

2003 United States Masters Swimming National Short Course Championships



Mona Plummer Aquatic Complex
Arizona State University, Tempe May 15-18, 2003



Mona Plummer Aquatic Complex

MEET INFORMATION

Sun Devil Masters and Arizona State University are proud to host the 2003 Short Course National Championships. Please read the following information carefully and refer to the checklist on the entry form to avoid misunderstandings or problems regarding the conduct of the meet. All times listed are Pacific Daylight Time (PDT).

Location

The Mona Plummer Aquatic Center, located at the intersection of Stadium Avenue and College Street is on the campus of Arizona State University in Tempe, Arizona.

Facilities

The venue is an outdoor 50 meter pool divided by a bulkhead into two 8 lane, 25 yard courses. The pool is a uniform 7.5 feet deep. Adjacent, there are two 25 yard, 8 lane warm-up pools. Covered seating for 2000 is available in the bleachers and on the pool deck. Colorado Timing will be used with two 8 line scoreboards.

Website

Meet information, entry forms, on-line registration and current hotel and car rental information are available at www.usms.org.

Hotels

Arizona State University will be holding commencement exercises during the same time as our championship. To avoid availability problems, book your rooms early.

Hotels on Shuttle Route

AmeriSuites Tempe/Phoenix

(2 miles from pool) 1413 W. Rio Salado Parkway Tempe, AZ 85281 Suites at \$59

Phone: (480) 804-9544

Springhill Suites Tempe/Phoenix (2.4 miles from pool)

1601 W. Rio Salado Parkway Tempe, AZ 85281

Suites at \$79.00

Phone: (480) 968-8222

Courtyard Marriott - Tempe Downtown

(0.5 miles from pool) 601 S. Ash Avenue Tempe, AZ 85281 Single - Quad at \$85

Phone (800) 0835-6205

Best Western Inn of Tempe at ASU

(1.2 miles from pool) 670 North Scottsdale Road Tempe, AZ 85281 Phone: (480) 784-2233 Single - Ouad at \$59

Hampton Inn & Suites Tempe/ASU

(2.1 miles from pool) 1429 North Scottsdale Road Tempe, AZ 85281

Phone: (800) 426-7866

Traditional rooms and suites \$59 - \$79

Meet Shuttle Service & Parking

A free shuttle will be offered between the designated hotels and the aquatic center. The shuttle schedule will be available at the meet registration and at the participating hotels. Free parking is available on campus during the meet

Ground Transportation

Phoenix's Sky Harbor Airport is only a 5-mile taxi ride from the hotels. Some hotels will provide shuttle service. Transportation will also be provided from the airport to all hotels by the by the Super Shuttle Company. To

make a reservation for a spot in one of their vans, call (800) 654-2240. Hertz is the official rental car supplier for the meet. When making reservations, use the ID number CV#022O1147 to receive discounted rates.

Attractions

Arizona is an active person's playground. Whether it is rafting through the Grand Canyon, horseback riding in the desert at sunset or hiking among the stunning views of Sedona, there is something for everyone. Take a step back in time and visit the Old West, learn about the Native American culture at the Heard Museum, visit Frank Lloyd Wright's Taliesin West or take a day trip to Mexico.

Temperature and Climate

The average high and low temperatures for the meet days are 94 and 62.

Concessions, Vendors & Souvenir Items

A food court offering sandwiches, beverages and frozen deserts will be available each day of the meet. Meet t-shirts and other swimming merchandise will also be available in the same area.

Registration

All participants must register prior to competing to sign an emergency card, safety information statement, and liability release. Registered swimmers will receive a meet program and other meet information. Registration will be held in the lobby of the National Guard Armory across from the Natatorium on Wednesday, May 14, from noon to 8 pm and on Thursday, May 15 through Sunday, May 18 from 6:30 am until the end of each day's last event.

MEET INFORMATION

Eligibility

The Championships are open to any registered Masters swimmer at least 19 years of age as of May 18, 2003. If a swimmer wishes to affiliate with a Masters club, the club and swimmer must both be registered with the same Local Masters Swim Committee (LMSC). If there are questions about affiliation, the swimmer shall be entered as "unattached". Foreign entries must include a copy of the swimmer's Masters Swimming registration card and fees in U.S. dollars.

Age Groups

Age for the meet is determined as of 5/18/03. **Individual Events:** 19-24, 25-29, 30-34, 35-39, ...100-104.

Relay Events: 19+, 25+, 35+, 45+, etc (in 10-year increments as high as necessary determined by the age of the youngest relay member).

