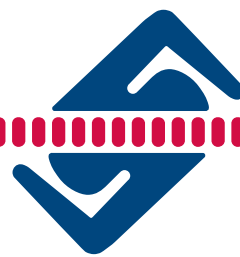


National Office Streamlines

Swimming for Life! • www.usms.org

Fall 2006



United States
Masters
Swimming

Greetings from the National Office...

Another successful Convention has taken place, this year in Dearborn, Michigan – so much to tell, so little room here in this newsletter.

I'm sure I speak for all in attendance that the Michigan LMSC did a tremendous job providing us with a fantastic pool to work out in and fully stocked and staffed hospitality suite. A big THANK YOU to Val Ambrose, Joe Aumiller, Michael Bell, Paul Chaffee, Tim Covert, Ralph Davis, Maddie Diedo, Wally Dobler, Milton French, Donald French, Edith Glusac, Joe Gohl, Jacque Groenendyk, Sally Guthrie, Mary Hunt, Tom Hunt, Bob Isbister, Dennis McManus, Fred Nelis, George Newman, Jennifer Parks, Skip Thompson, Mary Williams. Also a special THANK YOU to Convention Coordinator Victor Buehler and volunteer extraordinaire Rhea Wilkins in keeping it all moving!

Congratulations to our newly appointed Committee Chairmen, Liaisons & Special Assignments, award winners and national championship bid winners (listed later in this newsletter). You will find the minutes from all the meetings on the USMS web site at www.usms.org/admin/conv06.

As you know, we are into a new registration year as of November 1st. Therefore your 2007 LMSC Registration and 2007 Club Registrations are due. Please note – 501.2 Mandatory Memberships (Rule Book page 87) – All members of the House of Delegates and Board of Directors and all members of any committee of the corporation (which includes LMSC officers) shall hold an individual membership of the corporation. Please be sure that all of your LMSC Officers are currently registered!

The Registration section of the LMSC Handbook has been updated (including 2007 forms) and sent to all LMSC Registrars. The remaining sections of the handbook are in the process of being updated. Once completed it will be posted up on the USMS web site at www.usms.org/admin/lmschb. Full Handbooks will be sent to the Chairman and Registrar from each LMSC. Sections will be e-mailed (or snail mailed if preferred) to the appropriate LMSC Officer.

Feel free to put any of this information into your newsletter so that all our members are informed.

Tracy



USMS National Office
PO Box 185 • Londonderry, NH 03053-0185
800-550-SWIM • www.usms.org

Things To Do...

Listed are all deadlines from the USMS Working Calendar. Please read this and use as a reminder. This 2006/2007 Working Calendar is posted in its entirety on the USMS web site at: www.usms.org under Administration

NOVEMBER

- 1 2007 registration year begins
- 2 Minutes of House of Delegates, 2007 Budget and FOG mailed to all who attended 2006 convention
 - Final copies of Rules/Long Distance/Legislation changes to Rule Book Coordinator (Susan Ehringer – RuleBook AT usms DOT org) from appropriate committee chair (Kathy Casey – Rules AT usms DOT org, Marcia Cleveland – LongDistance AT usms DOT org and Sean Fitzgerald – Legislation AT usms DOT org)
- 9 Records and Tabulation Chair (Mary Beth Windrath – TopTen AT usms DOT org) sends national and world records to Rule Book Coordinator (Susan Ehringer – RuleBook AT usms DOT org)
- 15 LMSC registrars send registration reports to National Office (electronic files sent to Esther at Registration AT usms DOT org, hard copies and checks sent to Tracy at the National Office)
 - 2007 LMSC Handbook section updates due to National Office Administrator (Tracy Grilli – USMS AT usms DOT org)
 - National Office Administrator (Tracy Grilli) sends rule book Appendix E committees and chairs to Rule Book Coordinator (Susan Ehringer – RuleBook AT usms DOT org)
 - Registration deadline to be on the mailing list for January/February issue of USMS Swimmer
 - To insert an LMSC newsletter into USMS Swimmer, copy for January/February issue due to DMC
- 16 Final proofreading of rule book due to Rule Book Coordinator (Susan Ehringer – RuleBook AT usms DOT org)
- 23 All camera-ready copy and artwork due to rule book printer (Westerfield-Bonte, Louisville, Ky.)
- 30 Deadline for 2007 LMSC registrations to be submitted to the National Office

