

# New Mexico Open Water Swim Championship

September 15<sup>th</sup>, 2012

Cochiti Lake, New Mexico

Hosted by: FitFundamentals & Swim Rio Rancho

**Meet Information:** All athletes competing MUST be certified through USA Swimming or United States Masters Swimming. (One-day USMS registration is available for swimmers ages 19 and over). Start time for the 500 meter swim will be 9:00am and start time for the 1500 meter swim will be approximately 9:15am. **Meet Directors:** Jason Petty, [pejason@q.com](mailto:pejason@q.com), 505-504-0420; Andie Talmadge, [andietalmadge@msn.com](mailto:andietalmadge@msn.com), 505-239-4246

**Course:** The course will be set with buoys in a triangle pattern with a perimeter distance of 500 meters. Water temp will be between 70-75 degrees F. Participants will start in the water, and finish on the beach. 500 meter race will be 1 lap, 1500 meter race will be 3 laps. Directions: I-25 North from Albuquerque to Exit 259 (NM Hwy 22) towards Santo Domingo Pueblo. Follow the Road approximately 12 miles to the Cochiti Lake Recreation Center. Turn Right and follow the road to the boat ramp. Parking will be on the right of the boat ramp and at the top of the boat ramp.

**Timing:** Racers will wear electronic timing chips.

**Registration:** Registration is open from Aug. 1<sup>st</sup> through Sept. 4<sup>th</sup> online at [www.newmexicosportsonline.com](http://www.newmexicosportsonline.com) - under "swimming events", or mail the entry form below, postmarked no later than Sept. 1<sup>st</sup> to FitFundamentals, 2105 Golf Course Road, Ste A, Rio Rancho, New Mexico 87124. After Sept. 1<sup>st</sup> entries must be done on the day of the race prior to 7:30am and will be subject to a \$10 late entry fee. The one-day USMS registration form can also be mailed to this same address with separate check made out to: New Mexico Masters Swimming.

**Entry fee checks should be made out to: Swim Rio Rancho.**

**Entry fee:** \$25 per person for the 500 meter event; \$30 per person for the 1500 meter event (separate fee for one-day US Masters Swimming membership available for \$16.00).

Check-in and package pick-up on race day is mandatory and is open from 7:00am until 8:30am.

**Awards:** Ribbons will be given to 1<sup>st</sup> – 3<sup>rd</sup> place finishers in each age group, as follows: 7-10, 11-14, 15-18, 19-25, 26-35, 36-45, 46-55, 56-65, 66+

**Safety:** Swim caps will be provided to all swimmers and must be worn. Lifeguards (1 per 50 swimmers) will be on the water in a support craft. The course will also be monitored by safety boats and paddlers.

**Referee/Officials:** Lori Onsae

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## Entry Form

Full Name: \_\_\_\_\_ Age: (as of Sept. 15<sup>th</sup>) \_\_\_\_\_

USMS or USA Swim Membership #: \_\_\_\_\_ Sex: M F

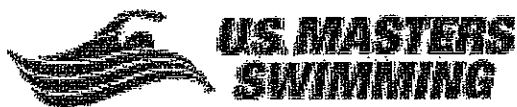
Address: \_\_\_\_\_

Phone #: \_\_\_\_\_ Race: 500 meters 1500 meters

If under age 18: Parents Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Best time in 500 yard swim (if not sure, just estimate): \_\_\_\_\_

**One-day USMS registration form available on next page (must be at least 19 yr old)**



# 2012 One Event Registration Form

Register with the same name you will use for competition. **Please Print clearly.**

Last Name		First Name		MI
Street Address				
City/State/Zip			Phone	
Date of Birth (mm/dd/yy)	Age	Sex (circle) M    F	E-mail address	
Event Name:			Today's Date (required)	

WAIVER: I the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITES. In addition, I agree to abide by and be governed by the rules of USMS.

Signature (required): \_\_\_\_\_

**Make a check for \$16.00 payable to: New Mexico Masters Swimming**  
(\$12.00 of the fee goes to USMS, \$4.00 to NMMS)

**Meet Director, please mail check and completed form to:**

Bill Bearden  
1348 Big Rock Loop  
Los Alamos, NM 87544