Scoring

Individual Events: 11-9-8-7-6-5-4-3-2-1. Relays: 22-18-16-14-12-10-8-6-4-2.

Team Scoring

Team scoring will be tabulated in three divisions: Large, Medium, and Small. Each division contains three categories: Men, Women, and Combined. Mixed relays score points only in the Combined category. The USMS Championship Committee will determine the team divisions after the entry deadline based on the number of entrants from each club.

Awards

Medals will be awarded for first through tenth places in each age group. A USMS Championship Patch will be given to each individual and relay team member for the first event won. Swimmers winning more than one event may purchase additional patches. Unclaimed awards will not be mailed unless arrangements are made at the meet. There will be a charge for mailing awards. Awards will be presented to the top three teams in each category of each division.

Final Results

Complete final results may be ordered in advance or at the Awards Table during the meet. Cost will be \$15.00 per copy. Individual swimmer's final results with splits will be available at the meet for \$5.00 each. The USMS website will post results.

Seeding

All events will be deck seeded. Men's heats will precede women's heats for each event except for the 1000 and 1650 Free. Men and women's heats will be alternated for the 1000 and 1650 Free (Course A will have heat 1 of men then heat 1 of women, men heat 3, women heat 3 and Course B will have men heat 2, women heat 2, etc) unless the Championship Committee deems it necessary to seed men and women together. In all other events, all men's heats will be completed before the women's heats start. The 1000 and 1650 Free will be seeded slowest to fastest by

entry time regardless of age. The 400 IM will be seeded slowest to fastest by entry time for each sex regardless of age. All other events will be seeded by age group with the oldest age groups first, slowest to fastest within each age group.

Check-in Deadline for All Events

This is a deck seeded meet. Check-in is required for all events and may be done in person in the lobby of the Aquatic Center or via the Internet at www.usms.org. Coaches or teammates may check in for those swimmers whose travel plans do not permit check-in by the deadlines. Failure to check-in will result in the swimmer being scratched from the event

Check-in Times -- All Times are PDT

For Friday, Saturday, and Sunday's events, you must check-in the day before between 7am and 6 pm for the events you plan to swim the next day. For Thursday's events, you must check in by 7:00 am that day for the men's and women's 1000 free and approximately one hour prior to the estimated time the other events will start that day. You may also check-in for Thursday's events on Wednesday between 12:00 pm and 8:00 pm. The check-in deadlines for Thursday's events will be posted by May 8, 2003 on the USMS website (www.usms.org).

Internet Check-in

This year, Internet check-in will take place through the USMS website at www.usms.org. Internet Check-in will be available for events during the same times that in person check-in is available. Swimmers choosing this option will be given a confirmation number at the conclusion of the check-in. Each competitor is responsible for bringing his/her confirmation number to the meet, in case there is a question regarding check-in.

Warm-up Times

The competition pool will be open for warm-up on Wednesday, May 14 from noon until 8 pm. On competition days, the competition pool will be open for warm-up from 6:30 am until 7:50 am and the warm-up pools will be available from 6:30 am until conclusion of the final event. The competition pool will reopen for warm-up on Friday, Saturday, and Sunday for 30 minutes following the completion of the 400 IM and 500 Free. The competition pool will be open for 30 minutes following the last event each day.

Warm-up Procedures

Swimmers must enter the pool feet first in a cautious and controlled manner. No diving or backstroke starts will be allowed except in designated sprint lanes. No diving or backstroke starts will be allowed in the warm-up pools. One or two lanes shall be designated as ONE-WAY SPRINT lanes during the premeet warm-up sessions in the competition pool only. No sprint lanes will be designated in the warm-up pools. Any swimmer who

acts in an unsportsmanlike or unsafe manner within the swimming venue may be considered for appropriate action or penalty by the referee. (Rule 102.15.3). Pullbuoys, kick boards, fins, and hand paddles are not allowed in the competition pool or warm-up pools.

Scratches

Any swimmer failing to report to the proper lane in the correct heat of his/her event shall be scratched from that event and shall not be permitted to swim that event at another time.

General Meeting

All swimmers, coaches, and officials should be represented at the general meeting on Wednesday, May 14 at 6 pm. Matters pertinent to the operation and conduct of the meet will be discussed.

Coaches Hospitality

Hospitality is available to coaches who are MACA and/or ASCA members. MACA membership is available through Emmett Hines at emmett@usms.org, or on the MACA website: www.macacoach.org.

