Greetings from the National Office...

Hello All –

IT's CRUNCH TIME!

I'm not one to "rush ahead" but... we're more than half way through the summer and it's time to think about the fall and prepare for Convention.

For those of you who are at Worlds in Munich, I guess you will be reading this when you get back. Hopefully you swam well and had a great time.

For those of you who are going to LC Nationals in Baltimore, you are one of 1,380 swimmers, which is a new LC National meet record. Congratulations to Meet Director Barb Protzman and the Maryland Masters!!! If you have any questions or just want to chat, you can find me in the vacinity of the Blue and Gold NEM banner. Good Luck and I'll see you there!

As you know, this year the USAS Convention will be held in Kissimmee, Florida from Wednesday October 11th through Sunday October 15th. If you have not sent in your registration form, do it now! After September 1st the registration fee goes up to \$125. If you need a registration packet, let me know and I will get one to you.

By now, all LMSCs should have contacted Betsy Durrant (USMS Secretary) with the names of the delegates who will be attending. If not, do so IMMEDIATELY.

FYI –

Cost Center Heads – your budget is due to Doug Church (USMS Finance Chair) by <u>Tuesday August 15th</u>.

BOD – your year end reports and agendas (if you are having a meeting) are due to the National Office by **Friday August 25th**.

If the year end reports and agends come in on time, I will have the Convention Packets in the mail by <u>Friday, September 15th</u>.

Phew, as I stated above... IT'S CRUNCH TIME!!!

See ya,

Tracy

From the President...

Greetings!

The convention is coming up soon and I hope you're all as excited as I am about seeing each other again and going over the many significant issues that will confront us this year.

Our theme is "Swimming... A Life's Passion." We certainly can relate to this; it shows up strongly in each and every one of you. Since the convention is not until mid-October, your packets will not arrive as early as usual. This will give our Chairs some additional time to send in their reports and Tracy can go to LC Nationals without being exhausted from getting them compiled and mailed.

I hope you are all having a fine summer and I wish you and your families' relaxed and fun times together. I hope you have all been instrumental in promoting "Strokes for Stroke" and that we reach our goal of swimming around the world by September. You still have time! Get your team involved.

Nancy

THINGS TO DO...

This newsletter goes to the Board of Directors as well as the LMSC Chairmen, Editors and Registrars. Listed are <u>all deadlines</u> from the USMS Working Calendar. Please read this and use as a reminder. This 2000 Working Calendar is posted in its entirety on the USMS website at: www.usms.org

AUGUST - 2000

1st

- LMSC Registrars send reports to the National Office
- Bids for Fitness Events to Fitness Committee Chair – David Grilli
- Fitness program Award nominations due to Fitness Committee Chair – David Grilli
- Final equipment requirements from committee chairs and workshop planners due to Convention Committee Chair – Michael Heather
- All proposed rule/code changes from Legislation, Long Distance and Rules due to National Office 8th
- Zone Reps submit events for SWIM Calendar to Zone Chair – Hugh Moore

15th

 All budget requests from cost center heads due to Finance Committee Chair – Doug Church

1

August, continued...

15th

- Editorial material due to USMS SWIM Magazine Editor (Bill Volckening) for Nov/Dec issue
- Fitness Tips mailed to LMSC Editors and Fitness Committee

17-20th

USMS LC National Championships, Baltimore, Maryland

25th

Committees' annual reports and convention agendas due to liaisons and National Office

31st

Deadline for submission of ISHOF Candidates

Other deadlines this month ~

USAS sends convention registration list to National • Office. Secretary (Betsy Durrant) notifies LMSCs who have not sent delegate certifications

SEPTEMBER ~ 2000

1st

- Deadline for USAS for early convention . registration and inclusion in USAS Directory
- LMSC Registrars send reports to National Office
- Rule Book cover submissions and bids to print the Rule Book due to Rule Book Editor - Meg Smath
- Period for 2000 reduced-fee swimmer registration fee begins

 11^{th}

Bids for 2002 Long Course, Short Course, and Long Distance National Championship due to Committee Chairs

15th

Convention Packets mailed to all certified delegates

 30^{th}

- End of LCM Season
- Group Exemption 501 (c) (3) status report due to IRS

Other deadlines this month ~

- Long Distance National Championship packets due to hosts of next year's events
- SCY Top 10 booklets mailed to subscribers
- Changes, additions, deletions for 2001 Working Calendar due to USMS Secretary (Betsy Durrant) from Committee Chairs, etc.

