

2016 Nationwide USMS Spring Nationals

Greensboro Aquatic Center

Meet Summary

| Event #3 | Seed | Prelims | Finals | | |
|---|------------------|------------------|------------------|-----|------|
| Arnold, Allison A - Female - Age: 23 - TOC - ID#: 386G-09827 | | | | | |
| #3 Women 18-24 1650 Free | 18:45.00 | | 17:27.91 | (1) | 21/7 |
| National: 17:31.70Y | | | | | |
| 27.62 | 58.50 (30.88) | 1:30.16 (31.66) | 2:02.46 (32.30) | | |
| 2:34.83 (32.37) | 3:07.19 (32.36) | 3:39.27 (32.08) | 4:11.39 (32.12) | | |
| 4:43.07 (31.68) | 5:14.62 (31.55) | 5:46.16 (31.54) | 6:17.60 (31.44) | | |
| 6:49.08 (31.48) | 7:20.69 (31.61) | 7:52.40 (31.71) | 8:24.15 (31.75) | | |
| 8:55.88 (31.73) | 9:27.64 (31.76) | 9:59.43 (31.79) | 10:31.11 (31.68) | | |
| 11:02.78 (31.67) | 11:34.43 (31.65) | 12:05.90 (31.47) | 12:37.41 (31.51) | | |
| 13:09.27 (31.86) | 13:42.30 (33.03) | 14:15.50 (33.20) | 14:48.41 (32.91) | | |
| 15:20.14 (31.73) | 15:52.45 (32.31) | 16:25.17 (32.72) | 16:56.97 (31.80) | | |
| | | | 17:27.91 (30.94) | | |
| Event #7 | | | | | |
| Willeboordse, Fall - Female - Age: 50 - BCTM - ID#: 066G-02XG8 | | | | | |
| #7 Women 50-54 100 IM | 1:01.48 | | 1:01.28 | (1) | 12/5 |
| National: 1:01.41Y | | | | | |
| 27.48 | 1:01.28 (33.80) | | | | |
| Davis, Charlotte M - Female - Age: 66 - PSM - ID#: 366E-02KR1 | | | | | |
| #7 Women 65-69 100 IM | 1:11.50 | | 1:10.09 | (1) | 4/5 |
| National: 1:12.22Y | | | | | |
| 32.35 | 1:10.09 (37.74) | | | | |
| Detrick, Johnnie - Female - Age: 80 - VMST - ID#: 126Y-02HME | | | | | |
| #7 Women 80-84 100 IM | 1:44.03 | | 1:42.51 | (1) | 1/8 |
| National: 1:44.03Y | | | | | |
| 50.32 | 1:42.51 (52.19) | | | | |
| Event #8 | | | | | |
| Freshley, Mike R - Male - Age: 75 - ROSE - ID#: 336S-02BUD | | | | | |
| #8 Men 75-79 100 IM | 1:09.69 | | 1:08.70 | (1) | 2/4 |
| National: 1:09.69Y | | | | | |
| 31.64 | 1:08.70 (37.06) | | | | |
| Maine, Thomas O - Male - Age: 90 - SLAM - ID#: 226N-02UNA | | | | | |
| #8 Men 90-94 100 IM | 1:58.36 | | 1:53.38 | (1) | 1/9 |
| National: 1:56.78Y | | | | | |
| 54.46 | 1:53.38 (58.92) | | | | |
| Event #10 | | | | | |

