

GLOBAL SPORT TECHNOLOGY (GST)

www.globalsporttechnology.org

SWIM POWER TEST

- Real time velocity measured 60 times/second at every point of the swimming cycle synchronized with underwater video
- Detailed analysis of swimming technique
- Comparison of individual swimming technique with world's best swimmers technique
- Drills to improve swimming technique
- A DVD with underwater video overlaid with swimming velocity curve

To learn more about the Swim Power test, please visit our website:

www.globalsporttechnology.org

Packages

- \$100: pull, kick, and swim tests (1-2 strokes)
- \$150: pull, kick, and swim tests (3-4 strokes)
- \$300: for a technical swimsuit or wetsuit comparison between 2 different swimsuits or wetsuits – primary benefit is to inform the athlete what technical swimsuit is fastest for their body type and swimming technique
- Individual Session \$500/session: multiple tests with immediate video feedback, real-time stroke corrections, digitizing the stroke, evaluating drag forces for different swim suits

Quotes about Dr. Genadijus Sokolovas services

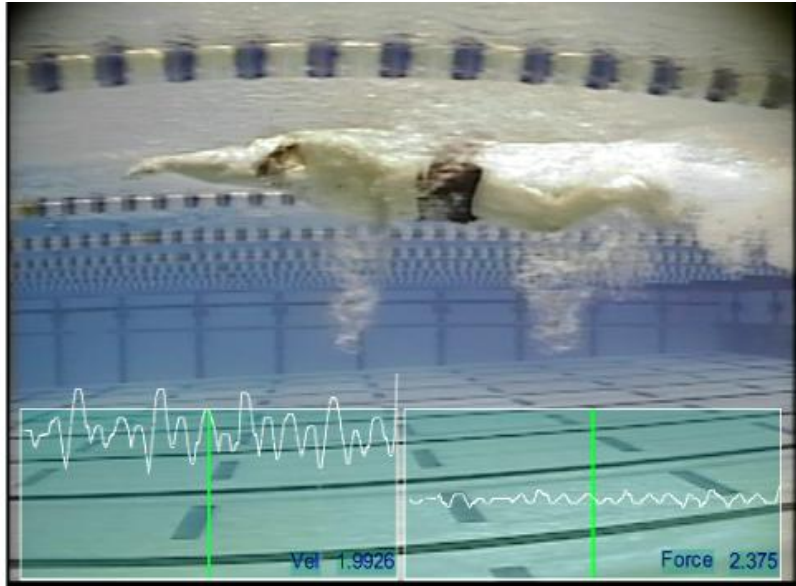
Michael Phelps (14-times Olympic Gold Medalist): "Genadijus, You've Been Such a Huge Help!! Couldn't Do It Without You!!"

Dara Torres (5-times Olympian, multiple Olympic medalist): "Having Genadijus work with me throughout my comeback helped so much! Everyone kept telling me how perfect my stroke was, but underwater there were specific things that needed to be fixed. No one could see that until Genadijus tested me. The fact that Genadijus took the time to work on even the smallest of things helped me be the best I could be, and reach my goals, and for that I am extremely grateful."

Jason Lezak (3-times Olympian, multiple Olympic medalist): "Throughout my many years of working with Genadijus he has helped me in many ways. The lactate testing and analysis both at meets and practice taught me how to maximize my training and performance. Also the underwater video analysis with the velocity curve showed me how I could improve my stroke through the weaker points where my velocity significantly dropped."

Peter Vanderkaay (2-times Olympic Gold Medalist): "Dr. Sokolovas always uses cutting edge technology that is extremely beneficial in stroke refinement and training philosophy. I have worked with Dr. Sokolovas for many years now and I can honestly say that he has helped me reach my potential in the pool. I would highly recommend working with him if you want to be one of the best swimmers in the world."

An example from the Swim Power test



If you want to schedule the Swim Power test, you may reach us at the Global Sport Technology, Inc: info@globsport.org, or gsokolovas@gmail.com or (719) 321-6975.