



U.S. MASTERS SWIMMING

Coaches Application for 2010 FINA Masters World Championships

Information:

World Championships will be held in Goteborg and Boras, Sweden July 31-August 6, 2010. The open water event will be held on August 7, 2010. The USMS Coaches Committee has created a subcommittee dedicated to International Coaching. Previously USMS has sent coaches to The World Championships to provide on deck coaching and guidance, and support for USMS swimmers in attendance. The swimmers in attendance will not swim for team USA; rather they will continue to support their own club. However, the coaches are there as USMS representatives and will work to help each and every swimmer that desires it. Coaches should strive to create a sense of unification and a team spirit.

Coaching responsibilities:

Prior to the meet:

- Coaches must be a USMS member
- Monthly emails introducing the coaching staff and allowing the athletes to ask questions of the coaches
- Weekly emails the month of events with any pertinent reminders and notices
- Create a schedule for the coaches to ensure each session is covered and all swimmers have an opportunity for feedback if desired
- Team apparel and caps – provide a weblink and notify swimmers via email of the discounts provided
- Provide emails and phone numbers to the swimmers
- Respond to swimmers' emails in a timely manner
- Provide coaches travel plans and arrangements
- Gather the “in case of emergency” contacts
- Gather athletes' travel arrangements
- Be a contact person for trouble shooting with problems that arise for swimmers prior to the meet (within reason)
- Arrange for the swimmers to be together during the opening ceremonies

During the meet:

- Provide assistance during warm-ups, including: getting splits, providing race strategies, etc.
- Have a dedicated area for the swimmers to sit

- Provide race feedback, splits, etc. as desired
- Encourage swimmers
- Arrange for a team dinner
- Arrange a team meeting the day before competition begins
- Serve as advocate for USMS swimmers regarding protests & administrative problems
- Coordinate a team picture
- Post reports and photos through out the meet. Ask USMS for a place on the website for this
- Coaches may swim but should note that their duties as a coach supersede their duties as a swimmer
- Wear USMS logo apparel

After the meet:

- Provide a report detailing the experience and giving feedback as to how things could be improved to EC, Executive office, Coaches Committee, etc.
- Send out a follow-up email thanking the athletes for participating
- Get feedback from the athletes about the good and bad

Reimbursement:

The reimbursement will be up to \$1800 for the head coach and up to \$1300 for each assistant coach (pending USMS approval)

Application Process:

- Any interested Masters Coach may apply for the position
- Applicants must complete the following application and submit it to Heather Howland (heatheraleethea@yahoo.com) by April 17, 2010

Selection Process:

- The International Coaching subcommittee will review all applicants and recommend four to the USMS coaches committee
- The USMS coaches committee will vote to approve the coaches applications
- Applicants will be notified by April 24, 2010

Supervision:

- The USMS International Coaching Task Force supervises this project.

For additional information contact:

Heather Howland
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 (630) 418-0270



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2010 Coaching Application for Goteborg and Boras, Sweden

Name:

Address:

Phone Number:

USMS Team:

Coaching experience and credentials:

What would your unique qualities would you bring to the coaching staff:

Why do you want to serve as a USMS coach representative in Sweden:

How many members from your club are attending World Championships?

Will you receive funds to cover travel expenses from your club?

Are you a USMS member?

Do you hold a valid US passport?

Which position are you applying for:

_____ head coach _____ assistant coach

Will you be able to attend the entire pool program (from July 31- August 6, 2010)?

Do you plan on competing in the meet?

Do you agree to adhere to the above listed responsibilities?