DECEMBER

- 8 Zone Reps submit events for USMS Swimmer calendar to VP Local Operations (Julie Heather – VPLocalOperations AT usms DOT org)
 - Editorial copy/information due to USMS Editor for March/April issue of USMS Swimmer (Bill Volckening – Editor AT usms DOT org)
 - On Deck department calendar entries due to USMS Calendar of Events Editor for March/April issue of USMS Swimmer (Lynn Hazlewood – Calendars AT usms DOT org)

- 15 Mailing labels for 2007 rule books due to printer (Board of Directors, LMSC registrars, LMSC Officials Chairs, members of Rules, Legislation and Long Distance Committees, Rule Book Coordinator, registered clubs, sponsors and individual orders)
- Convention Coordinator (Victor Buehler – Convention AT usms DOT org) sends out preliminary room set-up requirement information for 2007 convention to all committee chairs
- 29 Article ideas for May/June issue of USMS Swimmer submitted to USMS Editor (Bill Volckening – Editor AT usms DOT org)
- 31 LMSC registrars send registration reports to National Office (electronic files sent to Esther at Registration AT usms DOT org, hard copies and checks sent to Tracy at the National Office)
- End of SCM season
 - End of 2006 fiscal year

Other deadlines this month

- Mailing of 2007 LMSC Handbooks. Full handbook is posted on the USMS website under Administration.
- Mailing of USMS Directory
- First mailing of 2007 rule books. Full 2007 rule book is posted on the USMS website.
- USMS Secretary (Meg Smath – Secretary AT usms DOT org) distributes Committee Chair Handbook to committee chairs
- LCM Top 10 issue sent out

January 2007

- 1 HAPPY NEW YEAR!
- Signed contracts for Long Distance National Championship events due to Long Distance Committee Chair (Marcia Cleveland – LongDistance AT usms DOT org)
 - Post announcement of elections on website
 - Election Committee chair contacts current EC members eligible for a second term to determine if they wish to continue in the same position
 - Begin accepting nominations for EC positions
- 11–14th
- Executive Committee/Board of Directors midyear meeting, St. Louis, Mo. EC arrives on 11th, BOD arrives on 12th.
- 15 LMSC registrars send registration reports to National Office (electronic files sent to Esther at Registration AT usms DOT org, hard copies and checks sent to Tracy at the National Office)
- Room set-up requirements for 2007 convention due from committee chairs to Convention Coordinator (Victor Buehler – Convention AT usms DOT org)
 - Deadline for submission of fiscal 2006 reimbursements or payments due to Controller (Margaret Bayless – Controller AT usms DOT org) from all cost-center heads
 - Registration deadline to be on the mailing list for March/April issue of USMS Swimmer
 - To insert an LMSC newsletter into USMS Swimmer, copy for March/April issue due to DMC
- 25th
- Deadline for submission of information to be included in the winter issue of Streamlines ... from the National Office

- 26 LMSC SCM Top 10 reports due to Records and Tabulation Chair (Mary Beth Windrath – TopTen AT usms DOT org)
- 30 Open water clinic application distributed to clubs and LMSCs (Coaches – Mo Chambers – Coaches AT usms DOT org)
- Winter issue of Streamlines ... sent out via email or snail mail
- Other deadlines this month

- Bid packets sent to interested bidders for USMS 2009 SCY and LCM National Championships and Long Distance Championships from appropriate committee chairs (Championship: Mark Moore – Championship AT usms DOT org, Long Distance: Marcia Cleveland – LongDistance AT usms DOT org)
- Solicitation of information for 2007 Long Distance Calendar

