



# The Ozark Open Water Swim

## Hosted by the RAC/AquaHawgs Swim Team

### OPEN WATER SWIM 2012

**1K (.6 mile), 2K (1.2 mile), & 4K (2.4 mile)**

**Monday, May 28<sup>th</sup> 2012**

**Hickory Creek on Beaver Lake, Springdale, AR**

**TIME: 8:30** A.M. Start

*Note: 8:00 a.m. entries closed*

Course Briefing at 8:15 A.M.

**COURSE:** We will be swimming an "out and back" course. Buoys and volunteers in boats will mark the course.

**PARKING:** Plenty of parking will be available, be prepared to pay a small entrance fee (\$2/car) for the park.

**ENTRY FEE:** \$35.00 per person. There is a \$10 late fee applied to each entry after 5/15/2012. Additional donations are welcome and greatly appreciated!! They can be included on the **check made payable to: RAC/Aquahawgs**. Registration includes a race cap, t-shirt and goody bag.

**USMS REGISTRATION:** You must attach a legible copy of your current Masters Swimmer registration, or a completed one-day registration, with your entry form. One-day registrations are acceptable, and can be obtained from the RAC/Aquahawgs website at [www.aquahawgs.org](http://www.aquahawgs.org). Cost for one-day registration is \$15.00. Swimmers under the age of 18 must be registered with United States Swimming (USS) and attach a legible copy of their USS card with the entry form. (One day USMS registrations are not valid for swimmers under 18).

**RACE DAY ENTRIES:** RACE DAY ENTRIES WILL BE TAKEN. YOU MUST BRING YOUR USMS (or USS) REGISTRATION CARD (or apply for a one-day USMS registration) AND PAY THE LATE ENTRY FEE. Race Day entries will close at 8:00.

**CAPS:** Colored caps will be provided on race day.

**WETSUITS or other aids:** Wetsuits will be allowed. Water temperatures range from 70 to 83 degrees. Additionally, no snorkels or fins will be allowed.

**RULES:** All swimmers are required to wear the supplied Color swim caps for safety reasons. Current USMS rules will apply.

QUESTIONS? Contact Aaron Thomas [athomas@thelarsgroup.com](mailto:athomas@thelarsgroup.com) or Anita Parisi [anitaparis@sbcglobal.net](mailto:anitaparis@sbcglobal.net) 479-587-0881



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Hickory Creek on Beaver Lake, Springdale, AR

## REGISTRATION FORM

NAME: \_\_\_\_\_

AGE: \_\_\_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_ SEX: Male Female T-Shirt Size: AS AM AL AXL AXXL

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_ PHONE: \_\_\_\_\_

USMS (or USS) REG # \_\_\_\_\_

Email: (needed for confirmation emails) \_\_\_\_\_

DISTANCE: circle: .6 mile (1k)                      1.2 mile (2k)                      2.4 mile (4k)

### \*\* ENTRY FEE

Individual: \$35.00

**ADD \$10 for Late Entry if after May 15th**

*Additional donations are welcome and appreciated!!*

### FINAL REVIEW:

1. \_\_\_\_\_ Enclose check payable to "RAC/Aquahawgs" for entry fee(s)  
Mail to: Anita Parisi, 3658 Chatsworth Rd, Fayetteville, AR 72703

2. A) \_\_\_\_\_ Enclose photocopy of USMS (or USS) card

OR

B) \_\_\_\_\_ complete one-day registration with separate, \$15 check payable to ARKMS (see website or get at event)

3. \_\_\_\_\_ Sign waiver below

**USMS RELEASE** I, the undersigned participant, intend-ing to be legally bound, hereby certify that I am physi-cally fit and have not been otherwise informed by a phy-sician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. **AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIM-MING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIM-MING, INC., THE LOCAL MASTERS SWIMMING COM-MITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDI-VIDUALS OFFICIATING AT THE MEETS OR SUPER-VISING SUCH ACTIVITIES.** In addition, I agree to abide by and be governed by the rules of USMS. Finally, I specifically acknowledge that I am aware of all the risks inherent in open water swimming, and agree to assume those risks.

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

QUESTIONS? Contact Anita Parisi at [anitaparis@sbcglobal.net](mailto:anitaparis@sbcglobal.net) or 479-587-0887