

# 2009 USMS NATIONAL SHORT COURSE CHAMPIONSHIPS OFFICIAL ENTRY FORM

Clovis North High School Aquatics Complex, May 7-10, 2009 >>> Sanctioned by the Pacific LMSC for USMS, Inc. - Sanction number 38-09-07

Last name:\* \_\_\_\_\_ First: \_\_\_\_\_ MI: \_\_\_\_\_  
 Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_ Country: \_\_\_\_\_  
 E-Mail: \_\_\_\_\_ Day Phone: \_\_\_\_\_ Eve.Phone: \_\_\_\_\_  
 Emergency contact: \_\_\_\_\_ Phone: \_\_\_\_\_ Age: \_\_\_\_\_ (on 5/10/09)\*\* D.O.B: \_\_\_\_\_ Sex: \_\_\_\_\_  
 Club Name or Unattached: \_\_\_\_\_ USMS or International Reg. #: \_\_\_\_\_  
 \* Print name as it appears on USMS registration card. \*\* 18-year-olds must be 18 on 5/6/09

**Before completing, read meet information on previous page. Check in for all deck-seeded events.**

Check-in for Thursday starts **THE DAY BEFORE** and ends at 7:00 a.m. on Thursday for the 1000, and 9:00 a.m. for the 1650. Check-in for all Friday through Sunday events ends at 7:00 a.m. the day of the event.

Event #	Entry Time Women	Date	6	Event	Event #	Entry Time Men	Date	6
<b>Thursday, May 7, 2009</b>				<b>Warm-Up 6:30-7:50 a.m.</b>	<b>Start 8:00 a.m.</b>			
2				1000 Freestyle**	1			
4				1650 Freestyle**	3			
<b>Friday, May 8, 2009</b>				<b>Warm-Up 6:30-7:50 a.m.</b>	<b>Start 8:00 a.m.</b>			
6				400 IM	5			
8				50 Butterfly	7			
10				200 Freestyle	9			
12				100 Backstroke	11			
14				200 Breaststroke	13			
15/16	See Relay Form			200 Mixed Medley Relay	15/16	See Relay Form		
18	See Relay Form			200 Free Relay	17	See Relay Form		
<b>Saturday, May 9, 2008</b>				<b>Warm-Up 6:30-7:50 a.m.</b>	<b>Start 8:00 a.m.</b>			
20				500 Freestyle (Women)				
22				200 Backstroke	21			
24				50 Freestyle	23			
26				100 Breaststroke	25			
28				200 IM	27			
30				100 Butterfly	29			
32	See Relay Form			200 Medley Relay	31	See Relay Form		
<b>Sunday, May 10, 2009</b>				<b>Warm-Up 6:30-7:50 a.m.</b>	<b>Start 8:00 a.m.</b>			
				500 Freestyle (Men)	33			
36				50 Breaststroke	35			
38				100 IM	37			
40				200 Butterfly	39			
42				100 Freestyle	41			
44				50 Backstroke	43			
45/46	See Relay Form			200 Mixed Free Relay	45/46	See Relay Form		

\*\*You may enter both the 1000 and 1650 Free, only if you meet the national qualifying time for both events.

### MAIL ENTRIES TO:

Short Course Nationals  
 USMS  
 8 Rockwood Lane  
 Londonderry, NH 03053

**ENTRIES MUST BE U.S. POSTMARKED BY MARCH 26, 2009 OR RECEIVED BY APRIL 2, 2009.**

### ENTRY CHECKLIST

- Entry form filled out completely?
  - "Date" and "6" events clearly marked? (Date is for NQTs that have been met. Mark "6" only if entering six events.)
  - Seed times in proper columns?
  - No more than three events per day entered?
  - Liability release signed and dated?
  - Fees payable to "USMS" enclosed?
  - International registration card attached?
  - SASE enclosed? (Indicate purpose on envelope.)
  - Entry postmarked by March 26, 2009, or received by April 2, 2009 deadline?
- Questions?** Call 559-285-0489 (before 9 pm PST)



### FEES:

- Meet Surcharge (required for all events) ..... \$40 \_\_\_\_\_
- Number of Individual Events ..... x \$4 \_\_\_\_\_
- Final Results ..... x \$15 \_\_\_\_\_
- Gold Medal Sponsor ..... x \$75 \_\_\_\_\_
- Social
- Adult ..... vegetarian \_\_\_\_\_ regular... x \$12 \_\_\_\_\_
- Child... (10 & under) chicken strips & macaroni x \$8 \_\_\_\_\_
- TOTAL FEES ENCLOSED** ..... \$ \_\_\_\_\_

Check or money order payable to **United States Masters Swimming**

**Internet entries will be accepted starting Feb. 1, 2009. Please see [www.usms.org](http://www.usms.org) for additional information. Liability Release:** "I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS."

Signature: \_\_\_\_\_

Date: \_\_\_\_\_