2016 Nationwide USMS Spring Nationals

Greensboro Aquatic Center

Meet Summary

| | Seed | | Prelims | | Finals | | |
|---|-----------------|-----------------|-----------------|--|---------|-----|------|
| Granger, Nicolas - Male - Age: 48 - ROSE - ID#: 336C-09UFR | | | | | | | |
| #10 Men 45-49 200 Breast | 2:08.22 | | | | 2:07.40 | (1) | 12/5 |
| National: 2:08.23Y | | | | | | | |
| 28.15 | 59.98 (31.83) | 1:33.09 (33.11) | 2:07.40 (34.31) | | | | |
| Strand, Robert - Male - Age: 70 - SAWS - ID#: 5968-03KY3 | | | | | | | |
| #10 Men 70-74 200 Breast | 2:44.50 | | | | 2:35.66 | (1) | 4/5 |
| National: 2:43.16Y | | | | | | | |
| 34.73 | 1:13.74 (39.01) | 1:53.95 (40.21) | 2:35.66 (41.71) | | | | |
| Freshley, Mike R - Male - Age: 75 - ROSE - ID#: 336S-02BUD | | | | | | | |
| #10 Men 75-79 200 Breast | 2:50.38 | | | | 2:45.33 | (1) | 2/5 |
| National: 2:59.83Y | | | | | | | |
| 36.47 | 1:18.51 (42.04) | 2:01.50 (42.99) | 2:45.33 (43.83) | | | | |
| Event #12 | | | | | | | |
| Oyakawa, Yoshi - Male - Age: 82 - O*H* - ID#: 1860-01PN5 | | | | | | | |
| #12 Men 80-84 50 Back | 35.00 | | | | 34.49 | (1) | 2/5 |
| National: 34.56Y | | | | | | | |
| Event #13 | | | | | | | |
| Willeboordse, Fall - Female - Age: 50 - BCTM - ID#: 066G-02XG8 | | | | | | | |
| #13 Women 50-54 100 Free | 53.44 | | | | 53.60 | (1) | 15/5 |
| National: 54.38Y | | | | | | | |
| 25.37 | 53.60 (28.23) | | | | | | |
| Davis, Charlotte M - Female - Age: 66 - PSM - ID#: 366E-02KR1 | | | | | | | |
| #13 Women 65-69 100 Free | 1:01.50 | | | | 1:00.94 | (1) | 5/5 |
| National: 1:05.01Y | | | | | | | |
| 29.85 | 1:00.94 (31.09) | | | | | | |
| Event #15 | | | | | | | |
| McCloskey, Cecilia D - Female - Age: 66 - 1776 - ID#: 0863-022H8 | | | | | | | |
| #15 Women 65-69 200 Fly | 2:56.00 | | | | 2:51.20 | (1) | 2/7 |
| National: 2:55.91Y | | | | | | | |
| 37.37 | 1:20.41 (43.04) | 2:05.77 (45.36) | 2:51.20 (45.43) | | | | |
| Event #16 | | | | | | | |

2016 Nationwide USMS Spring Nationals

Greensboro Aquatic Center

Meet Summary

| | Seed | | Prelims | | Finals | | |
|--|-------------------|-----------------|-----------------|--|---------|-----|------|
| Sims, David E - Male - Age: 53 - IM - ID#: 216B-FASTR | | | | | | | |
| #16 Men 50-54 200 Fly | 1:59.00 | | | | 1:58.49 | (1) | 8/5 |
| National: 1:59.10Y | | | | | | | |
| 27.51 | 57.49 (29.98) | 1:28.20 (30.71) | 1:58.49 (30.29) | | | | |
| Day, Lawrence J - Male - Age: 65 - MICH - ID#: 196J-005J4 | | | | | | | |
| #16 Men 65-69 200 Fly | 2:18.25 | | | | 2:13.55 | (1) | 3/5 |
| National: 2:15.87Y | | | | | | | |
| 30.88 | 1:04.95 (34.07) | 1:39.09 (34.14) | 2:13.55 (34.46) | | | | |
| Maine, Thomas O - Male - Age: 90 - SLAM - ID#: 226N-02UNA | | | | | | | |
| #16 Men 90-94 200 Fly | 4:53.86 | | | | 4:44.76 | (1) | 1/7 |
| National: 4:53.86Y | | | | | | | |
| Event #22 | | | | | | | |
| Mc Conica, Jim - Male - Age: 65 - VCM - ID#: 336R-03B07 | | | | | | | |
| #22 Men 65-69 500 Free | 5:34.54 | | | | 5:29.10 | (1) | 4/5 |
| National: 5:34.54Y | | | | | | | |
| 30.70 | 1:04.02 (33.32) | 1:37.44 (33.42) | 2:11.09 (33.65) | | | | |
| 2:45.07 (33.98) | 3:18.48 (33.41) | 3:51.66 (33.18) | 4:24.90 (33.24) | | | | |
| 4:58.07 (33.17) | 5:29.10 (31.03) | | | | | | |
| Event #23 | | | | | | | |
| Davis, Charlotte M - Female - Age: 66 - PSM - ID#: 366E-02KR1 | | | | | | | |
| #23 Women 65-69 100 Fly | 1:11.50 | | | | 1:10.12 | (1) | 2/5 |
| National: 1:11.55Y | | | | | | | |
| 32.81 | 1:10.12 (37.31) | | | | | | |
| Event #24 | | | | | | | |
| Maine, Thomas O - Male - Age: 90 - SLAM - ID#: 226N-02UNA | | | | | | | |
| #24 Men 90-94 100 Fly | 2:11.81 | | | | 2:06.88 | (1) | 1/9 |
| National: 2:11.81Y | | | | | | | |
| 58.24 | 2:06.88 (1:08.64) | | | | | | |
| Event #25 | | | | | | | |
| Meili, Katie - Female - Age: 25 - NCMS - ID#: 136W-095FC | | | | | | | |
| #25 Women 25-29 50 Breast | 28.95 | | | | 27.10 | (1) | 22/5 |
| National: 27.14Y | | | | | | | |
| Event #26 | | | | | | | |