OCTOBER ~ 2000

1st

LMSC Registrars send reports to the National Office 8th

Zone Reps submit events for SWIM calendar to Zone Chair – Hugh Moore

11th – 15th

USMS Convention – Kissimmee, Florida

October, continued...

 15^{th}

- Coaches Committee Quarterly (CCQ) mailed •
- Deadline for Coaches Committee to submit announcements to SWIM Magazine for Mentor Coach and Swimmer Clinics, NIKE Clinics, and Coach of the Year
- Editorial material due to USMS SWIM Magazine Editor (Bill Volckening) for Jan/Feb issue

 20^{th}

LMSC LCM Top Ten reports due to Top Ten Chair -Pieter Cath

31st

End of the 2000 Registration Year. All registrations after November 1st are for 2001

Other deadlines this month ~

President appoints Committee Chairmen and committee membership

CONTACT UPDATES...

To USMS Directory, Rule book and LMSC Handbook

- Hill Carrow (North Carolina) Enchantment Cove Lane. Charlotte, NC 28216, h.carrow@capitoInet.com, H 704-395-2066, W 919-821-8500
- Jerry Clark (North Carolina) JerryClark@Bellsouth.net
- Debra Farrell (Wisconsin) 3825 Brodee Rd, Brookfield, WI 53005-2127
- Paul and Margie Hutinger (Florida) hutswim@ij.net
- Eric Neilsen (San Diego) 1405 Catalina Blvd, San Diego, CA 92107, 619-224-4234
- Lucy Johnson (Southern Pacific) Wk 949-824-5830, Fax 949-824-8492, lucyj@uci.edu
- Tom Mester (Kentucky) 4303 Winward Place, Louisville, KY 40207, 502-897-6072
- (San Nancy North Diego) nancy@eastcountybiz.com
- Julie Paque (Pacific) 5467 E Fairbrook St, Long Beach, CA 90815, 562-597-6675
- Cathy Pennington (Potomac • Valley) CathyPswims@aol.com, Fax - 240-536-0497
- Anna Lea Roof (Missouri Valley)- 6916 W 100th Terrace, Overland Park, KS 66212-1635, 913-642-5484
- Bonnie Stowe (Hawaii) twoturtles00@hotmail.com
- Tom Tripp (Ohio) tntripp@hotmail.com
- Jim Wheeler (Pacific) H 510-237-7440

LMSC OFFICER UPDATES

Welcome new LMSC Officers

- Alaska Webmaster Ken Winterberger, 3000 99516, Capstan Dr, Anchorage, AK kwinter@alaska, Ph/Fax - 907-271-2898
- Allegheny Mountain Coaches Stan Prazer

LMSC Officer Updates, continued...

- Arkansas Coaches Carolyn Haefner, PO Box 116, Bentonville, AR 72716, cphaefn@walmart.com, H – 501-204-1015, Fax – 501-204-1013
- Florida –Editor Meegan Wilson
- Georgia Coaches Marty Hamburger
- Georgia Top Ten Ed Saltzman
- Indiana Coaches Joel Stager, HPER 032, Indiana University, Bloomington, IN 47405, stagerj@indiana.edu, H-812-855-1637, W – 812-333-6951
- Metropolitan Editor Gwen Deely, 440 E 20th St #4E, New York, NY 10009, gwendeely@aol.com, 212-533-4049
- Michigan Registrar James Coleman, 5005 Driftwood, Commerce, MI 48382, jcoleman@writeme.com, 248-685-0227, Fax 248-684-4025
- Montana Coaches Ellen Parchen
- New England Treasurer Matt Gilson, 28 Winsor Dr, Barrington, RI 02806-2414, mgilson@metlive.com, 401-246-1399
- New England Coaches Rich Axtell, 8 Orchard Rd, Bedford, MA 01730, rich.axtell@hanscom.ef.mil, 781-275-6820
- New England Coaches Lisa Sinclair, 1225 Salem St, N Andover, MA 01845-1845, sinclairjl@aol.com, 978-258-0585
- New Mexico Top Ten Phillip Djang
- Pacific Northwest Editor Sandy McNeel, 2364 Fairview Ave N #1, Seattle, WA 98102, swim@troutlake.com, H 206-324-0480, W 206-634-4578

CONVENTION UPDATE...