Time Verifications (formerly OVCs)

Swimmers needing verification of time(s) or who wish their times to be entered into the USA Swimming Database (for entry into USA-S national meets) should complete a form at the meet and prior to the swim. Contact the Administration Referee: Bob Brown, telephone: (503) 806-0783, or e-mail rlhlbrown@mobile.att.net.

Social

Come enjoy a traditional Mexican fiesta on Saturday, May 17 at 7:00 pm. A full buffet will be provided. Tickets cost \$20 and will be limited, so make your reservation early.

Gold Medal Sponsorship

Gold Medal Sponsors will be recognized in the official program as supporters of Masters swimming, entitled to V.I.P. hospitality on deck, and invited to a party for Gold Medal Sponsors. Cost of one sponsorship will be \$50. Order sponsorships on the meet entry form.

Meet Management

Meet Director: Mark Gill Meet Referee: Ed Ruth Entry Procedures

Use official entry form or a photocopy of the entire form. Read all instructions and fill out the form completely. Incomplete forms or forms with "pending" in place of a USMS registration number will be rejected. Foreign entries must include a legible copy of the swimmer's Masters Swimming registration card and fees in U.S. dollars. Failure to include a Masters registration card may result in the swimmer being charged a fee before being allowed to compete. A USMS swimmer changing club affiliation prior to the meet must send either a USMS registration card or a letter from the local registrar with the new club affiliation and effective date.

WOMEN'S QUALIFYING TIMES														
EVENT	19-24	25-29	30-34	35-39	40-44	45-49	50-54	<u>55-59</u>	60-64	65-69	70-74	<u>75-79</u>	80-84	85-89
50 Free	:27.92	:27.76	:28.24	:27.98	:28.58	:29.83	:31.92	:35.34	:37.48	:39.99	:42.59	:48.20	:58.96	1:33.51
100 Free	1:01.43	1:00.97	1:01.82	1:00.96	1:02.97	1:06.15	1:11.77	1:19.36	1:24.36	1:30.37	1:37.70	1:51.98	2:18.95	2:51.30
200 Free	2:14.36	2:13.34	2:15.34	2:12.67	2:18.16	2:27.86	2:38.72	2:58.52	3:09.49	3:23.51	3:37.54	4:10.68	5:21.38	6:42.18
500 Free	6:11.88	5:59.65	6:02.23	5:59.81	6:12.60	6:35.97	7:03.98	7:54.39	8:29.93	9:13.01	9:42.78	11:20.34	15:05.20	No Time
1000 Free	13:11.39	13:01.96	12:42.37	12:34.79	13:05.01	13:46.17	14:54.63	16:56.84	18:36.51	20:02.76	21:17.43	23:29.17	34:11.42	No Time
1650 Free	23:54.49	22:09.36	21:40.07	21:38.72	22:32.53	22:58.01	25:11.91	28:37.42	31:34.28	35:37.16	36:26.07	47:12.30	No Time	No Time
50 Back	:32.64	:32.45	:32.79	:32.75	:34.31	:35.82	:38.51	:42.78	:45.96	:49.87	:53.75	:57.52	1:11.29	1:28.71
100 Back	1:10.21	1:09.24	1:10.72	1:10.85	1:13.18	1:18.36	1:24.89	1:33.09	1:41.27	1:52.20	1:59.89	2:08.37	2:38.73	3:03.67
200 Back	2:34.62	2:31.21	2:34.65	2:35.43	2:40.60	2:52.36	3:03.88	3:24.14	3:41.54	4:10.36	4:26.58	4:54.39	6:15.31	6:11.69
50 Breast	:36.63	:36.73	:36.57	:36.88	:37.69	:40.11	:42.34	:46.37	:49.83	:53.18	:58.46	1:03.62	1:32.31	2:23.10
100 Breast	1:18.77	1:19.13	1:18.87	1:20.54	1:22.18	1:27.07	1:33.64	1:42.48	1:49.56	1:57.74	2:10.01	2:23.78	2:59.82	No Time
200 Breast	2:55.10	2:52.49	2:51.50	2:55.03	3:00.66	3:12.21	3:27.01	3:41.44	3:56.20	4:32.97	4:49.78	5:49.03	8:30.24	No Time
50 Fly	:30.96	:30.64	:30.63	:30.63	:31.34	:32.62	:35.78	:40.00	:43.88	:50.76	:53.68	1:06.26	2:20.39	No Time
100 Fly	1:08.81	1:08.68	1:08.18	1:08.49	1:10.92	1:16.22	1:26.97	1:42.58	1:47.81	2:11.26	2:17.98	3:31.98	No Time	No Time
200 Fly	2:40.99	2:40.95	2:37.54	2:44.39	2:51.89	2:59.88	3:28.31	4:05.67	4:20.27	6:00.32	5:14.28	7:39.80	No Time	No Time
100 IM	1:10.29	1:09.79	1:10.50	1:10.42	1:13.57	1:18.07	1:22.33	1:31.03	1:39.19	1:50.56	1:59.33	2:15.25	3:21.71	4:37.71
200 IM	2:32.49	2:31.35	2:33.22	2:33.09	2:41.75	2:49.17	3:09.64	3:23.29	3:38.79	4:16.06	4:24.89	5:38.07	No Time	No Time
400 IM	5:39.55	5:28.62	5:29.92	5:30.03	5:48.75	6:05.14	6:58.89	7:22.87	8:00.91	9:49.33	11:08.03	11:26.89	No Time	No Time