FEBRUARY ~ 2006

- 1 Convention Coordinator (Victor Buehler – Convention AT usms DOT org) sends 2007 requirements to USAS
- fourth quarter financial reports prepared by USMS Controller (Margaret Bayless – Controller AT usms DOT org)
- 8 Zone Reps submit list of events for USMS Swimmer calendar for May/June issue to VP Local Operations (Julie Heather – VP-LocalOperations AT usms DOT org)
- 13 Editorial copy/information due to USMS Editor for May/June issue of USMS Swimmer (Bill Volckening – Editor AT usms DOT org)
- On Deck department calendar entries due to USMS Calendar of Events Editor for May/June issue of USMS Swimmer (Lynn Hazlewood – Calendars AT usms DOT org)
- 15 Preliminary SCM Top 10 mailed to LMSC Top 10 Chairs and Records and Tabulation Committee members for proofreading
- LMSC registrars send registration reports to National Office (electronic files sent to Esther at Registration AT usms DOT org, hard copies and checks sent to Tracy at the National Office)
 - Call for Ransom Arthur nominations sent to LMSCs and USMS Swimmer from USMS Recognition and Awards Chair (Kelly Crandell – Awards AT usms DOT org)
 - Long Distance and Pool All-American listing due from Records and Tabulations Chair (Mary Beth Windrath – TopTen AT usms DOT org) and Long Distance Chair (Marcia Cleveland – LongDistance AT usms DOT org) to USMS Editor (Bill Volckening – editor AT usms DOT org) for May/June issue of USMS Swimmer
- 23 Article ideas for July/August issue of USMS Swimmer submitted to USMS Editor (Bill Volckening – Editor AT usms DOT org)
- 25 Responses due from SCM Top 10 proofreading to Records and Tabulation Committee Chair (Mary Beth Windrath – TopTen AT usms DOT org)
- Other deadlines this month
- Pre-meet site visit by Championship Committee liaison to SC Nationals host (Weyerhauser-King County Aquatic Center, Federal Way, Wash.)

NEWS BRIEFS

Attention Cost Center Heads

Deadline for submitting 2006 reimbursement requests to Controller, Margaret Bayless is January 15, 2007

Rule Books

Each LMSC receives 1 complimentary Rule Book and that is sent to the Registrar. If your LMSC would like to order one or more 2007 Rule Books or Mini Rule Books, please send your order into the National Office before December 15. Those orders received will have their rule books shipped directly from Gateway as soon as they are ready.

LMSC By Laws

Have your LMSCs most recent by laws been sent to the National Office? If you are not sure, please contact Tracy and she will let you know what version she has on file.

2007 National Election

The nomination period for the 2007 USMS National Elections runs from January 1 through April 30, 2007. If you want to run for an elected position on the USMS Executive Committee, please go to the Election Site at usms.org/admin/election07 to download a nomination packet. Please return the completed packet by April 30

Maryland USMS License Plates!

After much persistence and hard work by Christine Jorgensen and Ruth Reiner, with the assistance of Patty Miller (USMS Legal Counsel) Maryland now has a USMS License Plate!

For information on the process, Ruth can be reached at [ruthreiner AT comcast DOT net](mailto:ruthreiner@comcast.net) and Christine at [jorgensenc AT yahoo DOT com](mailto:jorgensenc@yahoo.com)



Attention LMSC Sanction Chairs

Please submit all sanctioned events to the USMS Calendar of Events at

<http://www.usms.org/comp/eventform.php>

As a service to our members, USMS would like to have ALL Sanctioned events listed in the calendar.

Places to Swim

Please take a minute and check that your favorite pools are properly listed in Places to Swim at

<http://www.usms.org/placswim/>.

Each listing has a link for modifying the listing. Additions can be made at

<http://www.usms.org/placswim/placswimadd.php>

Delegate Selection and Funding Survey Planned

The Zone Committee will be surveying the LMSC to compile information on how USAS Delegate are selected and funded. The information will help with assessments toward the USMS Convention Grant Program and identify best practices to select and fund this critical function. Information will be shared with the LMSC chairs via the Zone Committee minute and other communications. To be proactive, please forward the information to your Zone Representative on how your LMSC selects and funds your delegates to USAS Convention.

