Committee Name: Long Distance Session #: 1 Report #: 1

Committee Chair: Ali Hall Vice Chair: Phyllis Quinn

Minutes recorded by: Lorena Sims Date/time of December 27, 2020

meeting: e-exchange

Number of committee members present: 15 Absent: 0 Number of other delegates present: 0

Committee members present (list all, including chair and vice chair): Ali Hall, Lorena Sims, Phyllis Quinn, James Davidson, Robin Smith, Catherine Rust, Dave Brancamp, Donn Livoni, Stephen Rouch, Chuck Beatty, Sarah King, Bob Singer, Jenny Hodges, Laurie Hug, Jill Wright, Alana Aubin.

Ex-Officio members present: none

Actions Requiring Approval by the HOD:

1. None.

Motions Passed:

1. None.

Topic: LDC e-Exchange Meeting

All working group reports on active topics exchanged by email.

- 1. Welcome and roll call N/A.
- 2. Approval of any outstanding meeting minutes none.
- 3. Reports from the chair (Ali) and vice chair (Phyllis), vice president (Donn), and national office representative (Jay).
 - Ali Thank you all so very much for your service to the LDC and USMS this year, it's been a delight for me to work together with each of you.
 - Phyllis Nothing to report.
 - Donn Nothing to report.
 - Jay Nothing to report.
- 4. Working group reports.
 - b. Rules/Legislation –Jim and Alana; Donn, Lorena, Bob S., Robin, Steve.
 - Edits were completed in November.
 - c. PARA Jim and Sarah; Patches & Awards Dave; ePostal Recognitions Catherine; All-Americans (AA) Men Lorena, Chuck; (AA) Women Jenny; (AA) Relays Phyllis, Dave; Records Jill; All-Stars Laurie, Alana; Postal Series Alana, Laurie.
 - 2020 3000/6000-Yard ePostal National Championship Final Individual and Relay Results have been posted. All results from this year's ePostal National Championships can be found here: https://www.usms.org/events/national-championships/epostal-national-championships We are currently in the process of

compiling end of the year Individual and Relay All- American Results and ePostal Series Patch Award recipients.

- d. Club Assistant Robin & Steve.
 - Nothing to report.
- e. Awards Dave.
 - The 3000/6000-yard ePostal awards have been ordered and processed today. This will conclude the award distribution for 2020, outside of the ePostal Finisher patch. Thanks to Catherine for her great work on both the ePostal patch and the 3000/6000 e Postal.
- f. Communications Laurie (lead), Chuck.
 - Nothing to report.
- g. Safety (as needed) David M., lead.
 - Nothing to report.
- h. 2023 NC Recruitment/Selection Jill, lead; Robin, Steve, Catherine & Jenny.
 - Nothing to report.
- i. NC Oversight Ali, lead; Phyllis, Jim, Bob, David M.
 - Nothing to report.
- j. Nose to Tail LD NC Working Group: Sarah and Chuck (leads), Alana, Jim, Bob, Dave, Catherine, Jill, Ali.
 - Nothing to report.
- k. Goals Phyllis, lead; Lorena, Robin, Bob, Catherine, Joanne and Chuck.
 - Nothing to report.
- 1. LDNC Award Jill, lead; Laurie, Joanne, Dave, Ali, Jenny.
 - Nothing to report.
- m. 2021 Clinic Working Group—Catherine and Steve.
 - To be run in tandem with the OW festival in San Antonio. At a standstill on securing a venue. Four of the major pools and some of the other pools are currently shut down. Again, waiting for COVID numbers to go down.
- n. 2020 ePostal Challenge Series Catherine.
 - Dave and I are working together and looked at the red/white/blue patch be used for the 2020 recipients. The number of recipients will be higher than usual due to qualifying by swimming 2 ePostal events in 2020. The price point on these patches is very reasonable. For 2021 there will be a new patch designed by the LDC.
- 5. Other business for the good of the order.
 - a. Nothing to report.