MEN'S	OUALI	FYING	TIMES

EVENT	19-24	<u>25-29</u>	30-34	35-39	40-44	45-49	50-54	55-59	<u>60-64</u>	65-69	70-74	<u>75-79</u>	80-84	85-89
50 Free	:24.31	:23.75	:24.07	:24.42	:24.69	:25.32	:26.25	:27.26	:29.36	:30.86	:33.52	:36.35	:41.96	:57.78
100 Free	:53.46	:52.68	:53.00	:53,03	:54.52	:55.78	:58.22	1:00.78	1:05.42	1:09.91	1:16.27	1:26.82	1:42.13	2:28.99
200 Free	2:00.44	1:57.95	1:58.44	1:58.05	2:01.40	2:04.44	2:10.71	2:18.45	2:32.61	2:38.43	2:55.78	3:17.50	3:56.48	4:50.42
500 Free	5:39.21	5:30.59	5:28.04	5:27.37	5:33.11	5:45.72	6:02.54	6:23.07	7:07.59	7:22.21	8:19.59	9:26.61	11:16.92	12:38.56
1000 Free	12:46.88	12:06.04	11:39.56	11:29.94	11:49.23	12:07.12	12:48.42	13:27.96	15:02.64	16:02.51	18:01.53	20:22.89	29:29.45	28:15.53
1650 Free	22:52.48	20:40.68	20:02.00	19:54.38	20:02.35	20:45.27	21:36.80	23:09.85	25:55.39	27:29.12	31:03.75	34:47.66	37:08.29	No Time
50 Back	:29.13	:28.41	:28.49	:29.00	:29.37	:30.39	:31.30	:33.88	:36.55	:38.40	:42.67	:47.44	:58.81	1:14.21
100 Back	1:02.61	1:01.08	1:01.16	1:02.83	1:03.26	1:05.73	1:08.45	1:14.75	1:22.93	1:26.23	1:36.29	1:46.53	2:21.72	3:16.33
200 Back	2:20.25	2:15.71	2:14.90	2:17.43	2:19.23	2:25.34	2:33.21	2:47.81	3:04.81	3:11.81	3:36.95	3:57.15	6:08.11	6:08.21
50 Breast	:31.51	:30.65	:31.23	:31.21	:31.90	:33.07	:34.34	:35.71	:38.41	:39.89	:44.17	:49.89	:57.76	2:15.69
100 Breast	1:11.13	1:07.25	1:08.43	1:09.30	1:09.96	1:13.32	1:16.04	1:18.78	1:26.18	1:31.64	1:40.44	1:54.65	2:29.81	3:43.53
200 Breast	2:44.80	2:30.01	2:34.80	2:34.34	2:36.91	2:44.06	2:50.25	2:57.17	3:16.16	3:29.31	3:48.09	4:30.59	5:17.84	No Time
50 Fly	:27.01	:26.08	:26.32	:26.62	:27.07	:27.83	:28.80	:30.51	:32.99	:35.52	:41.29	:48.90	1:32.87	No Time
100 Fly	1:00.08	:58.91	:58.64	:58.65	1:01.02	1:02.30	1:05.19	1:11.41	1:20.79	1:29.13	1:43.23	2:25.07	2:35.99	No Time
200 Fly	2:21.80	2:15.04	2:16.68	2:15.73	2:23.84	2:28.05	2:38.32	2:59.32	3:20.64	3:52.07	4:21.32	6:15.83	No Time	No Time
100 IM	1:02.29	1:00.28	1:01.05	1:01.73	1:02.67	1:04.79	1:08.14	1:11.51	1:17.26	1:22.33	1:31.23	1:48.19	2:19.77	No Time
200 IM	2:17.83	2:13.57	2:13.90	2:16.17	2:17.93	2:24.70	2:29.61	2:41.51	2:59.69	3:04.81	3:29.35	4:08.39	5:04.18	No Time
400 IM	5:15.36	4:52.75	4:56.76	4:58.73	5:04.63	5:16.88	5:27.20	5:57.84	6:38.06	7:12.59	8:02.77	10:42.06	No Time	No Time