2016 Nationwide USMS Spring Nationals

Greensboro Aquatic Center

Meet Summary

| | Seed | Prelims | Finals | |
|---|-------|---------|--------|---------|
| Strand, Robert - Male - Age: 70 - SAWS - ID#: 5968-03KY3 | | | | |
| #26 Men 70-74 50 Breast | 32.95 | | 31.70 | (1) 5/5 |
| National: 32.86Y | | | | |

| | | | | |
|---|-------|--|-------|---------|
| Freshley, Mike R - Male - Age: 75 - ROSE - ID#: 336S-02BUD | | | | |
| #26 Men 75-79 50 Breast | 35.64 | | 34.95 | (1) 3/5 |
| National: 35.64Y | | | | |

Event #27

| | | | | |
|--|-----------------|-----------------|-----------------|---------|
| Davis, Charlotte M - Female - Age: 66 - PSM - ID#: 366E-02KR1 | | | | |
| #27 Women 65-69 200 IM | 2:35.50 | | 2:35.18 | (1) 2/5 |
| National: 2:37.07Y | | | | |
| 33.70 | 1:14.72 (41.02) | 2:01.05 (46.33) | 2:35.18 (34.13) | |

| | | | | |
|---|-----------------|-----------------|-----------------|---------|
| Slifer, Kathy M - Female - Age: 70 - NEM - ID#: 026B-034JK | | | | |
| #27 Women 70-74 200 IM | 3:01.28 | | 2:59.60 | (1) 1/4 |
| National: 3:06.16Y | | | | |
| 39.59 | 1:25.62 (46.03) | 2:18.11 (52.49) | 2:59.60 (41.49) | |

Event #28

| | | | | |
|--|-----------------|-----------------|-----------------|---------|
| Day, Lawrence J - Male - Age: 65 - MICH - ID#: 196J-005J4 | | | | |
| #28 Men 65-69 200 IM | 2:28.70 | | 2:16.17 | (1) 4/4 |
| National: 2:16.44Y | | | | |
| 28.90 | 1:04.33 (35.43) | 1:43.61 (39.28) | 2:16.17 (32.56) | |

| | | | | |
|---|-----------------|-----------------|-----------------|---------|
| Strand, Robert - Male - Age: 70 - SAWS - ID#: 5968-03KY3 | | | | |
| #28 Men 70-74 200 IM | 2:32.50 | | 2:26.42 | (1) 3/5 |
| National: 2:29.92Y | | | | |
| 32.31 | 1:10.32 (38.01) | 1:51.48 (41.16) | 2:26.42 (34.94) | |

| | | | | |
|---|-----------------|-----------------|-----------------|---------|
| Freshley, Mike R - Male - Age: 75 - ROSE - ID#: 336S-02BUD | | | | |
| #28 Men 75-79 200 IM | 2:39.07 | | 2:35.67 | (1) 2/5 |
| National: 2:39.07Y | | | | |
| 32.00 | 1:14.48 (42.48) | 1:58.67 (44.19) | 2:35.67 (37.00) | |

