

Committee Name:
Fitness Education

Session #: 7

Committee Chair: Mary Jurey

Minutes recorded by: Kathy Englar

Date/time of meeting: July 28, 2021 4:30 PM PT

Committee members present (list all, including chair and vice chair):

Mary Jurey (chair), Andy Seibt, Ann Marshfield, Anita Cole (briefly), Chris Campbell, Kathy Englar, Lisa Watson, Karin Wegner

Not present: Emily Cook, Onslae Promchitmart

Minutes

The meeting was called to order at 4:30 PM PST by Mary Jurey.

- 1) Preparing for August 25 meeting, which will serve as this committee's report at the annual national meeting: Chris discussed expectations and requirements for that call and the group agreed to use it to report on sub-committee work. Each sub-committee should nominate a speaker.
- 2) Fitness Award: Emily had earlier circulated the sole nomination received to the group, redacted to obscure that swimmer's name. The group agreed to support the nomination and Mary will pass it on to the award committee.
- 3) Try Masters Swimming results: Ann Marshfield (Ohio) and Andy Seibt (Illinois) reported that their clubs had quite a few inquiries, although many of those inquiring were seeking adult swim lessons, not swim workouts, so weren't candidates to join a masters team. The bulk of the qualified inquiries were driven by a desire to get in shape. Conversion of those who tried out the team remains up in the air.
- 4) Although Onshalee couldn't attend the meeting, she asked the group for ideas for monthly challenges. Andy offered a good idea: swim the distance of a marathon (26.2 miles) in a month.

Summary of Action Items:

- Mary: Provide Chris with input on the committee's work for his report at the next board meeting
- Mary: Officially pass on the Fitness Award Winner name to the Awards Committee
- Sub-committees: agree on who will represent at the August 25 meeting and report to Mary
- All: Ideas for monthly challenges to Onshalee

The meeting was adjourned at 5:30 PM PST