2007 Check-Off Challenge

Le Tour De Pool

Entry forms for the 2007 Check-Off Challenge, Le Tour De Pool, are available at

<http://www.usms.org/fitness/content/fitnessevents>

USMS Brochures

USMS Brochures – Could I Be A Masters Swimmer? and Add Value to your Aquatic Facility Are available at the USMS National Office. The Brochures are free, you just pay for postage (100 fit in a flat rate, USPS Priority Mail Envelope for \$4.05). Contact the National Office for postage rates on larger quantities.

USMS Planner

The 2007 USMS Planners will soon be available at the USMS National Office. Members of the USMS Marketing Committee are revamping the planner and it will be BETTER THAN EVER! The Planner is an invaluable resource for keeping track of your swimming activities and progress, as well as a calendar for recording workouts and schedules. Valuable coupons from our sponsors, found in the back of this Planner will save you money on your swimming necessities.

The Planner is free, you just have to send a self addressed stamped (\$.63) envelope (5 x 7) and upon receipt, a Planner will be sent right out to you.

Are you a coach? Are you hosting a meet? Order in quantity and give them out to all your members/participants. Contact the National Office for postage fees.

Convention News

Newly Appointed Committee Chairs

Coaches – Mo Chambers (Southern Pacific)
Fitness – Terry Laughlin (Adirondack)
Marketing – Tom Boyd (Southern Pacific)
Officials – Charlie Cockrell (Virginia)

Newly Appointed Liaisons & Special Assignments

USA Swimming Liaison to USMS – Rowdy Gaines
(Florida Gold Coast)
USMS Liaison to USA Triathlon – Jill Gellatly (Gulf)
Southwest Zone Rep – Mary Hull (Southern Pacific)

Awards Announced at Convention

The following awards are presented annually by United States Masters Swimming.

- Ransom J Arthur Award – Sally Ann Dillon, Pacific Northwest
- David Yorzyk Memorial Award (the most outstanding 400 IM at Short Course Nationals) – Charlotte Davis, Pacific Northwest
- Speedo/USMS Coach of the Year Award – Sue Welker, head coach of Illinois' Naperville Waves Swim Club
- TYR/ USMS Newsletter of the Year Award – The West Hollywood Aquatics Newsletter, Southern Pacific LMSC and edited by Dan Adams.
- Communications Award – Lynn Hazlewood, Reston Masters, Potomac Valley LMSC.
- USMS Club of the Year Award – YMCA Indy SwimFIT, Indiana LMSC
- National Championship Meet Award – Michael Moore, Meet Director of the XI FINA World Masters Championships, Pacific LMSC
- The 2006 Dorothy Donnelly Service Award Recipients: Connie Barrett, Southern Pacific; Marcia Benjamin, Pacific; Tom Boyd, Southern Pacific; Kathy Casey, Pacific Northwest; Debbie Cavanaugh, Florida Gold Coast; Mo Chambers, Southern Pacific; Randy Crutchfield, Indiana; Susan Haugh, North Carolina; Laura Kessler, Lake Erie; Fritz Lehman, North Carolina; Hugh Moore, Pacific Northwest; Mary Pohlmann, Illinois; Walt Reid, Pacific Northwest; Jon Steiner, Pacific; Pat Tullman, Florida

2008 Long Distance Championship Venues Selected

One Hour Postal, YMCA Indy SwimFit; 3000/6000 Y Postal, Swim Louisville; 5K/10K Postal, Central Oregon Masters; 2-Mile Cable, Virginia Masters, July 12; 1-Mile Open Water, Connecticut Masters, June 28; 1-3 Mile Open Water, Wisconsin Masters, August 23; 3-6 Mile Open Water, Central Oregon Masters, August 1-3; 6+ Mile Open Water, Clemson Aquatic Team, June 21

2008 Pool Championships Venues

- Short Course Nationals – University of Texas, Austin, May 1-4
- Long Course Nationals – Mt Hood Community College, Gresham, Oregon

Current Top Times and Individual Results on the USMS Web Site

Current Top Times and Individual Results on the USMS web site, located under the Competition tab, access a database of individual results that is a consolidation of all meet results files submitted on-line to meet results AT usms DOT org. These times are not tied in any way to the USMS Top Ten. Current Top Times and Individual Results are basically one big virtual meet. The database is an unedited composite of all meet results submitted. The results are best explained as a guideline or yardstick that swimmers can use to gauge progress compared to other competitors of the same age group.