Long Distance National Championship Event Reports:

- 1. 2020 5,000m/10,000m: Southern Oregon Masters
 - Liaison: Jim Back Up: Jenny

- Final results have been posted for both the Long Course and Short course events. Awards for the National Championships have gone out. Medals for the Short course events will be sent out shortly. Catherine and Dave ordered medals for the short course participants, as the participants thought they would receive and were disappointed when the entry terms did not include this kind of award. The medals were sent to the event host for distribution.
- 2. 2020 3,000y/6,000y: Palm Beach Masters
 - Liaison: Jill Back Up: Chuck
 - I feel like the PBM group has done an awesome job. They have been on time and efficient. What great hosts. Many thanks to Sarah and Jim for they do.
 - Individual and Relay Results for the 2020 U.S. Masters Swimming 3000/6000-Yard ePostal National Championships have been posted. https://www.usms.org/events/national-championships/2020-epostal-national-championships
- 3. 2021 Sprint/Long Distance OWNC: Masters of South Texas, May 15-16
 - Liaison: Catherine Back Up: TBA
 - Host has secured city application and sanction. She has presented a detailed procedure on how the event will be managed and run to the city. There has been a rise in COVID numbers in San Antonio area and has decided the best course of action to stay under the radar and get back with the city in February and hopefully COVID numbers are down.
- 4. 2021 Cable OWNC: Foster Lake, June 26
 - Liaison: Ali Back Up: Jenny
 - Nothing to report.
- 5. 2021 Middle Distance OWNC: Newport Pier to Pier, July 10
 - Liaison: Robin Back Up: Phyllis
 - Southern California, including Orange County, is under a new Regional Stay-at-Home Order for at least the next three weeks due to rising COVID-19 numbers. Group gatherings are not currently allowed and cities/venues are not issuing Special Event Permits at this time.
- 6. 2021 Marathon Distance OWNC: Applegate Lake 10k, July 17-18
 - Liaison: Jill Back Up: Chuck
 - I have been in touch with Rogue Valley Masters, Todd Lantry. His biggest concern is "will the event be allowed to take place?" and "if the lake will have enough water." His contract has been signed.
- 7. 2021 Ultra Marathon Distance OWNC: Lake Memphremagog, VT, July 24
 - Liaison: Steve Back Up: Dave
 - Nothing new to report. The ultra-marathon in Vermont is open, and to 36 swimmers including rollovers from last year.
- 8. 2021 OHeP: Oregon Masters
 - Liaisons: Sarah Back Up: Robin
 - The LDC voted to extend the competition window for this event, considering that many USMS members do not currently have one-hour pool access and/or the ability to have a counter on deck. The LDC also voted to hold non-championship options including a 60-minute swim using a watch to count, or combining two 30 minute swims with a counter or a watch, and either non-championship option would earn participants credit for an ePostal Series award. After considerable discussion with the Board and National Office, the LDC's votes were set aside. It was decided that the 2021 OHeP will go forward with the established dates of Jan 1 through Feb 28, with no non-championship options. We appreciate all of the discussions that occurred with

our LDC committee and the host and liaisons for the 2021 OHeP are moved forward with launching the event on January 1st. The event is currently live and the link to the event can be found here https://www.usms.org/events/national-championships/epostal-national-championships;

https://www.clubassistant.com/club/meet information.cfm?c=1308&smid=13499.

Sarah and Robin have created a document to assist swimmers, with ideas for enhancing facility access and it posted at: https://www.usms.org/-

/media/usms/pdfs/long%20distance%20nationals/guidance swimming epostal champs.pdf

9. 2021 5/10k – Kentucky Masters

• Liaison: Jim Back Up: Jenny

• Nothing to report.

10. 2021 3/6k – Loveland Masters

• Liaison: Chuck Back Up: Bob

• Nothing to report.