• ANNUAL REPORTS & AGENDAS

Committees' annual reports and convention agendas due to Executive Committee Liaisons and National Office by <u>Friday August 25th</u>.

Yes USMS Committee Chairs – you got an extension due to the fact that the Convention is late this. Please be sure to get these in by the deadline.

CONVENTION PACKETS

The goal is to get these out in the mail to the registered delegates by \underline{Friday} , $\underline{September 15}^{th}$.

• DO YOU NEED A ROOMATE FOR THE 2000 CONVENTION?

If you are looking for a roommate for the 2000 USAS Convention being held in Kissimmee, Florida October 11-15th, contact me at the National Office and I will do my best to "match you up".

Convention Update, continued...

EXTRA BANQUET TICKETS

Joan and Richard Smith - Our Ransom Arthur Award Winners – are looking for 6 extra banquet tickets for Saturday night (for their guests who will be flying in from different parts of the country for the award presentation).

If you are not planning on attending the banquet and are willing to give them your tickets, please contact **Joan or Richard at rt.jpsmith@mindspring.com or 916-972-1660**.

ARTICLE 502.7 RECORDS AND RECORD KEEPING

Each LMSC shall comply with the financial record keeping and reporting requirements of USMS. The LMSC shall forward to the USMS National Office the **minutes of the annual meting and annual financial reports** within 4 months of the end of the LMSCs fiscal year (or by April 30th, 2000)

Below are the LMSCs who's 1999 Financial Reports <u>HAVE</u> been received by the National Office;

Adirondack – Alaska – Arizona – Arkansas – Central Colorado - Connecticut – Delaware Valley – Florida Florida Gold Coast - Hawaii – Indiana - Kentucky Lake Erie – Maryland – Michigan - Minnesota Missouri Valley – Montana - New England New Jersey - New Mexico – Niagara – North Texas Ohio – Oklahoma - Pacific - Pacific Northwest San Diego/Imperial – Southern - Southern Pacific Virginia – Wisconsin - Wyoming

And the meeting minutes form the 1999 Annual Meeting of the following LMSCs <u>HAVE</u> been received:

Adirondack – Alaska – Arizona – Arkansas Connecticut – Delaware Valley – Inland Northwest Iowa - Kentucky – Lake Erie – Michigan – Minnesota Montana – New Jersey - New Mexico Niagara – North Carolina North Dakota – North Texas – Oklahoma Oregon – Pacific – Potomac Valley San Diego-Imperial – South Carolina Southern Pacific – Virginia – Wisconsin – Wyoming

If your LMSC is <u>NOT</u> listed, that means the National Office has <u>NOT</u> received it <u>AND YOUR LMSC IS LATE</u>.

ANNOUNCEMENTS...

• STROKES FOR STROKE - from Nancy Ridout

Well, the summer is half over and in case you, your team, or your LMSC have not had a chance to participate in the "Strokes for Stroke" campaign to swim around the world, I have good news. The time frame to complete your swim has been extended through mid-September. It was extended to allow everyone the opportunity to participate since we had received reports that it was very hard to put something together by the end of June.

As of mid-June, the National Stroke Association has recorded 1,000 entries, which is a good start, but leaves us several thousand miles to go! I have every faith that USMS can do more than its share in this worthy effort. Check out the May/June SWIM Magazine for details of our partnership with USA Water Polo and the National Stroke Association to raise funds and the awareness of the warning signs, symptoms, prevention, and recovery from stroke. Swimming can play a vital role in both the prevention and recovery aspects of this affliction.

- If you can swim more than 1 mile in this effort, be sure to note how many miles you are contributing.
- If you can get financial support from friends, family, and associates it will help us reach our goal.
- If you have a story about how swimming has made a difference in your recovery from stroke, please send it to me.
- If you need additional brochures/entry information, contact Tracy Grilli at the USMS National Office (1-800-550-SWIM).
- For the latest updates, check out the "Strokes for Stroke" website (<u>www.strokesforstroke.org/</u>).