Top Ten Recorders are requested to e-mail meet results to meet-results AT usms DOT org just as soon as meet results become available. The database has a time value for swimmers and is most useful if it is continually updated as the season progresses.

The files submitted for Current Top Times upload must be zipped, should contain splits of individual events (if available in the meet results) and must be one of the following formats:

1. SDIF (created via most meet management software)
2. Hy-Tek Exported meet results, format .CL2 (zipped by Hy-Tek during Export)
3. Hy-Tek Backup (zipped by Hy-Tek during Backup)

Displays of Current Top Times on the USMS Web Site show the best time of a swimmer in an event. The unique key that distinguishes a swimmer is the combination of name, club, age and LMSC. It may appear on the display that the same swimmer is listed multiple times in Current Top Times, but any variation in the combination of name, club, age and LMSC will cause the individual to be listed as a different swimmer.

USMS CUSTOM RINGS

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Forever recognize the accomplishments that you or your loved on has worked so hard to achieve. Available in Men's or Women's sizes

Rings are available to commemorate all accomplishments including: National Champion, Coach of the Year, Swimmer of the Year, National Record Holder, World Record Holder, All American, Top Ten and Membership

Call Shari Eichenberger for more information or to place your order! 800-448-7714 ext. 121 or email shari@hasty-awards.com

For more information visit our website at www.hasty-awards.com

USMS Registration Update

Esther Lyman, USMS Database Administrator

With transmittals for business written in October (and September?) still incoming, the next one could be the one that puts us over the top for 43,000 this year... for the first time. Pacific has already done their job being at least 50 ahead of their earlier best of 10,091 in 2002.

Southern Pacific seems to also have benefited from the Worlds activities and are currently a couple of hundred over the 3,000 mark, and counting. Colorado is keeps control of their 3rd place with 2,128 and counting. The top ten LMSCs are Pacific, Southern Pacific, Colorado, Potomac Valley, New England, Metropolitan, Florida, Illinois, Pacific Northwest and Virginia.

These are "gross" numbers (the ones we also use in the LMSC handbook) and include double-counting of 118 'external' transfers – since multiple LMSCs have legitimately booked them and issued a card.

The just over 1,500 one-event registrations for insurance coverage shows an increasing interest in the lake & ocean distance events; some of these were full (or discounted) registrations last year or in prior years, just as some of them will registrar full next time around. One has to wonder how many of these could be persuaded to support the sport by taking out a one-YEAR registration rather than a one-DAY/event one -- thereby increasing our advertising reach and impressing our sponsors, who will then support us in other ways.

This increase in total numbers also give us additional work with processing address changes – over 3,700 to date and our archives keep growing as well. As does the master look-up list Leo is preparing; we now have some 89,000 members tagged with their unique permanent identifier.

Contact Updates...

Following are updates received by the National Office after the printing/distribution of the 2006 Rule Book and USMS Directory.