2016 Nationwide USMS Spring Nationals

Greensboro Aquatic Center

Meet Summary

| | Seed | Prelims | Finals | |
|--|-------------------|-------------------|-----------------|---------|
| Maine, Thomas O - Male - Age: 90 - SLAM - ID#: 226N-02UNA | | | | |
| #28 Men 90-94 200 IM | 4:16.29 | | 4:02.84 | (1) 1/8 |
| National: 4:14.97Y | | | | |
| 58.21 | 3:12.64 () | 4:02.84 (50.20) | | |
| Event #32 | | | | |
| Barton, Tom - Male - Age: 60 - NTXL - ID#: 2663-000H4 | | | | |
| #32 Men 60-64 100 Back | 59.80 | | 57.46 | (1) 8/5 |
| National: 59.29Y | | | | |
| 28.02 | 57.46 (29.44) | | | |
| Oyakawa, Yoshi - Male - Age: 82 - O*H* - ID#: 1860-01PN5 | | | | |
| #32 Men 80-84 100 Back | 1:25.00 | | 1:18.23 | (1) 1/4 |
| National: 1:18.31Y | | | | |
| 37.84 | 1:18.23 (40.39) | | | |
| Event #37 | | | | |
| Davis, Charlotte M - Female - Age: 66 - PSM - ID#: 366E-02KR1 | | | | |
| #37 Women 65-69 400 IM | 5:45.00 | | 5:35.85 | (1) 2/3 |
| National: 5:48.15Y | | | | |
| 34.93 | 1:16.04 (41.11) | 2:00.93 (44.89) | 2:43.14 (42.21) | |
| 3:32.35 (49.21) | 4:21.60 (49.25) | 5:00.16 (38.56) | 5:35.85 (35.69) | |
| Slifer, Kathy M - Female - Age: 70 - NEM - ID#: 026B-034JK | | | | |
| #37 Women 70-74 400 IM | 6:22.29 | | 6:15.30 | (1) 1/4 |
| National: 6:40.92Y | | | | |
| 42.61 | 1:31.23 (48.62) | 2:18.50 (47.27) | 3:06.14 (47.64) | |
| 3:57.51 (51.37) | 4:50.71 (53.20) | 5:33.62 (42.91) | 6:15.30 (41.68) | |
| Event #38 | | | | |
| Day, Lawrence J - Male - Age: 65 - MICH - ID#: 196J-005J4 | | | | |
| #38 Men 65-69 400 IM | 5:08.84 | | 4:56.46 | (1) 2/4 |
| National: 4:56.54Y | | | | |
| 32.49 | 1:07.83 (35.34) | 1:47.34 (39.51) | 2:25.48 (38.14) | |
| 3:07.61 (42.13) | 3:49.90 (42.29) | 4:24.20 (34.30) | 4:56.46 (32.26) | |
| Maine, Thomas O - Male - Age: 90 - SLAM - ID#: 226N-02UNA | | | | |
| #38 Men 90-94 400 IM | 8:37.28 | | 8:37.61 | (1) 2/9 |
| National: 9:04.12Y | | | | |
| 58.95 | 2:08.52 (1:09.57) | 3:15.87 (1:07.35) | | |
| 5:34.40 () | 6:46.46 (1:12.06) | 7:41.66 (55.20) | 8:37.61 (55.95) | |
| Event #44 | | | | |

2016 Nationwide USMS Spring Nationals

Greensboro Aquatic Center

Meet Summary

| | Seed | Prelims | Finals | |
|--|-------|---------|--------|----------|
| Kone, Bruce C - Male - Age: 58 - RICE - ID#: 2560-01Z2D | | | | |
| #44 Men 55-59 50 Fly | 24.13 | | 24.00 | (1) 13/5 |
| National: 24.13Y | | | | |

| | | | | |
|---|-------|--|-------|---------|
| Freshley, Mike R - Male - Age: 75 - ROSE - ID#: 336S-02BUD | | | | |
| #44 Men 75-79 50 Fly | 30.84 | | 29.69 | (1) 2/4 |
| National: 30.63Y | | | | |

