

Committee Name:
Fitness Education

Session #: 6

Committee Chair: Mary Jurey

Minutes recorded by: Mary Jurey

Date/time of meeting: June 30th, 2021 5:00 PM PT

Committee members present (list all, including chair and vice chair):

Mary Jurey (chair), Andy Seibt, Ann Marshfield, Anita Cole, Lisa Watson, Karin Wegner, Onshalee, Emily Cook

Not present: Chris Campbell, Kathy Englar

Minutes

The meeting was called to order at 5:00 PM PST by Mary Jurey.

- 1) Went over Fitness Award submission. Discussion about making it blind in the future. Agreement that nomination was great and valid. Decided to wait on voting to see if there were any more submissions, since the deadline was July 1st.
- 2) Much discussion about Try Masters Swimming – how the clubs across the country were handling it. What could we do to better support it. Talk of in the So Cal area having it be in the ocean – what the requirements would be for that. The key being either Coaches or a club representative being the main point of contact to be able to give club specific info to people interested in trying Master's Swimming.
- 3) Discussion on pairing up with various organizations, such as Swim Across America, to tap in to people who are interested in swimming or participate in their events but might not be Masters Swimmers. How best to try and harness that interest into becoming master's swimmers. Other suggested group was the Senior Games.
- 4) Discussion of Convention and the meeting schedule. How it will work. Begin to create agenda.
- 5) Discussion on possible Speakers / Peer to Peer calls and how to get them scheduled with USMS. Revive the Dr. Nichols / Blue Mind idea.

Summary of Action Items:

- See if we could get Mark Spitz or other high profile swimmers involved in the Fitness Series.
- Possible to have info regarding Masters Swimming in the swag bags of Swim Across America

The meeting was adjourned at 6:00 PM PST