Actions Requiring Approval by the HOD:

1.

Motions Passed:

1. To set the 2020 Performance Bond for LD National Championship events to $0.

The meeting was called to order at: 8 p.m EST.

1. Welcome and roll call - Ali welcomed everyone and thanked them for their work in 2019.
2. Approval of any outstanding meeting minutes - No minutes to be approved.
3. Reports from the chair (Ali) - The committee has been active in the e-Forum during the last couple of months. Vice Chair (Phyllis) - No report. Vice President (Donn) - Donn introduced himself to the new committee and stated that he will help in any way he can in 2020.
4. Working groups – reports
   a. OWC Ex-Officio report: Alana, Jim (back-up): Welcome to the new OWC leadership Kim Elsbach! No report.
   b. 2020 Rules/Legislation – Jim and Alana; Donn, Lorena, Bob S., Robin, Stephen, ___. There was a discussion regarding the elimination of the LD NC $200 performance bond. Jim moved that the LDC set the 2020 performance bond to $0. 2nd. Alana MSA LDC will propose legislation in 2020 to remove the bond from the rule book for 2021. Jay will return bonds to those who paid for 2020. Jim posted the rules approved at convention and would like committee members to send comments to him or Alana.
   c. PARA – Jim and Sarah: Patches & Awards – Dave; ePostal Recognitions – Catherine; All-Americans (AA) - Men – Lorena, ____; (AA) Women – Dave, Joanne; (AA) Relays – Phyllis, Dave; Records – Jill, Joanne, All-Stars – Laurie, Alana; Postal Series – Alana, Laurie. Sarah is finalizing results from 3000/6000, All-Stars, and All Americans, she hopes to have the results posted by the 1st two weeks of 2020.
   e. LD NC Host Tutorial Working Group: Sarah, Robin, Lorena. - After 5K/10K this year, the group realized that more help should be given to the hosts, especially with results. They are working on a tutorial with results and working with the LDC. Jim was offering guidance with this project and hopefully will be streamlining this information in 2020.
   f. Safety (as needed) – David M., lead. - No report
   g. Documents – Bob S., lead; & ____ (ePostal Guide – Bob S. & Jill; OW Champs Guide – Bob S. & ____.) Documents have been completed but must edit out performance bond information and then will be posted.
h. **LD NC Event Final Evaluation Revision**: Catherine, Alana, Bob S., Jim discussed the creation of a new evaluation form to include a survey with the liaison and event host to see what is working and what needs improvement. The exclusion of a performance bond will allow for more flexibility and creativity.

i. **2022 NC Recruitment/Selection** – Jill, lead; Robin, Matt, Stephen & ______ _ - Jill received a request for information from one person and will reply.

j. **Communications** — Laurie, lead; _____ (back up). - Information about different 2020 OW & ePostal Championships was published in Swimmer magazine.

k. **Goals** – Phyllis, lead; Lorena, Robin, Bob S., Matt, Catherine, Joanne and _______. Will start with new goal setting in 2020.

l. **LDNC Award** – Jill, lead; Laurie, Catherine, Joanne, Dave, Ali - No report

m. **2020 Clinic Working Group**—Catherine, Stephen, and _____. Have an on deck clinic scheduled for July 17 with Middle Distance OWNC Event in Cleveland. Pasta dinner to follow.

n. **2020 Convention Presentation Workgroup**: Sarah, Dave, Jim and _____. Sarah - Have not started anything with this topic. Sarah would like anyone to please take pictures at events or teams swimming ePostal events. Pictures may also be shared with Laurie Hug.

Below is a list of the 2020 LD NC events and the liaisons assigned.
Each lead liaison will please give a brief written report on the status of their event (sent to the full committee prior to the conference call – THURSDAY at latest for SUNDAY calls). LIAISONS—PLEASE CHECK YOUR EMAIL EARLY AND OFTEN FOR MESSAGES.

### 2020 Long Distance National Championships:

- **USMS Long Distance OWNC**
  - Lake Del Valle, CA (5k)     June 13
    - Liaison: Dave?
    - Backup: Phyllis

- **USMS Sprint Distance OWNC**
  - Semana Nautica, Santa Barbara, CA (1 mile)   June 20
    - Liaison: Robin
    - Backup: Jill

- **USMS Middle Distance OWNC**
  - Brogan OW Classic, Lake Erie, OH (2 miles)  July 18
    - Liaison: Catherine
    - Backup: Stephen

- **USMS Ultra Marathon Distance OWNC**
  - Lake Mempremagog, VT (10 miles)   July 25
    - Liaison: Laurie
    - Backup: Stephen

- **USMS Cable OWNC**
  - Lake Placid, NY (2 miles)          August 15
    - Liaison: Donn
    - Back Up: Bob S.

- **USMS Long Distance OWNC**
  - Lake George, NY (10k)              August 22
    - Liaison: Ali
    - Back Up: Bob S.
OHeP: Tamalpais Masters
  Liaisons: Sarah Back Up: Lorena
• 5,000m/10,000m: Southern Oregon Masters
  Liaison: Jim Back Up: ______
• 3,000y/6,000y: Palm Beach Masters
  Liaison: Joanne Back Up: ______

Other business for the good of the order: Thanks to Jill, Working Group Reports, and to Ali and Phyllis. Everyone makes it an easy group to work with.

Next Call: Sunday, January 26, 2020 8p ET

Meeting Adjourned at 8:33 p.m. EST

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Projected List of Dates for 2020 LDC Calls:

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LDC Approximate High-Level Timeline Items by Month: A work in progress

January:
New OWNC season registrations open
prepare bid letters and documents
initiate work on new goals

February:
send out bid letters and post documents
send out award nomination requests
begin to consider rules changes

March through May:
consider rules changes
begin recruiting bids
updates on LD NC events progress

June:
Prepare next year’s events
 finalize rules proposals
 finalize award nominations
 finalize bid recruitment
thick of the competition season

**July:**
award working group meets
bid selection working group meets

**August:**
finalize all LDC details to prepare for convention

**September:**
Convention

**October-December:**
Request to next season’s details
Conclude remaining event details
Open registration for next season’s OWNCs that would like
Wrap-up year’s business