Event #46

| | | | | |
|---|---------------|-----------------|-----------------|----------|
| Granger, Nicolas - Male - Age: 48 - ROSE - ID#: 336C-09UFR | | | | |
| #46 Men 45-49 200 Back | 1:53.96 | | 1:53.97 | (1) 12/5 |
| National: 1:53.97Y | | | | |
| 27.46 | 56.04 (28.58) | 1:25.04 (29.00) | 1:53.97 (28.93) | |

| | | | | |
|--|---------------|-----------------|-----------------|---------|
| Barton, Tom - Male - Age: 60 - NTXL - ID#: 2663-000H4 | | | | |
| #46 Men 60-64 200 Back | 2:09.73 | | 2:07.91 | (1) 7/5 |
| National: 2:12.85Y | | | | |
| 29.03 | 59.96 (30.93) | 1:33.12 (33.16) | 2:07.91 (34.79) | |

Event #48

| | | | | |
|---|-----------------|--|---------|---------|
| Strand, Robert - Male - Age: 70 - SAWS - ID#: 5968-03KY3 | | | | |
| #48 Men 70-74 100 Breast | 1:12.00 | | 1:09.47 | (1) 5/5 |
| National: 1:11.75Y | | | | |
| 32.30 | 1:09.47 (37.17) | | | |

| | | | | |
|---|-----------------|--|---------|---------|
| Freshley, Mike R - Male - Age: 75 - ROSE - ID#: 336S-02BUD | | | | |
| #48 Men 75-79 100 Breast | 1:19.21 | | 1:16.79 | (1) 3/5 |
| National: 1:19.21Y | | | | |
| 35.75 | 1:16.79 (41.04) | | | |

| Relay | Seed | Prelims | Finals | |
|--|---------|---------------|-----------------|-----------------|
| 1 The Olympic Club - 'A' - X25 | | | | |
| #17 Mixed 25+ 200 Freestyle Relay | 1:27.40 | | 1:28.83 | (1) 13/5 |
| National: 1:29.40Y | | | | |
| C Burckle M28 386H-08CHG, K Kastes W26 3869-08BBD, F O'Donnell-McCarthy W29 3869-06PKU, A Saeta M25 3864-08FF9 | 21.22 | 45.63 (24.41) | 1:09.03 (23.40) | 1:28.83 (19.80) |

