



The Aquatic Center at Palo Alto College

Meet Information

www.alamo.edu/pac/aquatic-center/



Meet Name: ■2012 South Central Zones USMS LC Championship

Sanction

Number: ■USMS Sanction number:

Meet Date(s): ■August 10-12, 2012

Venue:

- The Aquatic Center at Palo Alto College
- 1400 West Villaret Blvd.
- San Antonio, Texas, 78224
- 210-486-3800

Facility:

- Eight lane, 50-meter competition course
- Water depths: Start end seven feet / Turn end 18feet
- DAKTRONICS starting and timing systems
- Computer management: HY-TEK Meet Manager 4.0
- Scoreboard with full heat and event display
- Six constantly available warm-up / cool-down lanes
- Adequate parking adjacent to the pool
- On-deck stadium seating for 1600
- Concessions available
- Food from outside sources is not permitted in the Aquatic Center

Sanction/

Rules:

- Sanctioned by South Texas Masters Swimming for USMS, Inc., Sanction # ???
- Current United States Masters Swimming rules, safety guidelines, and warm-up procedures will apply.

Eligibility:

- Open to all current and registered United States Masters swimmers, ages 18 and older as of August 10, 2012.

General Entry

Procedure:

- Entries may be submitted ONLY by Hy-Tek Commlink File
- Hard copy must accompany
- Commlink entries may be submitted ONLY via e-mail or hand delivered
- Hand-written entries must be hand-delivered or mailed to: Collier McKenzie, The Aquatic Center at Palo Alto College, 1400 W. Villaret Blvd., San Antonio, TX 78224
- If mailed, entry fees must be submitted with the entry. If e-mailed, entry fees must be mailed and checks made payable to Palo Alto College.
- Please include the Swimmer Information and Release Form, the Swimmer Entry Form, entry fee, and a copy of your 2012 USMS registration card.
- If you do not receive confirmation of your entry within three days, please call 210-486-3800 to confirm.

Email Entries:

- Entries in Commlink Format must be sent to: karenskhorus@aol.com
- The Commlink File must be renamed to clearly identify the entering team, shorter is better.
- Athletes included in improperly identified Commlink Files (Cfile0X.cl2 or zfile00X.zip) will not be entered into the meet and any entry fees will not be refunded.
- Athletes WILL NOT be entered into Meet Manager if the Meet Entry Report (hard copy) is not received.
- Athletes WILL NOT be permitted to compete in the meet until satisfactory fee payment arrangements have been made with the Meet Director or her / his designee.

Entry Fee:

- Individual entry fee: \$50.00. Individual late entry fee is \$65.00.
- Relay-only swimmers: \$20.00
- Relays: \$10.00 (relays can be entered and paid for on-deck).
- Please make checks payable to Palo Alto College.

Entry

Deadline:

- Entries must be received by Friday, August 3, 2012.
- Fees, liability release, and proof of USMS registration must accompany entries or be completed prior to the start of the meet.

Conduct of**Meet:**

- All but the check-in events will be seeded by gender and entry time and swum slowest to fastest.
- The 400, 800, 1500-meter freestyles and the 400 meter individual medley will be swum fastest to slowest and also require a positive check-in on according to the following schedule:

1500 Free	4:30 PM Friday
400 I.M	4:30 PM Friday
400 Free	8:30 AM Saturday
800 Free	8:30 AM Sunday

- The relay events will be deck entered and seeded by time.
- Relay events may be combined.
- Relay entries will be accepted up to one hour after the beginning of the competition each day.
- Swimmers participating only in relays must present a copy of their USMS card, pay a \$20.00 surcharge, and sign the liability release at the time of the entry.

Entry Limit:

- Athletes may enter a maximum of five (5) individual and two (2) relay events per day.

Scoring:

Place	1	2	3	4	5	6	7	8
Individuals	9	7	6	5	4	3	2	1
Relays	18	14	12	10	8	6	4	2

Late/Deck**Entries:**

- Yes, but to fill empty lanes only.

Heat Sheets:

- Will be available at the start of each session.

Administration:**■ Entries Chair**

- Karen Kliewer
- 4593 S Loop 1604 W. #2-B
- Von Army, TX 78073
- 210-842-7997
- karenskhorus@aol.com

■ Meet Director:

- Collier McKenzie
- 1400 W. Villaret Blvd.
- -San Antonio, TX 78224
- 210-486-3800
- cmckenzie15@alamo.edu

■ Meet Referee:

- Johnathan Rightmyer
- 3730 Longridge
- -San Antonio, TX 78228
- 210-587-4950
- john.rightmyer@gmail.com

Awards:

- Medals 1-3 Ribbons 4-8

Lodging:

- See last page for Hotel Partners.

Daily**Schedule:****■ Friday, August 10, 2012**

- Warm-ups begin at 4:00 PM
- Meet begins at 5:00 PM.

■ Saturday, August 11 and Sunday August 12

- Warm-ups begin at 8:00 AM
- Meets begins at 9:00 AM

- There will be continuous warm-up and warm-down lanes during the entire meet.

Timers:

- The host team will attempt to provide backup timers for this meet
- Volunteers will no doubt be needed
- Swimmers competing in events longer than 400-meters must provide their own backup timers and lap counters.

