

Yolanda's Swim Meet
Utah Masters
Mountain Crest Stang Aquatic Center
Saturday, February 25, 2012

Sanctioned by Utah Masters for USMS, Inc. Sanction #342-002

Meet Director: Yolanda Bates, 1 (435) 770-3780, yolbates1977@gmail.com

Facility: Stang Aquatic Center. a 6 lane competition pool and diving well for warm up and swim down.

Location: 255 S 800 E, Hyrum UT, 84319

Meet Conduct: 2012 USMS Rules will govern conduct of this meet.

Eligibility: All swimmers must be registered with USMS (proof is required). USMS/Utah annual registration for 2012 will be offered on deck. USMS/Utah one time swim meet event registration will be a \$25 fee.

Important Eligibility Rule: RULE 102.2 2: For short course yards the eligibility of a participant for a particular age group shall be determined as of March 23, 2012.

Entry Fee: \$5 fee for this meet.

Age Groups: 18-24, 25-29, 30-34, 35-39, 40-44, etc. in 5 year increments.

Relay Age Groups: Short course (25) yards—18+, 25+, 35+, 45+, 55+, 65+, 75+, 85+, 95+... (10-year increments as high as is necessary). The age of the youngest relay team member shall determine the age group. Relay teams must swim in the oldest age group for which they are eligible.

Seeding: All events will be timed finals with heats seeded by time, slowest to fastest. Genders will swim together (mixed).

Please note: Participants may only swim 5 events on Saturday, plus 2 relay events.

Records: Swimmers attempting to set records during the meet should notify the Starter to assure that three official timers will be present.

Heats: Heat sheets will be posted around the deck. Swimmers who miss their heats may not swim in another heat unless successfully protested to Meet Director and Referee. Swimmers without seed times may be placed in the slowest (earlier) heats.

Same Day Deck Entries: Deck entries will be accepted until 3:30pm on Saturday. A \$10/session deck entry fee will be charged.

Warm-up/cool down: Saturday February 25, warm-ups start at 3:00pm, competition begins at 4:00pm.

Relays: Swimmers must be entered in the meet to swim on relays and must be registered with the same USMS registered club. Relay cards may be obtained at the relay card pick-up table.



ENTRY FORM

Sanctioned by Utah Masters for USMS, Inc. Sanction #

LName _____ FName _____ 2010-USMS # _____ (attach copy) Gender M or F

Street _____ City _____ State _____ Zip _____ Birth date _____

Phone () _____ TEAM NAME: _____

Saturday February 25, 2012: Pool opens 3:00pm; competition begins at 4:00pm. (MST)

Mixed	Event (Short Course Yards)	Seed Time
1	200 Medley relay	Min. _____ sec _____.
2	50 free	Min. _____ sec _____.
3	200 free	Min. _____ sec _____.
4	50 back	Min. _____ sec _____.
5	100 fly	Min. _____ sec _____.
-----10 minute break -----		
6.	50 breast	Min. _____ sec _____.
7	200 IM	Min. _____ sec _____.
8.	100 back	Min. _____ sec _____.
9.	500 free	Min. _____ sec _____.
10.	100 breast	Min. _____ sec _____.
11	100 free	Min. _____ sec _____.
-----10 minute break -----		
12.	50 fly	Min. _____ sec _____.
13.	100 IM	Min. _____ sec _____.
14	100y Backstroke	Min. _____ sec _____.
15.	200y IM	Min. _____ sec _____.
16.	200 free relay	Min. _____ sec _____.

Total # events _____

**Mail waiver/entry form, check payable to Utah Masters Swimming, and USMS card copy to:
C/O**

Liability Waiver

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING; UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Date _____ Signature _____

Printed Name _____