eligible to swim two bonus events. Bonus events may only be in the same stroke an athlete qualified in and can only be of a lesser distance not greater. Athletes must provide times from the last twelve months of their selected bonus events.
2. Athletes who qualified in the 200-yard individual medley may select only the 100-yard individual medley as a bonus event.
3. Swimmers must swim in their qualified events at the 2013 Summer National Senior Games in order to pick a bonus event from that stroke.
4. Swimmers may enter a maximum of six events, including bonus events.
5. The 500-yard freestyle and the 200-yard individual medley events are not available as bonus events; swimmers must qualify in these events to enter them.
6. Swimmers must provide their own suits, caps, goggles, towels, etc.

KSO 2012 Entry Regulations:

1. Swimmers must provide their own suits, caps, goggles, towels, etc.
2. Swimmers are not limited on the number of events they may enter.

KSO 2012 Format:

1. All swimming events will be timed finals and will take place in this order: 200 Free, 100 Fly, 50 Breast, 200IM, 100 Back, 50 Free, 200 Breast, 100 IM, 200 Back, 100 Free, 50 Fly, 100

Breast, 50 Back, and 400 Free. The order of participation will be oldest to youngest, women followed by the men.

2. Warm-up time will be available from 9 -9:30am and at other specified times during the day.
3. The meet will be seeded, women then men by time—slowest to fastest--and will be scored by age division.

KSO 2012 Sport Rules:

1. This meet will be conducted in accordance with United States Masters Swimming (USMS) rules, except as modified herein. For a copy of these rules, contact:
United States Masters Swimming, Inc.
655 North Tamiami Trail
Sarasota, FL 34236
Phone: 800-550-7946
www.usms.org
2. The major points of the rules include (KSO 2012 will have stroke judges enforcing the following rules. Please be sure you are familiar with the requirements of each stroke):
 - a. **STARTS:** The forward start may be taken from the starting blocks, the pool deck or a push from the wall. The backstroke start is taken from the wall. A false start will result in disqualification at KSO 2012, if in the meet director's opinion, it was deliberate.
 - b. **TURNS:** The breaststroke and butterfly turns must be done with both hands touching the wall simultaneously. The backstroke and freestyle events require some part of the body to touch the wall.
 - c. **BACKSTROKE:** There are no rules pertaining to arm or leg movements. The swimmer is allowed to turn over on his stomach during the turn prior to touching the wall.
 - d. **BREASTSTROKE:** The appropriate stroke is required.
 - e. **BUTTERFLY:** The appropriate stroke is required. The whip kick or the dolphin kick may be used exclusively or interchangeably while doing the butterfly.
 - f. **FREESTYLE:** Swimmers must touch the wall at each turn and at the finish. Any stroke may be used and swimmers may switch strokes whenever they wish, except that in an individual medley event, freestyle means any stroke other than butterfly, breaststroke, or backstroke.
 - g. **MEDLEY:** The order of strokes in the individual medley is butterfly, backstroke, breaststroke and freestyle. Rules for the individual strokes govern strokes and turns.
 - h. **GENERAL:** Any swimmer who uses improper methods to obtain an advantage over his competition will be disqualified from that event.

Conduct of Swimmers: Good sportsmanlike conduct is required of Swimmers at all times. Any Swimmer displaying less-than-desirable conduct at any time towards another Swimmer, meet official, volunteer or any KSO staff member will be disqualified from KSO competition. The KSO Director and Event Coordinators will enforce this rule at all time.

SWIMMING MINIMUM PERFORMANCE STANDARDS*

(based on short-course yards)

Conversion

Metric Times: Multiply by 0.893 to get yardage times.

Yardage Times: Multiply by 1.118 to get metric times.

