Committee Name:	Coaches Committee		
Committee Chair:	Trey Taylor	Vice Chair:	Molly Hoover
Minutes recorded by:	Jacky Merianos	Date/time of meeting:	April 9th, 2024 5pm PST

# **Roll Call**

Number of committee members present: 10 Absent: 5 *#* of other delegates present: 2

**Committee members present (list all, including chair and vice chair**): Trey Taylor (Chair), Molly Hoover (Vice Chair), Bill Brenner (ex-officio), Brandi Bashor, Michael Hamm, Terry Heggy, Cokie Lepinski, Jacky Merianos, Aaron Schneider, Celia Wolff

**Not present:** Andy Seibt (excused absence), Ken Brisbin (VPCS), Nadine Ford, Laurie Hug, Chris McPherson,

Others present: Marcia Benjamin, Chris Campbell

# Minutes

The meeting was called to order at 5:04 pm Pacific Standard Time

- 1. Welcome
- 2. Sub Committee Assignments

## Web Workouts - Molly Hoover

All is going well with our coaches and workouts. No challenges have presented themselves.

## Worlds/Pan Am's - Cokie Lepinski

Making great progress! Our sub-committee has received 7 applications to date. We will continue to accept applications through Wednesday, April 10th at midnight (PST). Interviews will be scheduled April 20<sup>th</sup> – April 26<sup>th</sup>. A head coach will be selected and announced by April 30<sup>th</sup>.

<u>Question</u>: A USMS member applied who lives overseas. Confirming that they are still eligible for the Pan Am's Coaching position.

<u>Answer:</u> Yes, they are! If they are selected, we will figure out how airfare will work.

Jacky presented a proposed budget for the Head Coach. Trey to forward along to the national office for approval and feedback.

## **Education - Terry Heggy**

Bill is in Tucson with Terry. They will spend the next 3 days recording videos for our Level 2 Coaches Certification training.

Update from Bill: we had a great time in Cleveland this past weekend and in Buffalo 2 weekends ago. Clevland hosted a Level 2 Coaches Certification, Clinic for Coaches and Stroke Development Clinic. Nickle City Splash of Buffalo hosted an ALTS certification class and a Stroke Development Clinic. Both LMSCs were very hospitable and members were great to work with.

### NCC - Celia Wolff

Registration for the NCC is ready for launch! The National office will send out initial communication in an email, including details on both Relay and the NCC. Bill and the NCC committee are working on securing speakers for each session. Bo Hickey has been secured as a speaker.

There will be an online portal for hotel booking. There will be an optional Friday night social for coaches. Cost for social = \$50

#### Awards - Chris McPherson

Chris is looking shift this committee to another committee member. If anyone is interested in taking on awards, please let Trey know.

#### Level 4 - Michael Hamm

No applicants have come through.

#### Mentoring - Nadine Ford/Chris McPherson

Chris and Nadine are having discussions about mentoring, though they have no program updates to report just yet. An ALTS instructor from New Hampshire has reached out to Nadine regarding support. Nadine encouraged her to apply to become a Mentee.

#### Peer 2 Peer - Jacky Merianos

Peer 2 Peer calls are still on hold for 2024. The LMSC Development Committee's is currently working on initiatives to foster and grow community engagement among our volunteers. Once our volunteers are more engaged, we will bring Peer 2 Peer calls back.

#### **On Deck Coaching - Celia Wolff**

About 1/3 of the spots have been filled for Spring Nationals. Celia is hopeful it will fill up as we get closer to the meet (our coaches always have a way of coming through!)

#### Publications/Forum - Terry Heggy

Nothing new to report. There's currently a healthy pipeline of articles.

#### LMSC Communication - Molly Hoover

Email went out last week with updates to coaches chairs. On deck coaches and dates for NCC were included in this email blast.

## 3. Liaisons

## ALTS - Michael Hamm

Mahogony mermaids made a fantastic video on ALTS - go watch it!! The committee is currently busy raising funds and providing mentoring to ALTS programs across the country.

## LMSC Development - Jacky Merianos

Relay Update (via Aaron): all Relay sessions and speakers have been identified! Goal is to have all speakers confirmed by next Tuesday (4/16). Planning has been smooth to date – we are looking forward to a successful Relay in October!

## D&I - Nadine Ford

The D&I committee is looking to have an established D&I Chair in every LMSC. Email went out last month to LMSC Leadership (via Jeff Commings).

## Long Distance - Mike Hamm

Open Water National Championships happening this summer

<u>Sprint Distance National Championships (1-Mile)</u>: July 20<sup>th</sup> in Stillwater, MN <u>Middle-Distance National Championships (2-Mile)</u>: June 1<sup>st</sup> in Lake Berryessa, CA <u>Long Distance National Championships (5K)</u>: July 21<sup>st</sup> in Stillwater, MN <u>Marathon-Distance National Championships (10K)</u>: June 8<sup>th</sup> in Lake Del Valle, CA

Virtual Championships happening this year

<u>2024 One Hour Virtual Championships</u>: Complete! <u>2024 5K & 10K Virtual Championships</u>: May 15<sup>th</sup> – Sept 15<sup>th</sup> 2024 3,000-yard & 6,000-yard Virtual Championships: Sept 15<sup>th</sup> – Nov 15<sup>th</sup>

This meeting was adjourned at 5:58PM Pacific Standard Time