Committee Name:	Coaches Committee	Session#:	Report #:
Committee Chair:	Ken Brisbin	Vice Chair:	Chris McPherson
Minutes recorded by:	Molly Hoover	Date/time of meeting:	October 10, 2023 5p PST

Roll Call

Number of committee members present: 14 Absent:3

of other delegates present: 2

Committee members present (list all, including chair and vice chair): Ken Brisbin (Chair), Chris McPherson (Vice Chair), Bill Brenner, BJ Graham, Steve Hall, Molly Hoover, Laurie Hug, Wilson Josephson, Cokie Lepinski, Jacky Merianos, Aaron Schneider, Trey Taylor, Tim Waud, Celia Wolff

Not present: Michael Hamm, Susan Ingraham, Carol Nip

Others present: Virgil Chancy, Nadine Day

Minutes

The meeting was called to order at 5:02 pm Pacific Standard Time

1. Welcome!

2. Committee Reports -

<u>Web Workouts</u> (Molly): The application for online coaches for 2024 has opened and already has 58 applicants. We will have our regular 7 categories for short course yards, as well as 7 more authors writing long course workouts for each category over the summer.

i. Molly will need more help to sort through the applications and choose the final coaches. Laurie, Tim, Jacky and Aaron all volunteered. Molly will be reaching out soon so we are ready to start reviewing applications as soon as the window closes.

Worlds Coaching (Tim):

- ii. Chad Durieux, the USMS coach for World Champs in Japan, submitted his final report from the meet
- iii. In 2024 there are two meets to consider sending coaches: World's are in February/March in Doha, Qatar and the PanAm games are in July in Trinidad and Tobago. These meets are not usually in the same year. It is getting late to find a coach for Worlds, so we are going to work on hiring a coach for PanAms.

<u>NCC – (Trey)</u>: Trey would like to get a continuous pool put into the ball room or lobby for in-water demos as they did at ASCA. Bill and Trey are looking into that to see if it is possible.

- iv. Keep Kenny in the loop on progress for this.
- v. Bill says the hotel pool is also an option. We could use "portable" equipment to turn the hotel pool into an endless pool.
- vi. Celia We have so many dynamic and interesting coaches within USMS. Could we use people already involved or on the committee as a speaker? This also may save some money overall.
 - 1. We could possibly do that because we are having some round table discussions/mini clinics and coaches could definitely lead those discussions.

<u>Awards - (Laurie) :</u> Laurie is working on the write ups for all award winners.

<u>Education – (Bill/Chris M):</u> Coaches certifications are happening in Boston this weekend, and Houston and Fort Lauderdale are coming up to round out this year. Phoenix is looking to host next year, and Lake Erie Planning to host as well in Cleveland.

- vii. Trey hosted ALTS at his pool last weekend with 15 students, Megan Lassen came down to teach.
- viii. Kenny will reach out regarding Southern Pacific.
- ix. Steve says thanks to the LMSC's that have jumped in and offered scholarships for training, as a lot of LMSC's are doing that now.

<u>Level 4 Applications (Tim):</u> Tim received valuable feedback from Marcia Benjamin who earned her Level 4 certification this year. The last time the application info was approved was 2020, so there probably needs to be a review of the info on the application.

Communication (Molly): Nothing new to report

<u>Mentoring (Chris M)</u>: Two mentee applications came through this summer, but no other applications for 2023. Kenny and Chris met with the applicants over zoom and will be setting them up with someone to meet with soon.

- x. Moving forward, it was difficult to make the switch to keeping applications open all year, as there is no specific time to emphasize the program. The program currently is only marketed through the coaches education courses and via coach visits/conversations with Bill Brenner. Having a year-round coaches mentoring program is ideal, however, encouraging more coaches to participate is a crucial need.
- xi. Celia Is there a way to have level 1 or level 2 filter into the mentor program?1. Steve We do bring that up at all clinics and calls.

<u>On Deck Coaching – (Michael/Celia)</u>: Spring Nats are in Indy in June, so please encourage your coaches to volunteer!

xii. There needs to be more discussion between the Coaches' Committee, Championship Committee, and the meet host regarding expectations and responsibilities of each of these entities for the meet. Kenny will meet with Celia on setting these things up differently in the future.

Long Distance (Michael): 2024 Open Water National Events:

- xiii. 2 mile is June 1, 2024, Lake Berryessa, CA
- xiv. 2 mile cable, June 29, Foster Lake, OR
- xv. 5k, July 20, Square Lake, MN
- xvi. 1 mile, Sept 27, Square Lake, MN

Peer to Peer – (Trey):

- xvii. For next year, he would like to look at it from a different angle.
 - 1. Maybe different quarters for different topics: hit that topic across the spectrum instead of each committee deciding their own. These calls seem to have a hard time connecting with members, so finding themes might help get more on board and be more cohesive going forward
 - 2. Celia What about something more interactive? Upload a video of something you are having trouble with and have the coach watch and give advice.
 - a. We could look at one stroke per quarter.
 - 3. Jacky Have we reached out to the membership body to see what they are interested in for possible topics?
 - a. We did a year ago, but general membership might be a way to go to pull more people in.

<u>Diversity – (Wilson/Nadine)</u>: They have a peer to peer on Nov 9 about how and why to build a code of conduct.

- xviii. The committee plans to work towards identifying USA Swim Clubs that have done a good job having very diverse clubs, and asking them to add a masters program if they don't have one yet.
 - 1. They are still building a list for this and plan to do outreach in 2024.
 - 2. If you know of a club that fits this description, send the info to Wilson.

<u>ALTS – (Michael)</u>: Marin Aquatic Masters: They have been doing ALTS for 8 years and constantly make changes based on prior year experiences. While they have participants that feel safer, there is no real transition to masters unless there is a pre-masters team. They charged the graduates \$5, then kept going with ALTS members to get them closer to joining a masters team. This year at Pacific SCM champs, 12 ALTS graduates did a relay together. Camaraderie was off the charts! It was a team within a team with the goal that they still become regular masters.

3. New Business –

Coaching Video Systems: Dartfish/Onform - Do any coaches on the call use this within their coaching?

- i. Aaron knows someone who uses Dartfish.
- ii. BJ uses some tech (360 camera and iphone) that has worked well.

4. Final Roll Call

The meeting was adjourned at 5:49pm Pacific Standard Time.