Age	50-Yard Backstroke		100-Yard Backstroke		200-Yard Backstroke	
	Men	Women	Men	Women	Men	Women
50-54	:36.20	:41.40	1:27.20	1:33.00	3:09.90	3:07.60
55-59	:36.33	:43.30	1:27.20	1:33.00	3:09.90	3:21.40
60-64	:37.30	:49.41	1:27.20	1:49.24	3:09.90	3:59.20
65-69	:42.30	:49.41	1:31.70	1:49.24	3:26.30	4:21.20
70-74	:45.20	:55.20	1:43.85	2:05.80	3:52.17	4:46.20
75-79	:50.10	1:00.10	1:54.44	2:16.10	4:12.90	4:52.00
80-84	:53.16	1:08.85	2:01.77	2:35.13	4:35.70	5:31.20
85-89	1:31.40	1:34.90	3:33.40	4:17.20	10:35.90	10:44.80
90+	1:50.80	2:25.17*	4:25.20	5:45.90	10:35.90	10:44.80

Age	50-Yard Breaststroke		100-Yard Breaststroke		200-Yard Breaststroke	
	Men	Women	Men	Women	Men	Women
50-54	:36.50	:47.40	1:22.70	1:43.30	3:08.40	3:59.70
55-59	:37.70	:47.40	1:22.70	1:43.30	3:09.80	3:59.70
60-64	:37.80	:51.10	1:28.60	1:58.70	3:17.60	4:31.47
65-69	:44.20	:55.10	1:37.20	2:01.20	3:39.40	4:32.90
70-74	:46.10	1:00.00	1:44.20	2:12.20	3:55.30	4:44.41
75-79	:51.80	1:09.80	1:57.90	2:39.00	4:18.58	5:43.59
80-84	:58.60	1:19.70	2:21.20	2:45.00	6:13.00	7:34.20
85-89	1:26.80	2:28.70	4:56.60	5:45.90	12:03.60	12:47.90
90+	1:36.20	3:29.90	5:29.50	5:45.90	12:03.60	12:47.90

Age	100-Yard Individual Medley		200-Yard Individual Medley		50-Yard Butterfly		100-Yard Butterfly	
	Men	Women	Men	Women	Men	Women	Men	Women
50-54	1:16.00	1:26.70	2:54.40	3:08.99	:30.90	:37.65	1:33.00	1:27.05
55-59	1:16.00	1:34.20	2:57.70	3:33.50	:32.40	:39.10	1:35.20	1:42.49
60-64	1:21.80	1:44.60	3:02.30	4:12.40	:34.20	:47.50	1:35.20	2:38.30
65-69	1:24.80	1:52.30	3:36.83	4:27.00	:37.00	:53.92	1:51.33	2:55.90
70-74	1:39.10	2:00.10	3:42.80	4:34.47	:42.20	:58.60	1:51.33	2:55.90
75-79	1:48.90	2:25.40	4:10.90	5:15.30	:49.80	1:13.60	3:22.20	4:33.80
80-84	2:17.30	2:54.50	7:57.00	8:52.60	1:35.40	1:30.00	5:18.00	5:18.00
85-89	4:16.60	5:25.60	9:30.10	12:02.80	2:03.77	3:18.20	6:11.00	6:11.00
90+	4:16.60	5:25.60	9:30.10	12:02.80	2:18.90	3:18.20	6:11.00	6:11.00

Age	50-Yard Freestyle		100-Yard Freestyle		200-Yard Freestyle		500-Yard Freestyle	
	Men	Women	Men	Women	Men	Women	Men	Women
50-54	:28.50	:34.20	1:04.20	1:13.70	2:27.20	2:46.10	7:15.30	7:32.20
55-59	:28.80	:34.80	1:06.00	1:16.90	2:27.20	2:53.70	7:15.30	7:57.70
60-64	:29.50	:36.90	1:06.00	1:26.50	2:33.60	3:08.21	7:15.30	8:24.50
65-69	:31.80	:40.60	1:12.10	1:33.30	2:57.30	3:30.00	8:09.30	9:47.50
70-74	:34.40	:41.40	1:17.30	1:36.60	3:11.59	3:48.90	8:18.70	10:48.10
75-79	:36.80	:48.10	1:26.30	1:50.00	3:36.20	4:15.78	9:50.50	11:03.30
80-84	:41.40	:59.90	1:35.70	2:23.10	3:52.68	5:25.90	11:50.90	15:05.10
85-89	1:21.20*	1:16.30	2:59.50*	2:48.60	6:27.40	8:08.70	16:46.00	26:55.30
90+	1:34.95	2:30.20	3:43.50	4:39.10	7:25.00	11:02.40	16:46.00	26:55.30

NOTE: MINIMUMS ARE BASED ON PREVIOUS NSGA RESULTS