Committee Name: Coaches Session #: Report #:

Committee Chair: Scott Bay Vice Chair: Cokie Lepinski

Minutes recorded by: Bob Jennings Date/time of meeting: February 11, 2015

Motions Passed: MSA: Support only Columbia with International Coaching Budget

Number of committee members present: 9

Absent: 8

Number of other delegates present:

Committee members present (list all, including chair and vice chair): Chair: Scott Bay (Dixie), Vice Chair: Cokie Lepinski, Ex-Officio: Bill Brenner, Ex E.C. Jody Smith, Chris Campbell (Oceana), Dave Clark (Great Lakes), Bob Jennings (Dixie), Erin Matthews (Colonies), Dustin Poe (South Central), Jillian Wilkins (Dixie)

Not present: Assoc: Jim Miller, (Oceana), Ken Brisbin (Southwest), Matthew Edde (Northwest), Heather Howland (Great Lakes), Laurie Hug (Colonies),), Katherine Longwell (Great Lakes), Helen Naylor (Dixie), Kerry O'Brien (Oceana),

Minutes

The meeting was called to order at 8:01 p.m. eastern

- 1. International Coaching Scott Bay opened up the floor to discuss options in supporting the Pan Am Games in Columbia and Worlds in Russia. Comments ranged from: Due to our budget we should throw back support to Columbia, Send one coach to Columbia and two to Russia (Scott explained why this would not work due to long hours and separate pools at meets. The bare minimum would be 3 coaches at each meet preferably 4.), There would be a larger turn out in Columbia so we should support that meet, and Since Worlds and the USMS Long Course Championship are at the same time we should support our meet. A motion was made to support the Pan Am Games in Columbia. The motion received a 1st from Dustin Poe and a 2nd from Erin Matthews. A vote was taken and accepted.
- 2. USMS National Coaching Clinic (June 5 to 7 in Nashville, Tennessee) Scott Bay The Vanderbilt University pool will be used. Still working on a few of the clinic details including the cost. They will be sent out to committee members in a couple weeks. USMS Coaching Certification Levels 1 & 2 classes will be available at the clinic. The committee is negotiating with someone to give a talk at the Welcome Reception on Friday night.

3. Subcommittee and Task Force Reports

Awards – No report

Certification – Bill Brenner – There is a very busy schedule for 2015 and the classes are filling up. A large number of individuals wanting to become a USMS coach are taking levels 1 & 2. 715 coaches were certified in 2014 and a total of over 2,000 since certification classes began in 2000. There will be seven level 3 classes towards the end of 2015. It was asked if a coach could take levels 1 & 2 and then turn around and take level 3. Since a large part of level 3 is a sharing of coaching experiences, Bill and Scott would have to evaluate on an individual basis. The new USMS Level 4 Coaching Certification class will be announced at Spring Nationals.

Adult Learn to Swim Programs – Bill Brenner – The class February 7 in Orlando was very successful. The class consisted of classroom instruction, demonstrations in the pool and hands on instruction in the water. A progression of teaching skills was taught as well as preparing instructor to teach all levels of swimming. All participants passed the skills test.

Championship – No report

Fitness – Bob Jennings – The Fitness committee has asked coaches to encourage their swimmers to participate in Go the Distance and the Big Orange Check Off Challenge. The Check Off Challenge can also be completed in practices.

High Performance – Cokie Lepinski – Waiting to hear back from Susan Ingraham.

International Coaching – See #1

LMSC Communications – No report

Nationals – Erin Matthews – Sign ups for On Deck Coaching at Nationals this spring will be in the next Streamlines.

Sports Medicine and Science – No report

Publications – Cokie Lepinski – One article was submitted from coaches since our last meeting. We need more articles.

Web Workouts – Erin Matthews – Jillian Wilkins will be writing the workouts for Expecting Mothers. She has already supplied two weeks of workouts. Due to the low number of individuals going to this site, we will need to re-evaluate for 2016

- 4. Old Business None
- 5. **New Business** None

The meeting was adjourned at 8:39 pm eastern