In closing, let David Grilli, the USMS Fitness Chairman, and/or me know how you, your team, or your LMSC has supported this cause. We will have a complete article in SWIM Magazine devoted to our participation. I can tell you that in my area, the head of the local water polo community and I have planned an event for August 27th at a local college 50 meter pool at which the six Masters teams and all the Water Polo groups in the county will participate. With this event we will be able to get media coverage and bring exposure to our programs as well as stroke awareness. Remember, that after expenses. USMS will receive 25 % of the monies raised in this campaign which will go to the USMS Foundation to help fund research in adult fitness, competition, and aging another very worthy opportunity to contribute to the Masters swimming program.

I urge you to enthusiastically support "Strokes for Stroke." Let's show we can make a difference!

Looking forward to your support and participation!

USMS NATIONAL CHAMPION PATCH DESIGN CONTEST - from Sandi Rousseau

The USMS Championship Committee is soliciting submissions for a new millennium patch design. This patch is given to swimmers who win an event at a National Championship meet.

Camera-ready artwork should be a minimum of 7.5 inches in combined dimensions, in any shape, and must use the phrase "USMS National Champion" in the design as well as the USMS logo.

Please send all submissions to Sandi Rousseau, Championship Committee Chair, 23995 SW Drake Lane, Hillsboro, OR 97123. Contact her at tsrousse@ix.netcom.com for questions.

All submissions become the property of USMS, and each contestant will be asked to sign a release. Submittals are due by **September 15, 2000**.

• BUFFALO CHIPS – from Bill Earley

Bill Early (San Diego Swim Masters/USMS Legislation Committee) has developed (and patented!) a relatively simple, inexpensive device to mark a set distance on floating lane lines.

Used primarily for 15-meter markers to alert underwater swimmers (Rule Book, Art. 107.12.2), some facilities have also used them to mark the 25-meter/halfway location on their 50-meter long course lane lines.

Composed of polypropylene plastic, the same material that lane line floats and segments are made of, the markers are available in red or yellow, and hand-formed to fit either the "standard" c. 4-inch diameter or newer c. 6-inch diameter floats. Bill's "MK XV Buffalo Chips" come in semi-permanent or temporary, snap-on/off models.

For more information contact Bill at buffschips@aol.com or 800-343-1957

Nancy Ridout, President

MACA ANNUAL AWARDS...

It is time to review the prospective candidates for MACAs annual awards. These awards will be presented at the 2000 United States Aquatic Sports Convention in Orlando.

• MACA NEWS WEB AWARDS

The MACA News Top Ten website awards were inaugurated last year, with the idea of recognizing many of the outstanding webmasters who create and maintain websites containing information about Masters swimming. The MACA News Web Awards recognize local and regional web communication projects. Not only does the recognition serve to inspire prospective webmasters, it also serves as a resource for others who wish to improve existing sites. Aside from the United States Masters Swimming Newsletter of the Year Award, there is no other recognition for communications sponsored by any swimming organization in the United States.

If you are coordinating a web project, or know of an outstanding Masters website, please contact the MACA News with the URL of the web site. Your site could make the 2000 MACA News Top Ten.

MACA LIFETIME ACHIEVEMENT AWARD

MACA is currently accepting nominations for the prestigious MACA Lifetime Achievement Award. The award honors exceptional dedication and service as a Masters coach.

Nomination criteria:

1) Recipients must have a minimum service of ten years in the Masters coaching field.

2) The nomination letter must be submitted by a member of MACA. For MACA membership inquiries, contact Emmett Hines (emmett@csi.com). Additionally, a maximum of two letters of support may be submitted by anyone with the nomination letter. Each letter is limited to one typed page.

3) A maximum of one award shall be presented per year. However, it shall not be necessary to present an award every year.

4) All nominations must be received by September 15th. Please submit nomination materials by regular mail to Ed Nessel (10 Irene Ct., Edison, NJ 08820).

5) The selection of the award recipient will be made by a five-member MACA subcommittee appointed by the

current MACA president, who may be a member of the committee. Coaches who are nominated for the award may not serve on the committee.

MACA NEWS WEB SITE IN THE WORKS

The MACA News is pleased to announce that MACA is preparing to publish a website. This website will contain information about Masters coaching, including certification and articles, Masters coaching links, an archive of MACA Newsletters, and how to join MACA. The site is being developed by MACA News Editor Bill Volckening, and will be published before the October USAS Convention in Orlando. If you are interested in contributing to this project, please contact Bill (Bill Volckening@usms.org).

OTHER ITEMS ...

