Committee Name: Long Distance  
Session #: 1  
Report #: 1

Committee Chair: Ali Hall  
Vice Chair: Phyllis Quinn

Minutes recorded by: Lorena Sims  
Date/time of meeting: 09/12/19 @ 3:15-4:15pm

Actions Requiring Approval by the HOD:
1. None.

Motions Passed:
1.

Number of committee members present: 16  
Absent: 0  
Number of other delegates present: 33.

Committee members present: Ali Hall (Chair), Phyllis Quinn (Vice Chair), Donn Livoni (Vice President), Jill Wright, David Brancamp, Robin Smith, Sarah King, Stephen Rouch, Alana Aubin, Catherine Rust, Jim Davidson, Bob Singer, Lorena Sims, Joanne Wainwright, Laurie Hug, Sandra Frimerman-Bergquist, Matt Miller. Ex-Officio Members Present: Bob Bruce, David Miner. Absent: None. Others: None.

The meeting was called to order at: 3:15pm.

1. Welcome and roll call; recognition of committee members.

2. Approval of any outstanding meeting minutes. None.

3. Reports from the chair (Ali) and vice chair (Phyllis) and vice president (Donn).

Chair: Thank you to all who participated in the committee this year, as well as all those in the National Office who collaborated with us for success, and to Patty and Donn for their excellent leadership and guidance.

Vice President: Nothing to report.

Vice Chair: Nothing to report.

1. Working groups – reports (please send your report to all in advance)
   a. OWC Ex-Officio report: Jim
      Doing a lot of work to codify documentation, best practices, etc. and will hopefully translate into a significant amount of information to pass along to our hosts.

   b. 2019 Rules/Legislation – Bob B/Jim; Donn, Lorena, Bob S., Robin, Matt, Stephen. All will be involved during the spring.
      Discussion held until 09/13/19 AM session.

   c. PARA – Jim and Sarah; Patches & Awards – Dave; All-Americans (AA) - Men – Lorena, Sandra; (AA) Women – Dave, Joanne; (AA) Relays – Phyllis, Dave; Records – Jill, Joanne, All-Stars – Laurie, Alana; Postal Series – Alana, Laurie.
      Sprint and Long Distance OWNC preliminary results are posted – participants have until September 17th to notify of any changes and then results will be made final and records/awards will be calculated. All Star calculations likely to be ready in January 2020.
d. Club Assistant - Lorena, & Stephen.
   Works with Club Assistant to assist with communication and troubleshooting for event hosts, as well as provide ideas/issues to the CA staff. Recognized and thanked Karin Wegner.

e. Safety (as needed) – David M., lead.
   There has been an uptick in race sanctions this year, with only a few cancellations made necessary. Doing well on certifications for safety coordinators and referees.

   Working on updating the Guide to Operations, Championship Packets, timelines, standard entry forms and FAQs.

g. LDC Guidelines–Website Content Workgroup: Sarah, Bob S., Matt.
   Tasked with updating the Long Distance Committee Guidelines to create a new document which is up to date to 2019 and which has been now been referred to the National Office for review and website posting.

h. 2021 NC Recruitment/Selection – Jill, lead; Robin, Matt, Stephen & Sandra.
   Six open water National Championships and five ePostal events each year to be recruited from a mix of venues and hosts around the country. Changes have been made to some 2020 event dates and staffing, see list below for current information.
   2021 National Championships Announcements:
   Sprint – Masters of South Texas, May 15th
   Long Distance – Masters of South Texas, May 16th
   Cable Swim – Foster Lake, June 26th
   Middle Distance – Newport Pier to Pier, July 10th
   Marathon – Applegate Lake 10k, July 17th or 18th
   UltraMarathon – 25k New England Masters, July 24th
   OHeP – Oregon Masters
   5/10k – Kentucky Masters
   3/6k – Loveland Masters

i. Communications — Laurie, lead; Matt.
   Compiling information on the National Championships for next year.

j. NC Oversight - Ali, lead; Phyllis, Jim, Matt, David M.
   Nothing to report.

k. Goals – Phyllis, lead; Lorena, Robin, Bob S., Matt, Catherine, Sandra and Joanne
   Presentation tomorrow morning to recognize our long-time participants in ePostal event series and a longer list of those who have completed at least 5 years and 10 years. Also created FAQs for event hosts and working on FAQs for swimmers.

l. LDNC Award – Jill, lead; Laurie, Catherine, Joanne, Dave, Ali.
   New award this year – we felt it was important to recognize people, clubs and/or LMSCs that demonstrated excellence in Long Distance National Championships through the years. This award’s criteria were developed in collaboration with the Recognition and Awards committee, approved, and posted. Several excellent nominations were received, a rubric for scoring was developed, the awardee(s) to be announced Saturday during the House of Delegates.
m. 2020 Clinic Outreach Group—Catherine, Dave, Alana

The open water clinic idea started last year and was connected with the 2019 Marathon OWNC at Knoxville. Clinic will incorporate discussion, Q&A, demonstrations, etc. Next year’s clinic will hopefully be at the Brogan 2020 Middle Distance OWNC swim and that clinic development has started.

n. 2019 Convention Presentation Workgroup: Sarah, Dave, Jim, Matt

Presentation ready for LDC #2.

o. Other business for the good of the order.

Bob Bruce is retiring from his Ex-Officio position shepherding rules and the LDC rules primary responsibilities will be taken on by Jim Davidson and Alana Aubin. Many thanks to Bob for his 12 YEARS in this position.

Jim Davidson would like to remind everyone that the 2019 3000/6000 ePostal will be starting soon.

Motion to recess: Alana. Second: Sandra. Meeting recessed at 4:03pm