Please see the USMS web site (www.usms.org) for the National Qualifying Times formulas

MEET INFORMATION

On-line Entries

On-line entries are encouraged. This method provides immediate confirmation that the entry has been received. To enter on-line visit www.usms.org.

National Qualifying Times

Competitors may enter a maximum of three (3) individual events without meeting the National Qualifying Times (NQTs) established for those events. Competitors may enter up to three additional events in which they have swum a time equal to or better than the NQTs in the past two years. The NQTs for all events are listed above. Designate the events in which the NOTs have been met with a "T" in the designated column. There are no NOTs for the 90 and over age groups.

Entry Times

All events must include an entry time. "NT" entries will be rejected.

Number of Events

If the swimmer qualifies, they may enter up to three individual events per day with a maximum of six events during the meet. A swimmer may enter either the 1000 or 1650 freestyle, but not both.

Sixth Event Rule

If, in the opinion of the USMS Championship Committee, the meet is deemed too large to be run efficiently, every swimmer's sixth event will be dropped. If six events are entered, indicate with the number "6" your least desired event in the designated column. If no indication is given, the last event entered on the entry form will be dropped. No changes of the designated 6th event will be allowed after April 10, 2003. No refunds will be given for the dropped event.

Entry Fees

Fees are \$4 per individual event plus \$30 surcharge per swimmer. Fees must accompany the entry form and must be paid in US dollars by check or money order. DO NOT SEND CASH. The entry is not complete until the check has cleared the bank. If there are questions about an entrant's check, full cash payment in US dollars will be required before the entrant is allowed to swim. Refund requests must be in writing and received by April 10, 2003. No refunds for events not swum. The \$30 surcharge also applies to relay swimmers not entered in an individual event. Relay-only swimmers must submit an entry form with payment by the entry deadline. All fees should be payable to "Sun Devil Swimming".

Relay Events

Relays may be entered at any time until 4:00 pm the day before the relay is scheduled to be swum. After that time, only the swimmers on the relay may be changed. Such changes must not affect the age group of the relay. The relay entry fee is \$12 per relay. Forms are available for downloading at www.usms.org

Mail Entry and Fees

Postmarked by April 3, 2003 or received by April 10, 2003. Mail to:

Mark Gill

202 East Baseline Road # 146

Tempe, AZ 85283

Questions?

Call Mark Gill at (480) 775-1485 or send an email to markgill@usms.org. Please do not call before 9 am PDT.

Entry Deadline

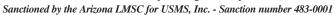
All U.S. entries must be postmarked with an official US postmark (no business meters) by April 3, 2003 OR received by April 10, 2003. Entries received after this date will be returned to sender. Online entries are encouraged and will be accepted until midnight PDT on April 10, 2003. No telephone or email entries will be accepted. Mail entries early. Include a SASE (Self Addressed Stamped Envelope) with entry for proof of receipt. Do not send certified or overnight mail requiring signature. Allow sufficient time for mail delivery. Photocopy completed entry form and personal checks for your records and verification.

Mail entry and fees to:

Short Course Nationals Mark Gill 202 East Baseline Road #146 Tempe, Arizona 85283

