

# 2010 U.S. MASTERS SWIMMING SUMMER NATIONAL CHAMPIONSHIPS OFFICIAL ENTRY FORM

Olympic Natatorium of San Juan, August 9-12, 2010 >>> Sanctioned by Liga de Natación Masters de Puerto Rico

Last name:\* \_\_\_\_\_ First: \_\_\_\_\_ MI: \_\_\_\_\_  
 Street Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_ Country: \_\_\_\_\_  
 E-Mail: \_\_\_\_\_ Day Phone: \_\_\_\_\_ Eve. Phone: \_\_\_\_\_  
 Age: \_\_\_\_\_ DOB: \_\_\_\_\_ Sex: \_\_\_\_\_ Emergency contact: \_\_\_\_\_ Phone: \_\_\_\_\_  
 (12/31/10)\*\*  
 Club Name or Unattached: \_\_\_\_\_ USMS or International Reg. #: \_\_\_\_\_

\* Print name as it appears on USMS registration card. \*\* 18-year-olds must be 18 on 8/8/10

**Before completing, read meet information on previous page.** Check-in is required for all deck-seeded events. Check-in for Monday starts the day before and ends at 7 a.m. on Monday for the 800 and 9 a.m. for the 1500. Check-in for all Tuesday through Thursday events ends at 7 a.m. the day of the event.

Event #	Entry Time Women	6	Event	Event #	Entry Time Men	6
<b>Monday, Aug. 9, 2010</b>			<b>Warm-Up 6:30-7:50 a.m.</b>		<b>Start 8:00 a.m.</b>	
1			800 Freestyle*	2		
3			1500 Freestyle*	4		
*Swimmers may enter either the 800 or 1500, but not both.						
<b>Tuesday, Aug. 10, 2010</b>			<b>Warm-Up 6:30-7:50 a.m.</b>		<b>Start 8:00 a.m.</b>	
5			400IM	6		
7			50 Butterfly	8		
9			200 Freestyle	10		
11			100 Backstroke	12		
13			200 Breaststroke	14		
15/16	See Relay Form		200 Mixed Medley Relay	15/16	See Relay Form	
17	See Relay Form		200 Freestyle Relay	18	See Relay Form	
<b>Wednesday, Aug. 11, 2010</b>			<b>Warm-Up 6:30-7:50 a.m.</b>		<b>Start 8:00 a.m.</b>	
19			400 Freestyle (Women)			
21			200 Backstroke	22		
23			50 Freestyle	24		
25			100 Breaststroke	26		
27			200 IM	28		
29			100 Butterfly	30		
31	See Relay Form		200 Medley Relay	32	See Relay Form	
<b>Thursday, Aug. 12, 2010</b>			<b>Warm-Up 6:30-7:50 a.m.</b>		<b>Start 8:00 a.m.</b>	
			400 Freestyle (Men)	34		
35/36	See Relay Form		200 Mixed Free Relay	35/36	See Relay Form	
37			50 Breaststroke	38		
39			200 Butterfly	40		
41			50 Backstroke	42		
43			100 Freestyle	44		

## MAIL ENTRIES TO:

### SUMMER NATIONAL CHAMPIONSHIPS

U.S. Masters Swimming  
 Membership Office  
 P.O. Box 185  
 Londonderry, NH 03053-0185

- Entries must be postmarked by postmarked by **July 1, 2010** or received by **July 8, 2010**.

## ENTRY CHECKLIST

- Entry form filled out completely?
- "6th event" clearly marked? (Mark 6th only if entering six events.)
- Seed times in proper columns?
- No more than three events per day entered?
- Liability release signed and dated?
- Fees payable to "USMS" enclosed?
- International registration card attached?
- SASE enclosed? (Indicate purpose on envelope.)
- Entry postmarked by **July 1, 2010** or received by **July 8, 2010**



## ••• FEES:

Meet Surcharge (required for all events)

If postmarked by June 24 . . . . . \$50 \_\_\_\_\_

If postmarked by July 1 . . . . . \$60 \_\_\_\_\_

Number of Individual Events . . . . . x \$4 \_\_\_\_\_

Final Results . . . . . x \$15 \_\_\_\_\_

Gold Medal Sponsor . . . . . x \$75 \_\_\_\_\_

Shuttle Pass . . . . . x \$50 \_\_\_\_\_

**TOTAL FEES ENCLOSED** . . . . . \_\_\_\_\_

**Internet entries will be accepted starting May 1, 2010. Please see usms.org for additional information. Liability Release:** "I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS."

Signature: \_\_\_\_\_

Date: \_\_\_\_\_