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### **LONG COURSE METERS**

### **MASTERS SWIM MEET**

## DATE & TIME: August 18th., 2012

Warm Up: 10:00. am ~ Meet starts 11:00 am

* **LOCATION:** Coral Springs Aquatic Complex

12441 Royal Palm Boulevard

Coral Springs, FL 33065

(954) 345-2121

* **SPONSORED BY:** City of Coral Springs

* **SANCTIONED BY:** Florida Gold Coast Masters for USMS, Inc. # pending
* **FACILITY:** 8 lane—50 meter course for competition

Additional 25 yard lanes available for warm-up and warm-down

Daktronics Timing System

* **ELIGIBILITY:** Open to all registered USMS swimmers, ages 18 years +. Your age

 as of December 31st., 2012.

* **SEEDING:** Entries will be seeded by time, slowest to fastest.
* **RULES:** 2012 USMS rules govern.

A copy of your 2012 USMS Card must be attached to the entry form.

* **ENTRIES AND RELAYS:** Each swimmer will be limited to **5** events plus Relays.

**Relays** will be deck entered **except for the 800 relays**. If you intend to swim the 800 relays, you have to check it off on the entry form.

* **AWARDS:** 1st through 3rd for each event in all age groups
* **ENTRY FEE:** $ 12.00 meet surcharge

$ 3.00 per event

$ 8.00 per Relay

Deck Entries may be accepted if space permits. The cost for deck entries will be: $12.00 meet surcharge +$6.00 per event.

* **ENTRY DEADLINE: Tuesday August 14th., 2012**
* **INFORMATION:** Chris Jackson, Meet Director

Phone: (954) 345-2121

Fax: (954) 345-2125

Email: pkcjj@coralsprings.org

* **SOCIAL :** There will be a social gathering offered to all masters swimmers immediately after the swim meet at the pool.

\*Note: Coral Springs Masters reserves the right to take breaks as needed during the meet.

##### 2012 CORAL SPRINGS LAST CHANCE LCM

##### OFFICIAL ENTRY FORM

|  |  |
| --- | --- |
| **NAME:** | usmsCOPY OF USMS CARD HERE |
| **ADDRESS:** |
| **CITY:** | **STATE:** | **ZIP:** |
| **PHONE:** | **E:MAIL:** |
| **BIRTHDATE:** | **AGE ON 12/31:** | SEX: M F |
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|   |
| **WOMEN**  | **ENTRY TIME** | **EVENT** | **ENTRY TIME** | **MEN** |
|  **EVENT#** |  **SATURDAY** | **EVENT#** |
| 1 |  | **800 Free Relays** |  | 2 |
| 3 |  | **200 IM** |  | 4 |
| 5 |  | **50 Breast** |  | 6 |
| 7 |  | **100 Fly** |  | 8 |
| 9 |  | **50 Free** |  | 10 |
| 11 |  | **100 Back** |  | 12 |
| 13 |  | **200 Free** |  | 14 |
| 15 |  | **800 Mixed Relays** |  | 16 |
| 17 |  | **200 Relays** |  | 18 |
| 19 |  | **50 Fly** |  | 20 |
| 21 |  | **100 Free**  |  | 22 |
| 23 |  | **50 Back**  |  | 24 |
| 25 |  | **100 Breast** |  | 26 |
| 27 |  | **400 Free** |  | 28 |
| 29 |  | **4x100 Relays** |  | 30 |

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| **Meet surcharge:** | $ 12.00 | CHECKS PAYABLE TO:CITY OF CORAL SPRINGS |
| **Individual events:** | \_\_\_ X 3.00 | $  | **Mail to:**Coral Springs Aquatic Complex2012 Last Chance LCM12441 Royal Palm Blvd.Coral Springs, FL 33065 |
| **TOTAL:** | $  |
| **PLEASE READ AND SIGN THE MANDATORY RELEASE FROM LIABILITY:**I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of the risks inherent in masters swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. As a condition of my participation in the masters swimming program or any activities incident thereto, I hereby waive any and all rights to claims for loss or damages, including claims for loss or damages caused by the negligence, active or passive, of the following: United States Masters Swimming, the local masters swimming committees, the clubs, host facilities, meet sponsors, meet committees, or any individuals officiating at the meets or supervising such activities. In addition, I agree to abide by and by governed by the rules and regulations of USMS. (see Rule Book Article 204.1)cslogo3SIGNATURE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DATE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |