Las Vegas Masters LCM Swim Meet

Saturday, June 16th, 2012

Sanction by Southern Pacific Masters Swimming for USMS, Inc. Sanction # 332-011

Facility: Desert Breeze Park, 8275 W. Spring Mountain Road, indoor 50-meter by 25-yard pool. Lanes will be available for warm-up.

Directions: From the I-15 Fwy., take the Spring Mountain Rd West exit. Turn west on Spring Mountain Road and go 4 ¹/₂ miles to the pool.

Entries: Pre-entry postmark deadline: Saturday, June 9th. On deck registration permitted. Deck entries will close at 12:30p.m. for the first 6 events. Deck entries will close at 1:00 p.m. for the remaining events. Age on December 31, 2012 determines age group for the meet. You must be at least 18 years of age to compete.

Rules: USMS rules will govern. Current SPMS meet procedures will be enforced and take precedence over any errors or omissions on this entry form.

Warm-up: USMS warm-up policies will be enforced by USA Swimming Officials. There will be <u>NO DIVING</u> into the pools during the times except into the designated sprint lane(s). **Warm-up rules will be announced and posted**. **Seeding:** All events will be deck seeded slowest to fastest, by entered time, ages and sexes combined. Check-in is not required in order to be deck seeded, except swimmers must check in to swim the 1500 m Freestyle and the 400 m Freestyle.

Relays: All relays will be deck entered, on SPMA relay forms available at the meet. Relays are *free*. For each relay swimmer who is not entered in individual events, a fee of \$5.00 and a signed liability release must be submitted with the relay entry.

Awards: Individual: SPMS ribbons for places 1 to 3. Relay: SPMS ribbons for first place.

Entry Fees: \$25.00 per swimmer flat fee. Deck entries or online entries after June 9th allowed for a total of \$35.00. **Checks payable to:** Las Vegas Masters

Mail consolidated entry card, a copy of 2012 USMS card, and check to: Las Vegas LCM Meet, P. O. Box 204, Lake Forest, CA 92609-0204.

Questions: Meet Director, Victor Hecker (702) 247-7788. Meet Entries: Robert Mitchell, mitchellrobert@cox.net.

Saturday, June 16, 2012 Warm-up at noon Meet starts at 1:00 p.m.

1. 400 m Freestyle (check-in required)

- 2. 50 m Butterfly
- 3. 100 m Freestyle
- 4. 100 m Backstroke
- 5. 200 m Freestvle
- 6. 50 m Breaststroke
- 7. 100 m Butterfly
- 8. 50 m Freestvle
- 9. 50 m Backstroke
- 10. 200 m Individual Medley
- 11. 100 m Breaststroke
- 12. 200 m Medley Relay
- 13. 200 m Freestyle Relay