2016 Nationwide USMS Spring Nationals**Greensboro Aquatic Center****Meet Summary**

| | Seed | Prelims | Finals | | |
|--|-----------------|-----------------|-----------------|-----------------|--------|
| 2 Club Tribe Alumni - 'A' - X18 | | | | | |
| #19 Mixed 18+ 400 Freestyle Relay | 3:19.70 | | 3:14.92 | (1) | * 12/5 |
| National: 3:24.53Y | | | | | |
| K Gallagher M28 126P-07S99, K Loughran M28 1065-07S7C, K Grier W37 126J-09T3S, G Mizerak W24 1267-099KU | | | | | |
| | 22.02 | 45.86 (23.84) | 1:07.48 (21.62) | 1:31.58 (24.10) | |
| | 1:56.30 (24.72) | 2:23.43 (27.13) | 2:48.08 (24.65) | 3:14.92 (26.84) | |
| 3 The Olympic Club - 'A' - X18 | | | | | |
| #19 Mixed 18+ 400 Freestyle Relay | 3:25.60 | | 3:16.26 | (2) | * 12/4 |
| National: 3:24.53Y | | | | | |
| C Davis M23 386P-0A70H, M Stipe W23 3869-09Y7T, M Ballenger W29 386T-06ECE, C Babcock M23 386R-09MDZ | | | | | |
| | 22.27 | 47.19 (24.92) | 1:11.77 (24.58) | 1:39.24 (27.47) | |
| | 2:03.65 (24.41) | 2:30.57 (26.92) | 2:52.40 (21.83) | 3:16.26 (23.86) | |
| 4 The Olympic Club - 'B' - X18 | | | | | |
| #19 Mixed 18+ 400 Freestyle Relay | 3:29.50 | | 3:22.28 | (3) | * 12/3 |
| National: 3:24.53Y | | | | | |
| M Hurko M24 386R-08B4Y, A Arnold W23 386G-09827, C Olson W25 386Z-09RUH, M Murray M24 386K-0A2W2 | | | | | |
| | 22.87 | 47.39 (24.52) | 1:13.07 (25.68) | 1:41.31 (28.24) | |
| | 2:07.25 (25.94) | 2:34.89 (27.64) | 2:57.30 (22.41) | 3:22.28 (24.98) | |
| 5 The Olympic Club - 'A' - X25 | | | | | |
| #19 Mixed 25+ 400 Freestyle Relay | 3:23.50 | | 3:16.12 | (1) | * 10/5 |
| National: 3:16.77Y | | | | | |
| A Saeta M25 3864-08FF9, F O'Donnell-McCarthy W29 3869-06PKU, K Kastes W26 3869-08BBD, C Burckle M28 386H-08CHG | | | | | |
| | 21.60 | 45.38 (23.78) | 1:10.98 (25.60) | 1:39.38 (28.40) | |
| | 2:03.82 (24.44) | 2:30.98 (27.16) | 2:52.39 (21.41) | 3:16.12 (23.73) | |
| 6 North Carolina Masters Swimmin - 'A' - X35 | | | | | |
| #19 Mixed 35+ 400 Freestyle Relay | 3:21.30 | | 3:26.42 | (1) | 8/5 |
| National: 3:28.42Y | | | | | |
| H Stewart M52 1364-022XF, E Braun W44 1364-023KN, K Lindauer W41 136P-0234M, V Fletcher M40 136G-4T1ME | | | | | |
| | 24.93 | 52.03 (27.10) | 1:16.86 (24.83) | 1:44.32 (27.46) | |
| | 2:09.84 (25.52) | 2:37.88 (28.04) | 3:00.97 (23.09) | 3:26.42 (25.45) | |
| 7 Wisconsin Masters Aquatic Club - 'A' - X35 | | | | | |
| #19 Mixed 35+ 400 Freestyle Relay | 3:29.88 | | 3:28.40 | (2) | * 8/6 |
| National: 3:28.42Y | | | | | |
| A Babcock M38 206V-0641J, D Stich M40 2064-01RP7, S Perez W40 206M-03A87, T Schaetz W43 206P-01RJ1 | | | | | |
| | 24.35 | 49.29 (24.94) | 1:13.12 (23.83) | 1:38.90 (25.78) | |
| | 2:05.43 (26.53) | 2:34.57 (29.14) | 2:59.95 (25.38) | 3:28.40 (28.45) | |