Officials:

- All currently (2012) certified and in training USA Swimming officials are cordially invited to participate.
- All deck officials must be registered with USA Swimming (2012) and have a current Background Check acknowledged by USA Swimming.
- Deck officials are required by Rule to prominently display both their USA Swimming and LSC Credentials while on deck as an official.
- Please report to the Meet Referee at least 30 minutes prior to the scheduled start time of any session to receive your assignments
- The wearing of name tags is strongly encouraged

**U. S. Masters Swimming
2012 South Central Zone Long Course Championships**

Entry Form

Full name: _____ Phone: _____ Gender: _____

Address: _____ City: _____ ST __ Zip +4: _____

E-mail address: _____

Age as of: 10/10/12 ____ Birthdate: _____ USMS Reg #: _____

Name of Team: _____ LMSC: _____

Attach copy of USMS Card on page 5

Distances are in meters

Friday, August 10th - Warm-ups 4:00 P.M. – Meet 5:00 P.M.

Women	Event	Men
Seed Time		Seed Time
1 _____	1500 Free	2 _____
3 _____	400 Ind. Medley	4 _____

Saturday, August 11th – Warm-ups 8:00 A.M. – Meet 9:00 A.M.

5 _____	400 Free	6 _____
7 _____	200 Back	8 _____
9 _____	50 Breast	10 _____
11 _____	100 Free	12 _____
13 _____	50 Back	14 _____
15 _____	200 Breast	16 _____
17 _____	100 Fly	18 _____
<u>19, 20, & 21</u>	200 Free Rly (W,M,Mixed)	Deck seeded
<u>22, 23, & 24</u>	400 Med. Rly (W,M,Mixed)	Deck seeded

Sunday, August 12th – Warm-ups 8:00 A.M. – Meet 9:00 A.M.

25 _____	800 Free	26 _____
27 _____	50 Free	28 _____
29 _____	100 Back	30 _____
31 _____	200 Fly	32 _____
33 _____	100 Breast	34 _____
35 _____	200 Ind. Medley	36 _____
37 _____	50 Fly	38 _____
39 _____	200 Free	40 _____
<u>41, 42, & 43</u>	200 Med. Rly (W,M,Mixed)	Deck seeded
<u>44, 45, & 46</u>	400 Free Rly (W,M,Mixed)	Deck seeded

**U. S. Masters Swimming
2012 South Central Zone Long Course Championships**

Relay Entry Form

Circle Event Being Entered

Saturday

Sunday

#19 Women's 200 Free

#41 Women's 200 Medley

#20 Men's 200 Free

#42 Men's 200 Medley

#21 Mixed 200 Free

#43 Mixed 200 Medley

#22 Women's 400 Medley

#44 Women's 400 Free

#23 Men's 400 Medley

#45 Men's 400 Free

#24 Mixed 400 Medley

#46 Mixed 400 Free

Team Name: _____ Team Abbreviation: _____

Relay designation (A, B, etc.): _____

Age Group (18+, 25+, 45+, etc.) determined by youngest member: _____ Seed Time: _____

Participant's name as it appears on the USMS Card:

Age

Gender

For Clerk-of-Course:

_____ Time entry received

Relay ID# _____

_____ Entry Fee Paid (\$8.00)

Non-Registered Relay Only Participants:

_____ All relay only participant's USMS cards received (copies).

_____ All relay only participants liability releases signed.

_____ All relay only participants surcharges (\$20.00) paid.
Checks made payable to: PAC

U. S. Masters Swimming 2012 South Central Zone Long Course Championships Entry Fees

Item	Cost	Quantity	Total
Normal Entry fee	\$50.00	_____	_____
Relay Only Entry Fee	\$20.00	_____	_____

Make checks payable to PAC.

Individual entry fee: \$50.00. Relays: \$10.00. There will be a \$20.00 surcharge for relay only participants. Late and/or Deck entries WILL be accepted!

Checks should be **payable to PAC** and entries mailed Collier McKenzie, Palo Alto College, 1400 W. Villaret, San Antonio, TX 78224. Please include payment with the specified and attached form.

Please mail your entries to the address noted below. If you wish to receive confirmation of receipt, please include a stamped, self-addressed envelope.

Collier McKenzie
Palo Alto College
The Aquatic Center
1400 W. Villaret Blvd.
San Antonio, TX 78224
Total Amount Enclosed \$ _____

You must attach a copy of your USMS Card here and sign the Waiver just below!

Liability Release

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (rule book article 203.1)

Signature

Date

Printed Name

Meet-Associated Apparel

Pre-ordering is strongly recommended. Quantities will be limited and none may be available by the time of the meet.

Please make checks payable to: PAC

Total amount enclosed: \$ _____ Include with your entry fees

T-Shirt \$15.00

T-Shirt size: Small Med Large X Large XX Large

Name: _____

Address: _____

Sponsoring Hotel Links

[Courtyard San Antonio Downtown/Market Square >>](#) Rate \$105.00

[Courtyard San Antonio Riverwalk >>](#) Rate \$135.00

[Residence Inn San Antonio Downtown/Alamo Plaza >>](#) \$125.00

Best Western contact Amado Lamas lamasamado1@aol.com
cell 210-744-5218

[Days Inn Palo Alto](#) \$99.95
Phone 210-447-3670

Mention PAC Aquatic Center