Make a SoCal Splash

The 2017 Nationwide USMS Spring National Championship rolls into Riverside



ark your calendars today and reserve April 27–30 to race at one of Southern California's premier swimming facilities. The 2017 Nationwide USMS Spring National Championship will happen at the Riverside Aquatics Complex at Riverside College, the site of the ABC celebrity TV diving show, "Splash."

RAC HIGHLIGHTS

The 65-meter outdoor pool, an \$11 million, 2011 addition to the 25-meter Cutter Pools, is almost as deep (8–17 feet) as it is fast. The site for the Southern California Swimming Long Course Junior Olympics for the past five years, this shiny new pool at RAC will accommodate two, nine-lane competition courses.

Four lanes in the competition pool will be available for warm-up throughout the meet,

as will two, adjacent six-lane, 25-yard pools. Walk-out steps will be available in the lane to be reserved for swimmers 65 and older.

JAZZ JUNKIES TO ENTERTAIN AT MEET SOCIAL

Meet director Kevin Timko announced that the meet social will kick off Friday evening at 7 p.m. at the Riverside Convention Center. Swimmers can enjoy indoor and outdoor dining and mingle and socialize with friends old and new while listening to live music performed by the Jazz Junkies. The four-member group's funky jazz and soul performances, often accented with a Latin twist, have been a hit with crowds for more than 20 years.

MUSEUMS. PARKS. AND MORE

March Field Air Museum, rated number one on TripAdvisor's Riverside page, is a

DEADLINE:

Mar. 27, 2017,

11:59 p.m. PDT

military museum on the March Air Reserve Base. Visitors can admire more than 70 aircraft including the B-52 bomber, SR-71 Blackbird, and Cold War spy planes. Just across the freeway from the Air Museum is the famous Riverside National Cemetery. Medal of Honor, Vietnam Veterans, and Prisoners of War memorials are of particular interest to many visitors to this site.

Mount Rubidoux Park is the perfect place for restless family members to embark on a day hike. Multiple trails of moderate difficulty lead to the top of Rubidoux Mountain and to incredible views of Riverside and Jurupa Valley. The 1,500-acre Sycamore Canyon Wilderness Park is a beautiful site for mountain biking and hikes amid rolling hills, gullies, and desert plants. Another popular place to walk and learn about local history is the California Citrus State Historic Park, a 377-acre park dedicated to California's citrus heritage.

Numerous cultural landmarks are within walking distance of downtown Riverside. The Fox Performing Arts Center, the Riverside Art Museum, the national historic landmark Mission Inn Hotel and Spa,



ONLINE ENTRY

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the Riverside Metropolitan Museum, and the famed Riverside Courthouse are all within several blocks of each other. Statues of many great leaders including Martin Luther King Jr. and Mahatma Gandhi decorate the streets.

WINING AND DINING

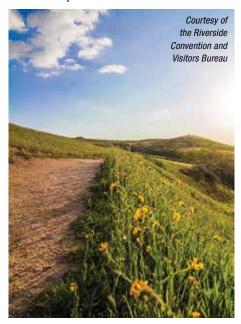
Offering fresh baked breads and a variety of sandwiches and salads, Simple Simon's is a popular lunch place within walking distance of the Riverside Convention Center and the Marriott. Also offering vegetarian and gluten-free options, this restaurant was awarded a certificate of excellence by TripAdvisor.

Another easy walk from the downtown area is the Mission Inn Restaurant, where diners can enjoy a leisurely meal on the outdoor Spanish courtyard in the center of the Mission Inn Hotel and Spa. The restaurant is famous for its amazing Sunday brunch and offers a unique atmosphere—the courtyard is surrounded by elegant, Spanish Mission-style architecture. Nearby, Duane's Prime Steaks and Seafood-honored with the AAA's prestigious Four Diamond rating since 1996—is a hotspot for evening wining and dining.

For more information about other sites of interest in the Riverside area, visit riversidecvb.com or tripadvisor.com.

START PLANNING NOW

The 2017 Nationwide USMS Spring National Championship offers swimmers a world-class, newly constructed swimming facility in a city full of interesting activities. Plan now for an unforgettable swimming and vacation experience.—SUSAN DAWSON-COOK



ORDER OF EVENTS

Thursday, April 27

1650 freestyle*

1000 freestyle*

Friday, April 28

500 freestyle (men)

100 breaststroke

200 backstroke

50 butterfly

200 IM

100 freestyle

200 freestyle relay (mixed)

Saturday, April 29

500 freestyle (women)

100 butterfly

200 breaststroke

100 IM

50 backstroke

200 medley relay

200 freestyle relay

Sunday, April 30

400 IM

50 freestyle

200 butterfly

200 medley relay (mixed)

100 backstroke

200 freestyle

50 breaststroke

*Swimmers may enter both the 1000 and 1650 freestyle events. All swimmers entering the 1650 freestyle must meet the NQT.

CONTACT INFORMATION

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