2016 Nationwide USMS Spring Nationals**Greensboro Aquatic Center****Meet Summary**

| | Seed | Prelims | Finals | | |
|---|-----------------|-----------------|-------------------|-----------------|--------|
| 8 New York Athletic Club - 'A' - X45 | | | | | |
| #19 Mixed 45+ 400 Freestyle Relay | 3:30.00 | | 3:33.66 | (1) | 6/5 |
| National: 3:34.92Y | | | | | |
| C Blaze M45 066W-06UTC, T Gleason M59 066Z-005UT, S Wager W50 066N-0616T, K Gary W48 0666-02XE5 | | | | | |
| | 23.09 | 49.01 (25.92) | 1:13.57 (24.56) | 1:41.64 (28.07) | |
| | 2:08.50 (26.86) | 2:37.42 (28.92) | 3:04.29 (26.87) | 3:33.66 (29.37) | |
| 9 New Albany Aquatics Club - 'A' - X45 | | | | | |
| #19 Mixed 45+ 400 Freestyle Relay | 3:40.00 | | 3:34.31 | (2) | * 6/3 |
| National: 3:34.92Y | | | | | |
| D Wharton M46 176T-06UGW, B Birnrich W52 176H-01UGZ, R Klestinec W54 176K-01U7M, B Jones M50 1769-03AKR | | | | | |
| | 24.18 | 49.41 (25.23) | 1:16.80 (27.39) | 1:46.18 (29.38) | |
| | 2:14.41 (28.23) | 2:44.42 (30.01) | 3:08.11 (23.69) | 3:34.31 (26.20) | |
| 10 New England Masters Swim Club - 'A' - X65 | | | | | |
| #19 Mixed 65+ 400 Freestyle Relay | 4:41.10 | | 4:34.77 | (2) | * 1/4 |
| National: 4:36.77Y | | | | | |
| C Hayes W68 0269-01S5E, D Hutchings M74 0266-07HTD, K Sliifer W70 026B-034JK, D Epstein M65 026M-095YV | | | | | |
| | 32.71 | 1:08.35 (35.64) | 1:41.40 (33.05) | 2:17.65 (36.25) | |
| | 2:33.44 (15.79) | 2:53.59 (20.15) | 4:02.57 (1:08.98) | 4:34.77 (32.20) | |
| 11 Palm Beach Masters - 'A' - X65 | | | | | |
| #19 Mixed 65+ 400 Freestyle Relay | 4:33.00 | | 4:33.47 | (1) | 1/6 |
| National: 4:36.77Y | | | | | |
| D Quiggin M71 506H-01PH6, F Hare W65 5065-02XHG, S Mitchell W67 5060-08CXY, R Parsons M68 506K-027BZ | | | | | |
| | 28.46 | 58.66 (30.20) | 1:30.18 (31.52) | 2:03.96 (33.78) | |
| | 2:42.46 (38.50) | 3:25.82 (43.36) | 3:57.67 (31.85) | 4:33.47 (35.80) | |
| 12 Club Tribe Alumni - 'A' - W18 | | | | | |
| #33 Women 18+ 200 Freestyle Relay | 1:37.20 | | 1:35.66 | (1) | * 9/6 |
| National: 1:35.70Y | | | | | |
| G Mizerak W24 1267-099KU, S Shaner W24 126Y-0A7UN, C Hurtubise W36 126F-05HVX, K Grier W37 126J-09T3S | | | | | |
| | 24.38 | 48.03 (23.65) | 1:12.34 (24.31) | 1:35.66 (23.32) | |
| 13 The Olympic Club - 'A' - M25 | | | | | |
| #34 Men 25+ 200 Freestyle Relay | 1:22.00 | | 1:20.22 | (1) | * 11/5 |
| National: 1:21.82Y | | | | | |
| J Leopold M26 3866-09GA4, S Greenwood M38 3868-03KPW, K Ferguson M25 386N-087RP, A Saeta M25 3864-08FF9 | | | | | |
| | 20.73 | 41.00 (20.27) | 1:00.73 (19.73) | 1:20.22 (19.49) | |

2016 Nationwide USMS Spring Nationals**Greensboro Aquatic Center****Meet Summary**

| | Seed | Prelims | Finals | |
|---|-------------|----------------|---------------|------|
| 14 The Olympic Club - 'A' - X18 | | | | |
| #35 Mixed 18+ 200 Medley Relay | 1:34.50 | | 1:35.89 (1) | 16/5 |
| National: 1:37.96Y | | | | |
| A Saeta M25 3864-08FF9, C Babcock M23 386R-09MDZ, A Senko W23 386S-09M68, M Stipe W23 3869-09Y7T | | | | |
| 22.11 47.07 (24.96) 1:12.61 (25.54) 1:35.89 (23.28) | | | | |
| 15 The Olympic Club - 'A' - M25 | | | | |
| #40 Men 25+ 200 Medley Relay | 1:28.00 | | 1:28.48 (1) | 9/5 |
| National: 1:30.97Y | | | | |
| A Saeta M25 3864-08FF9, J Leopold M26 3866-09GA4, J Dunford M29 386V-0A8X6, K Ferguson M25 386N-087RP | | | | |
| 21.98 46.85 (24.87) 1:08.32 (21.47) 1:28.48 (20.16) | | | | |

Total Athletes: 40
Total Relays: 15