2003 USMS National Short Course Championships Official Entry Form

Mona Plummer Aquatic Complex Arizona State University, Tempe May 15-18, 2003





Name*							*Print name	e as it a	ppears	on USMS registration card.
	Last			First	N	Middle Initi	al			
Address										
		Street	t		City		State		Z	IP Country
E-Mail				Day Phone			_ Eve.Ph	one_		
				A/C					A/C	
Emerger	ncy					_Age	Birtl	ndate	·	th/Day/Year) Sex
	Name			Phone No.		(on :	5/18/03)		(Mon	th/Day/Year) M/F
Club Na	me or Unattached_				USM	S or Inte	ernational	Reg.	#	
	BEFO	RE	CON	MPLETING, READ MEET INI	FORMATI	ON ON	PREVIOU	S PA	GES.	
Check in				s the day before at 6 pm PDT f						
	start THE DAY	BEI	OR	E and end 7 am Thursday for t	he 1000 an	d one ho	ur before t	he st	art o	f the 1650.
	\boldsymbol{E}	ntrie	es mu	st be U.S. postmarked by April .	3, 2003 or r	eceived l	by April 10,	200.	3	
Event No.	Entry Time Women	Т	6	Event	Event No.	Entry 7	Time Men	Т	6	Entry Checklist
	Warm-Up 6:30-7:50a	m	<u> </u>	THURSDAY, MAY 15, 2003		Start 8				□ Entry form filled
2				1000 FREESTYLE**	1				П	out completely?
4				1650 FREESTYLE**	3					"T" and "6"
	Warm-Up 6:30-7:50a	m		FRIDAY, MAY 16, 2003	_	Start	8:00 a.m.		•	events clearly marked? ("T" is for
6				400 INDIVIDUAL MEDLEY	5					NQT's that have been
8				50 BUTTERFLY	7					met. Mark "6" only if
10				200 FREESTYLE	9					entering 6 events.)
12				100 BACKSTROKE	11					□ Seed times in
14				200 BREASTSTROKE	13					proper columns?
15/16	SEE RELAY FORM			200 MIXED MEDLEY RELAY	15/16	SEE RE	LAY FORM			□ No more than three events per day
18	SEE RELAY FORM			200 FREE RELAY	17	SEE RE	LAY FORM			entered?
Warm-Up 6:30-7:50am SATU				SATURDAY, MAY 17, 2003		Start 8	:00 a.m.			☐ Liability release
20				500 FREESTYLE (WOMEN)	****	MEN'S	500 SUN.	***	***	signed and dated?
22				200 BACKSTROKE	21					☐ Fees payable to
24				50 FREESTYLE	23					"Sun Devil
26				100 BREASTSTROKE	25					Swimming" enclosed? International reg-
28				200 INDIVIDUAL MEDLEY	27					istration card
30				100 BUTTERFLY	29					attached?
32	SEE RELAY FORM			200 MEDLEY RELAY						☐ SASE enclosed?
	Warm-Up 6:30-7:50a			SUNDAY, MAY 18, 2003		Start 8	:00 a.m.			(Indicate purpose on
****	WOMEN'S 500 SAT.	***	***	500 FREESTYLE (MEN)	33					envelope.)
36				50 BREASTSTROKE	35				igsquare	□ Entry postmarked by April 3, 2003, or
38				100 INDIVIDUAL MEDLEY	37				igsqcup	received by April 10,
40				200 BUTTERFLY	39				igsqcup	2003, deadline?
42				100 FREESTYLE	41					QUESTIONS? Call
44	GEE DELAN FORM		<u> </u>	50 BACKSTROKE	43	CEE DE	AVEODIA		Щ	(480) 775-1485
45/46	SEE RELAY FORM		41 14	200 MIXED FREE RELAY	45/46	l	LAY FORM	(50 E	Щ	after 9 a.m. PDT
	y enter eitner the 1000 Fr men and women will swii			650 Free, not both. Men's and women's	neats will alte	ernate for t	ne 1000 and 1	050 F	ree.	
						FE	ES:			
Internet E	Entries will be accepted st	arting	g 2/01/	03. Please see www.usms.org for additi	onal informat	ion. Me	et Surcharge (1	require	ed for a	ll events) \$30
				atending to be legally bound, hereby certify that I			mber of Indivi	dual E	vents	x´\$4
				vledge that I am aware of all the risks inherent in isability or death, and agree to assume all of those			al Results ividual Results	2		x \$15 x \$5
TION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR X \$20										x \$20
LOSS OR DA	AMAGES CAUSED BY THE N	NEGLI	GENCE	E, ACTIVE OR PASSIVE, OF THE FOLLOWIN	G: UNITED STA	ates G0	ld Medal Spon	sor	TED	x \$50
MEET SPON	SORS, MEET COMMITTEES	, OR A	NY IN	SWIMMING COMMITTEES, THE CLUBS, HO DIVIDUALS OFFICIATING AT THE MEETS OF		G TU	TAL FEES EN Chec	K or m	SED	rder payable to
SUCH ACTIV		abide b	y and b	be governed by the rules of USMS."			"S	un De	evil Sw	imming"

Date_