

Ohio River Open Water Swim

1/2 Mile, 1.2 Mile, and 2.4 Mile Races

Saturday August 11, 2012

Prospect, Kentucky (15 miles north of Louisville, Kentucky)

One of the few chances to swim in the Ohio River. A great warm up for the Ironman Triathlon or to cap off your summer season. All proceeds go to local high school swimming. Sponsored by Lakeside Swim Team and North Oldham High School. Open to all ages.

Course Layout: 1/2 mile and 1.2 mile courses will be set up roughly 30 yards off the riverbank. 2.4 mile race will be two laps of the 1.2 mile course. Great for spectators. River bank accessible along the entire course. Sanctioned pending by USA Triathlon and USA Swimming and Kentucky LMSC for USMS, Inc. Kayakers provided by race sponsors. This is an unescorted race.

Cost: \$35 if registration completed before July 1, \$45 July 1 – August 5. Registration closes Sunday, August 5. For insurance purposes, participants must be one of the following:

1. **USA Swimming member.** Membership in your team will be verified prior to the event. (*One-day membership available for \$15.*)
2. **US Masters Swimming member.** Photo ID and proof of membership required at check-in. Bring copy of card for registrar to keep. (*One-day membership available for \$12.*)
3. **USA Triathlon member.** Photo ID and proof of USA Triathlon membership required at check-in. (*One-day membership: \$10 for youth 17 and under, \$12 for adults.*)
4. **All Others (Non-USAS, USMS or USAT Members).** If you are not a member of one of the above organizations, or you cannot prove your membership, you must purchase a one-day membership in one of the organizations as outlined above.

Parental consent required for all participants 17 and under. T-shirt included.

Race Location: Cardinal Harbour Subdivision boat dock. Roughly 15 miles north of downtown Louisville, Kentucky. MapQuest: 2001 Cardinal Harbour Rd., Prospect, Kentucky, 40059. Drive time roughly 30 minutes from downtown Louisville.

Race Day Schedule: The start time of the races is based on your affiliation.

	USA Triathlon Swimmers	USA Swimmers & Masters Swimmers
Check in	7:30 – 8:45am	8:30 – 10:15am
Voluntary Clinic	8:30am	10:00 am
Mandatory Swimmer Safety Meeting	8:55am	10:20am
Warm Up Period	9:00am	10:30am
Races Start	9:15am	10:45am

In case of severe weather, the start will be delayed. For weather updates on race day, call 502-228-5876.

A voluntary pre-race clinic covering the differences between pool and open water swimming will be held prior to the start of each set of races.

There will be a mandatory swimmer safety meeting held 10 minutes before the warm up period to discuss the course, rules and safety procedures. The Referee may remove any swimmer from the competition who does not attend the safety meeting or is found to be inattentive during the meeting. The course will be patrolled by qualified safety personnel.

There will be a 15 minute warm-up period prior to the race in a designated area. Swimmers found outside of the designated warm up area will be scratched from the race. Participants must start no later than 10 minutes after the designated start time. The course will shut down either two hours after the start of the race, or 45 minutes after the first person finishes, whichever is later.

Awards: Awards will be given to the top three male and female swimmers in each race (1/2 USAT, 1/2 Masters, 1/2 USA, 1.2 mile USAT, 1.2 mile Masters, etc.)

Registration: You can register via one of the following methods:

1. Mail in registration form. Registration form on back of flyer or available on website.
2. **www.Active.com** Active.com is the exclusive online registration provider for this event. Keyword search: Ohio River Open Water Swim. A small handling fee (approx. \$4) will be assessed by Active.com.

Additional Information or Questions: Randy Scherer, Race Director and Meet Referee, 502-228-5876, OhioRiverSwim@insightbb.com.

Website: www.OhioRiverSwim.weebly.com. Includes pictures, forms, maps, etc.

**Ohio River Open Water Swim - August 11, 2012 – Prospect, KY
REGISTRATION FORM**

Name: _____ Gender: F M (circle one) Age: _____
Address: _____ City: _____ State: _____ Zip Code: _____
Daytime Phone: _____ Race (Circle One): 1/2 Mile 1.2 Mile 2.4 Miles
E-mail: _____ Cell Phone: _____
Expected time for race: _____ T-shirt size (adult male. Circle one): S M L XL XXL

All participants must sign a waiver at check-in. (If you are 17 and under, a parent must sign the waiver. If your parent will not be attending the event, contact the race director or see website [www.OhioRiverSwim.Weebly.com] to get a copy of the waiver prior to check-in.)

Photo ID required for US Masters and USAT swimmers. No Photo ID – No Race, No Exceptions!

Affiliation (select one of the following.)

____ USA Swimming Team name: _____ Team Location: _____
Membership verified by your team prior to the race.
One-day memberships available for \$15.

____ US Masters USMS #: _____ Club #: _____ Club Name: _____
One-day memberships available for \$12. Must be 18 or over.
Photo ID and proof of US Masters Swimming membership required at check-in. Bring copy of USMS registration card for registrar to keep.

____ USA Triathlon USAT Membership Number: _____
____ Adult one day membership \$12 ____ Adult one year membership \$45
____ Youth (<=17) one day membership \$10 ____ Youth one year membership \$15
Photo ID and proof of USA Triathlon membership required at check-in.

Total Cost

\$ _____ Race Entry Fee.
\$35 if postmarked before July 1, 2012.
\$45 if postmarked July 1 – August 6, 2012.

\$ _____ One Day Memberships if applicable. (See above for options and cost.)

\$ _____ **Total amount of check enclosed.**

Signature: _____ Date: _____

If 17 or under:

Parent or Guardian Signature: _____ Date: _____

Make check payable to “NOHS – Open Water Swim” and mail to: Randy Scherer, 13900 Harbour View Ct., Prospect, KY 40059.