

The Missoula Masters Swim Club invites you to Attend:

**The Montana Masters State Championship Swim Meet
24th and 25th, March 2012**

Missoula, Montana

Sanction Number: S-032412-1



LOCATION: Grizzly Pool – on the University of Missoula Campus. The pool is a 7 lane, 25 yard regulation short course pool.

SANCTION AND RULES: The meet is sanctioned by USMS swimming. The 2012 USMS Swimming and Montana Masters Swimming Rules will govern the conduct of the meet. Timing will be by Colorado Timing System or watches as backup. All events will be timed finals.

ELIGIBILITY: All swimmers must have a current USMS Swimming card, or be covered by the USMS one-event registration form for insurance purposes. Only full year USMS members are eligible to set state records. Swimmers must be registered in one manner or another at the beginning of the meet. Online registration or hard copy forms can be processed with the meet entry form.

MEET FORMAT: All events will be seeded mixed gender and according to seed time. A no time entry will swim in the first heat of each event. **This is not a preferred entry option.** A guess of a seed time is better than none. This will help with the timeline of the meet, and the best placement of swimmers in heats for best performance.

ENTRIES: Each swimmer may compete in a **maximum of EIGHT (8) individual events, not exceeding FIVE (5) individual events in a single day.** Swimmers will be placed in age group categories based on their age on the **last** day of the meet. Swimmers shall be seeded on the basis of their submitted times, all events will be swum slowest to fastest. There will be NO individual DECK entries, this is a championship meet format. Relays will be deck seeded, as they are for fun.

There will be specified warm-up times before event starts for each session.

NEW THIS YEAR: The 1650 and 1000 may be seeded two per lane if events require more than 2 heats; they will be swum mixed gender according to seed time (required) and will be seeded slowest to fastest. Based on new rulings established by national USMS, swimmers may now swim BOTH 1650 and the 1000 yard free as they choose.

ENTRY FEES: The entry fee for each swimmer is \$35.00. Swim meet checks should be made payable to “Missoula Masters”. No entries will be accepted without the proper entry fees. There will be NO REFUNDS. Entries must be received no later than 16th March, 2012.

Mail Entries and payment to: Missoula Masters; Attn: Carrie Strike / 435 S. 5th St. W / Missoula, MT 59801

RESULTS: Results will be posted as they are finalized at the meet. Swimmers will be placed and receive points according to their gender/age group categories, with team points being tallied at the end of the meet for bragging rights, and possession of the traveling trophy for the next year. Swimmers who wish to hold state records must be full year USMS members.

BUSINESS MEETINGS: The LMSC Business meeting will be held Sunday morning from 8:00-9:00 a.m. in the upper balcony of the Grizzly pool. The Montana Masters Swim Team will hold their meeting on Saturday in the upper balcony of the Grizzly pool after the completion of event 9 – 500 Freestyle.

ENTRY DEADLINE: All entries and accompanying fees must be received no later than 16th March, 2012.

Questions? Contact Carrie Strike: 406.531.8155

Montana Masters Championship 2012 ENTRY FORM

Please send form and fees to: Missoula Masters Attn: Carrie Strike/ 435 S. 5th St. W. Apt 1 / Missoula, MT 59801
(must be received no later than 16 March, 2012)

Saturday, 24 March 2012		Sunday, 25 March 2012	
Events	Seed Time	Events	Seed Time
Warmup: 10:30a. Meet Start: 11:00a.		Warmup: 9:00a. Meet Start: 9:30a.	
1. 1650 Free (may be swum 2/lane)		LMSC Meeting 8:00 to 9:00a.	Grizzly Pool Balcony
WARMUP (30 minutes)	----	10. 200 IM	
2. 400 IM		11. 50 Backstroke	
3. 50 Breaststroke		12. 100 Freestyle	
4. 200 Freestyle		13. 50 Butterfly	
5. 100 Butterfly		14. 200 Breaststroke	
6. 200 Backstroke		WARMUP (15 minutes)	----
7. 50 Freestyle		15. 1000 Freestyle (may be swum 2/lane)	
8. 200 Free Relay		WARMUP (15 minutes)	----
WARMUP (15 minutes)	----	16. 400 Free Relay	
9. 500 Freestyle		17. 100 Breaststroke	
		18. 100 Backstroke	
Montana Masters Meeting	Grizzly Pool Balcony	19. 200 Butterfly	
		20. 100 IM	
Dinner & Social 5:30p. to 8:30p.	Details sent to you upon registration	21. 200 Medley Relay	

NAME:		
ADDRESS:		
CITY:	ZIP:	
PHONE:		
EMAIL:		
DATE OF BIRTH:	AGE:	SEX: M / F
PRIMARY MASTERS WORKOUT GROUP:		

Meet Entry Fee: \$35.00 _____

USMS Yearly Membership: \$41.00 _____

USMS One Event Fee: \$18.00 _____

Dinner Sat. Night: \$15/Adults; \$6/Kids (under 12)

Number attending: adults: _____ **/ kids:** _____

Please note any dietary concerns/food allergies:

2012 Masters Championship Hooded Sweatshirt: \$28.00 _____

/ Size (unisex sizing) _____
(Grey, heavyweight hooded sweatshirt with 2012 championship logo displayed on front)

TOTAL FEES ENCLOSED: \$ _____

(All Checks Payable to Missoula Masters)

Disclosure: I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Signature: _____ Date: _____