• 2002 WORLDS WEBSITE - from Dennis Asher - Webmaster

The website for the 9th World Masters Swimming Championships in Christchurch New Zealand is now online at: http://www.eventnz.co.nz

The website will have new features and regular updates with information about the Masters Games and the host Christchurch, New Zealand.

If you would like to receive regular updates about the Games you can join their mailing list by sending a blank e-mail to: **masters-list@eventnz.co.nz**

OLYMPIC SWIMMING TRIALS TV SCHEDULE -From Marian Coakley, NEM Member

Marian contacted NBC concerning the broadcasting of the Swimming Olympic Trials and she was sent this response:

NBC is broadcasting the Trials, but the times of this broadcast has not yet been determined. We will post this information on our website at: http://www.trials2000.com when it becomes available.

Eulogy for Dot Donnelly Written by Nancy Ridout

I spent much of the 5+ hours it took me to fly here from San Francisco, thinking about Dot – what she meant to me and what she meant to the organization to which she essentially devoted the last 25 years of her life - United States Masters Swimming.

It is an honor, not a duty as President of this organization, to represent here today the depth of appreciation we feel for Dot – her loss cannot be measured.

For over 20 years Dot <u>WAS</u> USMS. She was the person who communicated the benefits of our program to the public and to the membership. She gave out information, she answered endless questions, kept our records, and kept us in line by keeping in touch with virtually everyone who had responsibilities, and was "on call" 16 hours a day. She was good at her job and generally indispensable.

I thought about how long is had been since I'd picked um the phone and heard "Masters Swimming, Dorothy Donnelly".

She and I ate up a chunk of Masters nickels with our phone conversations, but they never failed to leave me laughing and in a better frame of mind.

Dot had that gift which all of us here have shared. No conversation ended without a reference or a tidbit about her family – Jerianne, Brian and Zack. She was so proud of you and so thankful for the blessing of her family.

Dot was a <u>competitor</u> as well as someone who "gave back". She was an Olympian. She was a standard of excellence for her competitors throughout her Masters swimming career as her many records attest.

I remember in my younger days – and one's perspective does change! – seeing Dot in a race of "older" women at Nationals and thinking "Wow! She is really racing!"

Dot may have been of an older generation but she had vision and was thoroughly modern. With the advent of computers, she dived right in and was among the first to make use of their potential in running our programs.

Last summer I saw yet another need for Dot's talents. Before it was too late, I thought it was essential to capture our history. I could think of no better person than Dot to administer this important and monumental task. Though weak from chemotherapy, she was delighted to be asked and excited about the possibilities.

And she did organize a group of hard working, dedicated volunteers who have been <u>THE</u> most active committee in USMS this year. In fact, I was going to give her committee an award for their extraordinary accomplishments in just 1 year at our annual convention.

She will not be there this year, in person, but she will be there in the hearts of all those privileged to have known her.

Dot faced what life gave her with a positive attitude and a sense of humor. She had a gift for making all those with whom she had contact feel special. <u>Dot</u> was special.

On behalf of the many in Masters swimming who loved Dot but could not be here today, and personally, thank you Dot for your friendship, your guidance, your support, and your love. You did with your life that which all of us hope to do, you helped to make this world a better place. It has been a privilege and our good fortune to have been your colleague and your friend.

2001 International MasterAthlete Winter Games Barrie & Orillia - Ontario, Canada February 2 – 11th

The events include: Alpine Skiing, Track (indoor), Badminton, Basketball, Broomball, Cross Country Skiing, Curling, Hockey. Jiu Jitsu, Ringette, Swimming, Tennis, Frozen Three (skate, run, ski), Volleyball, Weightlifting.

The swimming events (50, 100 200 meter Fly, Back, Breast, 400, 800, 1500 meter free and 100, 200 and 400 meter IM) are officially sanctioned and will take place on February $2 - 4^{\text{th}}$. Swimmers can enter up to 5 events and 2 relays. There are no qualifying standards and it is open to swimmers age 20 and over.

For more information and an entry booklet, contact: 2001 International MasterAthlete Winter Games PO Box 400 Barrie, Ontario Canada L4M 4T5 Phone: 705-739-4220 x 4440 Fax: 705-739-4288 Toll Free: 877-371-2001 (N America only) E-mail: info@masterathletewintergames2001.com Website: http://www.masterathletewintergames2001.com