

The Ed and Ruth Shea Challenge Classic Annual LC Swim Meet

Saturday, July 21, 2012 – Hosted by the Saluki Masters Swim Club, Carbondale, IL

Sanctioned by the Ozark LMSC for USMS, Inc. # 222-S002

TIME: Warm-up and registration begin at 10 am; **All competitors must check-in or register before 10:30pm.** No deck entries after 10:30 pm; Meet starts at 11am. Estimated finish 3:30 pm

LOCATION: Southern Ill. Univ., Student Recreation Center, Dr. Ed Shea Natatorium, 300 E. Grand Ave., Carbondale, IL. Ample motel accommodations. Convenient daily Amtrak train service from Chicago, transport to/from station upon request.

FACILITY: 50 meter indoor pool, ten lanes (two lanes shared with recreational swimmers will be used for warm-up/cool down during the competition), non-turbulent lane lines and electronic timing and display. **OUR FACILITY HAS BEEN MEASURED IN ALL COMPETITION LANES AS REQUIRED BY 2012 USMS RULES FOR TOP TEN AND RECORDS RECOGNITION.** Ample locker room space and plenty of parking on north side of building. If arriving on Friday (7/20) and you desire to swim in the competition pool, notify Meet Director prior to 7/19.

ELIGIBILITY: Current membership with USMS required. Online membership registration at www.usms.org prior to the meet is recommended. Applications for those not already registered with USMS will be available at the sign-up desk. **A photocopy of your USMS card must be provided with your signed entry. Each event entered must have a seed time (actual or estimated). The entry form must be signed and dated.** USMS designated age groups 18+ apply. Per USMS/FINA rules in long course meets your age as of December 31, 2012 determines your age group for the meet. Age group of relays is determined by the sum of the ages of the four relay swimmers. Relays are to be deck entered at no additional charge. Relay cards must be completed at the check-in desk no later than 11 am for Events 4/5 or 12 pm for Events 15/16 & 22.

MEET CONDUCT: 2012 USMS Rules govern the conduct of the meet. All events will be timed finals. All events will be swum slowest to fastest with genders and age groups combined. All events will be deck seeded. Participants are limited to 5 events, plus relays. Competitors attempting national or world records must notify the starter to assure that 3 timers are available, in addition to the electronic timing equipment. Either the 1500 or the 800 freestyle may be entered, but not both. Entrants in the 800 and 1500 may be requested to swim two to a lane and provide a person to count laps. These events will only be swum as time permits. There may be breaks taken between some events depending on the number of entrants and pace of the meet.

AWARDS: Ribbons for all events. T-shirt for completion of the 5 Challenge events.

Order of Events			
1	100m Free	12	200m Breast
2	200m Fly	13	50m Back
3	50m Breast	14	100m Fly
4/5	200/400m Med. Relay	15/16	200/400m Free Relay
6	400m Free	17	100m IM (Novelty Event)
7	100m Breast	18	400m IM
8	200m Back	19	100m Back
9	50m Fly	20	50m Free
10	200m IM	21/22	800m Free/800 Free Relay
11	200m Free	23	1500m Free

Challenge Events: (Combined Time for 5 Events)

Sprint NoBrainer

Must enter

Event #'s 3, 9, 13, 17, 20

Ironswimmer Glutton

Must Enter

Event #'s 2, 8, 12, 18, 23

If entering either Challenge event, please indicate T-Shirt Size and which Challenge event on Entry Form (next page):

Checks payable to: Saluki Masters Swim Club
Mail **SIGNED** entry form, check and copy of USMS card to:
Mary Pohlmann, Entries Chair
405 S Deer Lake Dr East
Carbondale, IL 62901

Entries must be received by July 15, 2011.

Entries received after 7/15 must pay deck entry amount.

Entry questions? Mary Pohlmann: 618-549-5077

E-mail: maryp@siu.edu

Entry Fee Amounts (choose one)

Regular Entry received by July 15th	\$20.00
Saluki Challenge Entry received by July 15 th (T-Shirt included)	\$25.00
Late Registration or Deck Regular Entry	\$25.00
Late Registration or Deck Challenge Entry	\$30.00
No extra fees for relays	

SALUKI MASTERS – ED AND RUTH SHEA CHALLENGE CLASSIC LC SWIM MEET
Entry Form – Saturday, July 21, 2012, 10am – 3:30 pm (USMS/Ozark LMSC Sanction #222-S002)

Name:	Birth Date: _____ Age (as of Dec 31, 2012): _____ Gender: M / F
Address:	Home Phone: _____
City: _____ State: _____ Zip: _____	USMS Registered Club Affiliation or Unattached: _____
2012 USMS Number: Attach copy of card.	Email Address: _____
Emergency Contact Name: _____	Emergency Contact Phone: _____

The Saluki Challenge is the combined time for either set of 5 events; T-shirt awarded for completion	
Sprint NoBrainer Events 3, 9, 13, 17, 20; <i>Circle</i> T-shirt size: Sm Med Lg XL; <i>Check</i> here if entering	<input type="checkbox"/>
Ironswimmer Glutton Events 2, 8, 12, 18, 23; T-shirt size: Sm Med Lg XL; <i>Check</i> here if entering	<input type="checkbox"/>

SEED TIME REQUIRED – Actual or Estimated LC Meters time; Print Times Legibly

Maximum Entry – 5 events, plus relays

#	Event-LC meters	Seed Time	#	Event-LC meters	Seed Time
1	100 Free		12	200 Breast	
2	200 Fly		13	50 Back	
3	50 Breast		14	100 Fly	
4/5	200/400 Medley Relay	Deck entry	15/16	200/400 Free Relay	Deck entry
6	400 Free		17	100 IM (Novelty Event)	
7	100 Breast		18	400 IM	
8	200 Back		19	100 Back	
9	50 Fly		20	50 Free	
10	200 IM		21	800 Free Relay	Deck entry
11	200 Free		22	800 Free	
			23	1500 Free	

Athletes Release/Waiver

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (Rulebook article 203.1)

SIGNATURE: _____ DATE: _____
(Waiver must be signed in order to participate)

Checks payable to: Saluki Masters Swim Club
Mail **SIGNED** entry form, check and copy of USMS card to:
Mary Pohlmann, Entries Chair
405 S Deer Lake Dr East
Carbondale, IL 62901
Entries must be received by July 15, 2012.
Entries received after 7/15 must pay deck entry amount.
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E-mail: maryp@siu.edu

Entry Fee Amounts	
Regular Entry received by July 15	\$20.00
Saluki Challenge Entry received by July 15 (Challenge T-Shirt Award included)	\$25.00
Late Registration or Deck Entry Regular	\$25.00
Late Registration or Deck Entry Challenge (Challenge T-shirt Award if available)	\$30.00
No extra fees for relays	