

<b>Committee Name:</b>	Long Distance	<b>Session #:</b>	1	<b>Report #:</b>	
<b>Committee Chair:</b>	Ali Hall	<b>Vice Chair:</b>	Phyllis Quinn		
<b>Minutes recorded by:</b>	Joanne Wainwright	<b>Date/time of meeting:</b>	1/26/20		

## Motions Passed:

1. MSA December 15, 2019 Meeting Minutes.

<b>Number of committee members present: 18</b>	<b>Absent: 0</b>	<b>Number of other delegates present: 2</b>
<b>Committee members present (list all, including chair and vice chair):</b> Ali Hall (Chair), Phyllis Quinn (V. Chair), Donn Livoni (Vice President), Alana Aubin, Chuck Beatty, David Brancamp, Jim Davidson, Jenny Hodges, Laurie Hug, Sarah King, Stephen Rouch, Catherine Rust, Lorena Sims, Bob Singer, Robin Smith, Joanne Wainwright, Jill Wright. Ex-Officio/Other: Jay Eckert, Kim Elsbach, David Miner		

The meeting was called to order at: 8:00 p.m.

1. Welcome and roll call. Introduction of 2020 Committee Members.
2. Approval of any outstanding meeting minutes - Dec, 15, 2019 Motion: Lorena 2nd: Joanne
3. Reports from the Chair: Ali reported that Donn Livoni has given her a list of report deadlines and other pertinent information for the LDC. Vice chair (Phyllis), Vice President (Donn) Donn announced that the Winter Board meeting will be held at the end of February/beginning of March; he will keep us informed of important information.
4. Working groups – reports
  - a. Ex-Officio from OWC report: Kim Elsbach will post a summary of the 11 2020 OWC projects on the Forum.
  - b. 2020 Rules/Legislation –Jim and Alana; Donn, Lorena, Bob S., Robin, Steve; Jim reported that he and Alana will be heading up the rules process this year. He uploaded a draft of the rules and legislation process for 2020 and an electronic copy of Part 3 of the USMS Rulebook to the LDC Forum. He stated that those new to the committee get familiar with this process. Jim instructed all members to review the rules in Part 3 before our next meeting. As the rules are reviewed, think about any changes you would like to propose or any questions or clarifications you may have. Send your feedback to Alana ([coachaubin@outlook.com](mailto:coachaubin@outlook.com)) or Jim ([jedavidson98001@yahoo.com](mailto:jedavidson98001@yahoo.com)). Jim said they have received proposals already but we will start reviewing them at the next meeting.
  - c. PARA – Jim and Sarah; Patches & Awards – Dave; ePostal Recognitions – Catherine; All-Americans (AA) - Men – Lorena, Chuck; (AA) Women – Joanne, Jenny; (AA) Relays – Phyllis, Dave; Records – Jill, Joanne, All-Stars – Laurie, Alana; Postal Series –Alana, Laurie; Sarah reported that she and Jim are working on 2019 AA Men, Women, Relays, Records, All Star and ePostal recognition documents and hopes to have everything posted to the USMS website by the end of the Month. All other OWNC and ePostal events have been posted to the website. She thanked all of the committee members for their hard work and contributions in the compilation of results. Once 2019 are completed, we will turn our attention to the 2020 events as they come up and look forward to working with all hosts and liaisons in 2020.
  - d. Club Assistant – Robin & Steve; Robin - no update- Robin inquired whether we are still doing conference calls with the host, liaison and CA. Ali reported that there is no change from 2019.
  - e. LD NC Host Tutorial Working Group: Sarah, Robin, Lorena; - Sarah - no update. Sarah reported that they will be working as a part of the larger nose to tail group to move forward with tutorials and other documents that will benefit the hosts and liaisons.
  - f. Safety (as needed) – David Miner reported that there are 10 sanctioned events for 2020, one of which is a new event and others include the Middle Distance and Long Distance National Championships..
  - g. Documents – Bob, lead; & Jim (ePostal Guide – Bob & Jill; OW Champs Guide – Bob & \_\_\_); Bob reported that the documents are ready for review. If you are having problems with dropbox, please let him know and he will send the link. Changes to be submitted before the next meeting, on Feb. 23. If you make a revision, put your initials and the date. Link to be emailed out by Ali and Bob.

- h. LD NC Event Final Evaluation Revision: Catherine, Alana, Bob, Jim; - Catherine reported that her team is working on a revision which will include a written evaluation by the host and liaison and some type of indicator as to the success of the event.
- i. 2022 NC Recruitment/Selection – Jill, lead; Robin, Matt, Steve, Catherine & Jenny; Jill will be sending out information to the group for developing new bidding documents. She will also send letters to LMSC and OW Chairs shortly after February 1.
- j. Communications — Laurie, lead; Chuck, back up; Laurie reported that the National Office will be promoting the OWNC events in the Jan-Feb issue of SWIMMER (event preview), Mar-Apr issue of SWIMMER (ad), and upcoming STREAMLINES newsletters, as well as in scheduled social posts.
- k. NC Oversight - Ali, lead; Phyllis, Jim, Bob, David M; - No report -
- l. Nose to Tail LD NC Working Group: Sarah, Alana, Jim, Bob, Dave, Chuck, Catherine, Jill, Ali - Sarah mentioned that it is important for the group to take documents and other tutorials proofing them and filling in the gaps on other projects.
- m. Goals – Phyllis, lead; Lorena, Robin, Bob, Catherine, Joanne and Chuck. Phyllis announced that the goal of writing the evaluation form has been started. We should encourage hosts to have a “Plan B” or at least someone to run the event if something happens to the main organizer. It would be beneficial to encourage or add to the bid documents that the event host include information regarding accommodations and/or the possibility of providing lodging for out of town swimmers, information regarding logistics (airport to lodging and to the event), kayaking escorts available if required for the event, and other helpful information that would help a swimmer decide if they want to attend the event.
- n. LDNC Award – Jill, lead; Laurie, Joanne, Dave, Ali, Jenny; - Jill - no report - if anyone has any feedback on forms, please let the committee know.
- o. 2020 Clinic Working Group—Catherine and Steve; - Catherine reported that they are set up for OW clinic on Friday, July 17, 2020 at Lakewood HS from 2-4 p.m. in conjunction with the Cleveland 2 mile swim. The contract with the pool has been signed. There will be a pasta dinner following clinic.
- p. 2020 Convention Presentation Workgroup: Sarah, Dave, Jim and Bob. - Sarah mentioned that there was a request to use 2019 Presentation as a topic for OW Peer-to-Peer Conference Call in 2020. There are several ideas for the 2020 Convention Presentation and the workgroup will keep the LDC updated on the progress.

