2020 U.S. Masters Swimming Annual Meeting — Virtual

<table>
<thead>
<tr>
<th>Committee Name:</th>
<th>Long Distance</th>
<th>Session #:</th>
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<tbody>
<tr>
<td>Committee Chair:</td>
<td>Ali Hall</td>
<td>Vice Chair:</td>
<td>Phyllis Quinn</td>
</tr>
<tr>
<td>Minutes recorded by:</td>
<td>Lorena Sims</td>
<td>Date/time of meeting:</td>
<td>8/30/2020 at 8:00pm EDT</td>
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Actions Requiring Approval by the HOD:
1. None.

Motions Passed:
1. None.

Number of committee members present: 15  
Absent: 0  
Number of other delegates present: 36

Committee members present: Ali Hall, Phyllis Quinn, Lorena Sims, Robin Smith, Jill Wright, Catherine Rust, Dave Brancamp, Sarah King, Alana Aubin, Chuck Beatty, Stephen Rouch, Bob Singer, Donn Livioni, Jenny Hodges, Laurie Hug.

Ex-Officio members present: David Miner, Jay Eckert, Kimberly Elsbach.

The meeting was called to order at 8:00 EDT.

Minutes:
1. Welcome, Mission of the LDC and Rollcall Introductions.
   - Brief zoom introduction
   - Discussion of the LDC role within USMS
2. Poll: how many attendees have how many of the same t-shirts as the LDC members.
   - Winner: Donn Livioni with 4
3. Approval of any outstanding minutes.
   - None outstanding.
   - 2021 Long Distance Events:
     o Sprint Distance – Boerne, TX – May 15th
     o Long Distance – Boerne, TX – May 16th
     o 2-Mile Cable – Sweet Home, OR – June 26th
     o Middle Distance – Newport, CA – July 10th
     o Marathon Distance – Applegate Lake, OR – July 17th
     o Ultramarathon Distance – Newport, VT – July 24th
     o 1 Hour ePostal – Oregon Masters – January 1st-February 28th
     o 5k/10k ePostal – Kentucky Masters – May 15th-September 15th
     o 3k/6k ePostal – Loveland Masters – September 15th-November 15th
   - 2022 Long Distance Events:
     o Sprint Distance – Cleveland, OH – July 16th
     o Long Distance – Del Valle, CA – June 11th
     o 2-Mile Cable – Lake Placid – August 13th
     o Middle Distance – Santa Cruz, CA – July 31st
Marathon Distance – Lake George, NY – August 20th
- Ultramarathon Distance – Newport, VT – July 23rd
- 1 Hour ePostal – Davis Aquatic Masters – January 1st-February 28th
- 5k/10k ePostal – Palm Beach Masters – May 15th-September 15th
- 3k/6k ePostal – Sawtooth Masters – September 15th-November 15th

5. Awards, Recognition and LD NC overview – Catherine and Dave.
   - Events and Awards Presentation video.
   - Click here to watch (or navigate to https://youtu.be/LcVtq8gJSzc in your preferred browser)

6. Any other business for the good of the order, announcement of next meetings.
   - Next meeting is September 16th at 8:00pm EDT. Agenda is available online and via Sched.

7. Closing chat storm – What’s your favorite way to train for the 10k ePostal?

The meeting adjourned at 9:01pm EDT.