- Marcia Anziano (Colorado) – 190 Roslyn St # 805, Denver, CO 80230
- John Bauman (Wisconsin) – wmacswim AT sbcglobal DOT net
- Bob Bruce (Oregon) – coachbob AT bendbroadband DOT com
- David Burgio (Kentucky) – 395 Redding Rd # 72, Lexington, KY 40517, 859-271-8469, swimmr1 AT windstream dot net
- Doug Garcia (Inland Northwest) – douggarcia AT USMS DOT org
- Wonkee Moon (Potomac Valley Secretary) – 2727 29 St NW Apt 223, Washington DC 20008-5537
- Marion Johnson (Iowa Registrar) – marjoh AT mchsi DOT com
- CJ Rushman (Ohio Chairman) – c jswam AT yahoo DOT com
- Ingrid Stein (Wisconsin Treasurer) – wmacswim AT sbcglobal DOT net
- Jerry Stowe (Hawaii Treasurer) – 4919 Pepelani Loop # 15 C, Princeville, HI 96722
- Jani Sutherland (Oregon) – 3340 Flowing Wells Dr, Hailey, ID 83333
- Frank Tillotson (Florida) – 411 1 Ave N Apt 806, St Petersburg, FL 33701-3874
- Mary Turner (South Dakota Registrar) – 605-229-3654
- Phil Whitten (Arizona) – 10320 E Verbena Ln, Scottsdale, AZ 85255-8688
- Rhea Wilkins (North Carolina) – chasrhea AT aol DOT com

New LMSC Officers...

A full list of LMSC Officers can be found at www.usms.org/lmsc/lmscofficers.php

Connecticut, Registrar – Christine Dos Santos, Christine DOT dossantos AT llh DOT com

Minnesota, Registrar – Pam Ogden, E 2401 Quail Run Rd, Eau Claire, WI 54701, 715-832-5677, monsterswim AT aol DOT com

Montana, Top Ten – Natasha Westphal, Natasha AT westphal DOT org

New Jersey, Secretary – Susan Kirk, sqkirk AT gmail DOT com, and Safety – Darek Hahn, dhahn AT jerseyareamasters DOT com

Southern, Sanctions – Jeff Maynor, jmaynor AT lsu Dot edu

Wisconsin, Top Ten – Jeanne Seidler, jseidler2 AT wi DOT rr DOT com

Rules Corner

by Kathy Casey, USMS Rules Chair

Major Changes to “Part 1: Swimming Rules” as Passed at Convention:

1. Three new meet schedules for national championship meets were approved.
2. At national championship meets, competitors of the same gender may be required to swim to-to-a-lane in freestyle events over 200 meters if only one course is available and the meet day is projected to last longer than 12 hours.
3. At national championship meets, the two timers per lane will each use a backup button and at least one timer will use a stop watch (instead of each using a stop watch and at least one using a backup button).
4. For national championship meets, an 18-year-old may register for USMS membership at the championship venue but must have entered the meet by the entry deadline and must be 18 at least by the day prior to the beginning of competition. (A 17-year-old can enter the meet by the entry deadline and can then register for USMS membership upon turning 18. The swimmer must be 18 by the day before the meet starts and that is the last day an 18-year-old can register for USMS and still compete at the national championship meet.)

Regarding disqualifications for wearing a watch during competition:

USA Swimming has issued the following interpretation regarding watches, “Watches are not necessarily pacing devices and each case must be decided on its own merits.”

For any questions about rules contact Kathy Casey, USMS Rules Chair, rules@usms.org.

Got News? Have an idea?

USMS SWIMMER Magazine wants to hear from you!

News Items—Do you know a Masters swimmer who has accomplished something interesting or unusual? Our Swimming Life department features a wide range of news about our members. Whether it’s a grueling English Channel swim, an intriguing first-time competition experience, or an extraordinary accomplishment outside the pool, we want to hear about it! News items are typically 250-350 words in length. We want to hear from you! Send your news items and press releases to the editorial contacts listed below.

Feature Development—Each year, SWIMMER publishes a wide range of feature articles including: personalities, training, health and fitness, technique pictorials and special events. Features are selected each year during the Annual Planning meeting in June. Unsolicited manuscripts are reviewed year-round, but feature stories are typically developed from the idea phase. If you have ideas for feature articles, please send us a 250-word overview with selected details.

Writers—SWIMMER maintains a list of writers, and feature stories are assigned through the Editors. Writers who are interested in being considered for future assignments should submit one or two published writing samples to the editorial contacts listed below.

Bill Volckening, USMS Editor – editor@usms.org
Virginia Sowers, Managing Editor – virginia@usms.org
douglasmurphy@usms.org

Lynn Hazlewood, USMS Editorial Committee Chair – editorial@usms.org