Meeting adjourned at 8:58 p.m.

Below is a list of the 2020 LD NC events and the liaisons assigned.

Each lead liaison will please give a brief written report on the status of their event (sent to the full committee prior to the conference call – THURSDAY at latest for SUNDAY calls). LIAISONS—PLEASE CHECK YOUR EMAIL EARLY AND OFTEN FOR MESSAGES.

#### **2020 Long Distance National Championships:**

- USMS Long Distance OWNC
  - Lake Del Valle, CA (5k) June 13
  - o Liaison: Dave Backup: Phyllis
  - o The event director reports having set up with Club Assistant. He is awaiting feedback on their Meet Information Sheet from USA Swimming since this is a dual sanctioned event. He submitted the sanction request to USMS. Their local club website has been updated with the 2020 information for the event and are working on the final edits to a proposed logo that will be sent to USMS National Office for approval.
  
  - USMS Sprint Distance OWNC
  - Semana Nautica, Santa Barbara, CA (1 mile) June 20
  - o Liaison: Robin Backup: Jill
  - o Event Director is working on draft entry form and event information. Decision to dual sanction the USMS OWNC event with USA Swimming is pending. this will be a “Championship Weekend” overlapping with their LCM Masters Swim Meet. Note that the OWNC has been scheduled on a different weekend from the Semana Nautica Ocean Festival Open Water Swims so that there should be no conflict between their local festival sponsors and USMS sponsors.
  - o Weekend Schedule of Events
- Friday, June 19 p.m. - Day 1 LCM Meet (1500m)  
 Saturday June 20 a.m. - USMS Sprint OWNC (one mile ocean swim)

Saturday, June 20 p.m. - LCM (Half-day schedule of events)  
Sun June 21 a.m. - Open Water Relays (details TBD)

- USMS Middle Distance OWNC
- Brogan OW Classic, Lake Erie, OH(2 miles) July 18
  - Liaison: Catherine Backup: Steve
  - Registration set to open on February 1. Host has done a great job getting tasks completed and everything lined up for a successful event.
  
- USMS Ultra Marathon Distance OWNC
- Lake Memphremagog, VT (10 miles) July 25
  - Liaison: Laurie Backup: Steve
  - Race has opened for entries and currently has 18 swimmers. Price increases from \$225 to \$250 on February 1.
  
- USMS Cable OWNC
- Lake Placid, NY (2 miles) August 15
  - Liaison: Donn Backup: Bob S.
  - The Safety Plan, Entry Form, and OWGTO Application were submitted to David Minor on 1/8/20 and are also attached on the LDC Forum. Once USMS sanction application was submitted on 1/9/20. Online registration is “open.” The swim is in “Protected Registration Mode,” which means you cannot advance to registration without first entering a password. Donn will turn off this function once we receive the sanction.
  
- USMS Long Distance OWNC
- Lake George, NY (10k) August 22
  - Liaison: Ali Backup: Bob S.  
Host is working on the entry form and other timeline items.
  - OHeP: Tamalpais Masters
  - Liaisons: Sarah Backup: Lorena
  - Event is currently in progress. Both Sarah and Host Jim have recently logged in to Club Assistant to keep updated on the # of participants entered.
  - 5,000m/10,000m: Southern Oregon Masters
    - Liaison: Jim Backup: Jenny
  - 3,000y/6,000y: Palm Beach Masters
    - Liaison: Joanne Backup: Chuck
    - Host has returned contract and submitted performance bond. Bond to be returned during the week of January 27.

Other business for the good of the order

Next Call: **February 23, 2020 8p ET**

**Projected List of Dates for 2020 LDC Calls:**

Jan	26
Feb	23
Mar	29
April	26
May	24
Jun	28
July	26
Aug	30
Sept	27
Oct	25
Nov	29
Dec	27

## **LDC Approximate High-Level Timeline Items by Month: A work in progress**

### **January:**

New OWNC season registrations open  
prepare bid letters and documents  
initiate work on new goals

### **February:**

send out bid letters and post documents  
send out award nomination requests  
begin to consider rules changes

### **March through May:**

consider rules changes  
begin recruiting bids  
updates on LD NC events progress

### **June:**

Prepare next year's events  
finalize rules proposals  
finalize award nominations  
finalize bid recruitment  
thick of the competition season

### **July:**

award working group meets  
bid selection working group meets

### **August:**

finalize all LDC details to prepare for convention

### **September:**

Convention

### **October-December:**

Request to next season's details  
Conclude remaining event details  
Open registration for next season's OWNCs that would like  
Wrap-up year's business