USMS Convention — Kansas City, Missouri 2015

Committee Name: Coaches Session #: 1

Committee Chair: Scott Bay Vice Chair: Cokie Lepinski

Minutes recorded by: Erin Mathews Date/time of meeting: 10/01/2015 3:30 PM

Actions Requiring Approval by the HOD:

1. None

Motions Passed:

1 None

Number of committee members present: 9 Absent: 4 Number of other delegates present: 53

Committee members present (list all, including chair and vice chair): Scott Bay, Cokie Lepinski (web presence), Erin Mathews, Bob Jennings, Kenny Brisbane, Helen Naylor, Kerry O'Brien, Jillian Wilkins, Dave Clark, Laurie Hug, Bob Jennings, Chris Campbell, Chris Colburn (acting EC rep), Jim Miller, Mel Goldstein

Committee Members Absent: Cokie Lepinski (Pacific), Jody Smith (VP Community Services)

Minutes

The meeting was called to order at 3:30pm.

- 1. Chair welcome -
- 2. Review of 2015- Posted on the website- Following is additional information not included in the report
 - a. International Coaches Report- Special Thank you to Nadine Day, USMS President for not only representing USMS in Kazan at Worlds but also fulfilling many of the functions that International Coaches usually do including splits and answer questions and general assistance to swimmers. She was there as a swimmer and was not asked to do this and just stepped up and did it anyway and that spirit of volunteerism is the heart of USMS so thank you!
 - b. Richard Garza Thank you along with Diane
- Goals for 2016 and beyond
 - a. National Coaches Clinic in Nashville Educational programs outside of certification outside of Levels -
 - Helen Spearhead by Scott, Cokie, and Stu overall had people come in at the last minute people wanted to be there, but the biggest issue was timing. Beta test worked, 24 attendees. Felt the support from the national office.
 - ii. Scott- A decision was made (budget) to partner with an LMSC.
 - a. Revisit and make any necessary changes to Levels 1-4 in partnership with the National Office
 - b. Finish Developing Level 5 In time for convention next year.
 - c. Plan and Execute National Coaches Clinic in November of 2016 in partnership with the Pacific LMSC and the National Office
 - iii. After Nashville we've realized that the coaches clinic is viable, can be well funded, and therefore should happen every other year, in opposition to the LMSC Leadership summit.
 - 1. Carol Ned Pacific How long? Three days Friday night, Saturday and most of Sunday.
 - 2. Evaluated what things were most asked for and really used the valuations to see what would work for follow up clinics.

- 3. Nancy Reno Southern Pacific Swim Fest had an in-water component that was really valuable and should be translated to coaches certification for open water coaches...(tabled)
- 4. Wyatt Bradbury Potomac Valley Way to partner with zones/lmsc in a smaller level topic for 2016
- d. Find better ways to communicate with coaches at the grassroots level and with the LMSCs
 - a. Scott Don't want people to have to go and look for it. In order to meet current and new coaches needs Coaches Committee and the national office are looking for more proactive ways to get information and event notifications out.
 - b. Mel In looking for a way to support the coaches within their LMSC and how to get people to go to these clinics. Suggestion from the coaches so that the teams/LMSC support the coaches to go.
 - i. Scott- We are trying to keep the cost low through creative ways to make sure that the coaches are financed. Find the money in the LMSCs.
- e. Continue with ongoing operations.
- 4. Subcommittee and Task Force Reports
 - a. Certification- Newest Level 4 Coaches- Nancy Kirkpatrick Reno, Helen Naylor, Chris McPherson, Bill Meier, Dominic Latella, Andrew Levasseur. Total now = 20 very elite group. Volunteer review panel, submissions 2 times per year!
 - a. Clare Rudd Pacific Questioned the number or years required for coaching. 3-5.
 - b. Bill Brenner In conjunction with certifications, the team can stay another another day, just need sponsorship and pool time. Coaches need to convince their LMSC that there needs to be more in water opportunities. Currently scheduled 17 Level 1/2 in 2016 and 7 level 3. Required to be USMS registered. 650 people taken the courses 550 new level 1/2.
 - i. Level 3 reworked- more workshop based.
 - ii. Sue Dragich (Pacific) If you've already gone to level 3, how can you attend the new class.
 - 1. Bill Coaches can repeat Level 3 for free because of the new content.
 - c. Scott General comments about not changing all the time, but there's been a push to move online- blended learning. However, the value of in person classes is exponentially increased by the secondary learning from your peers.
 - b. Education- Certification for Open Water moving to desegregate a totally different sport
 - a. Laurie, Helen, Jim Open water into level 3 or stand alone still in the works.
 - i. Surveys 25% of members like to participate in open water, compete or fitness. Jim prefers to integrate.
 - ii. Lorena Sims (Pacific) Open water could be inclusive or an additional class. It's a way to see masters as not just an in-water program. Questions whether a certification means that you are covered if there's an incident. Without a separate certification are you negligent?
 - iii. Nancy Reno (Pacific) Coaches are currently sending people into open water without knowledge. Level 1+2 should start to put information out there. Are there opportunities partner with USAT? YES.
 - iv. Wyatt Bradbury (PV) Level 1+2 just not enough for open water.
 - Charles Smith (Metro) There should be a min level of knowledge required. Scott recommends a
 possible subcommittee and a follow up draft to evaluate.
 - vi. Ross Davis (Gulf Coast) A possible solution would be putting information online to do before coming to the class.
 - vii. Rich Garza (FL GC) Open water should be in 1/2/3. Additionally, coaches need to participate in events in order to understand how to meet their swimmers needs.
 - viii. Tom Boak (Gulf) There needs to be clarification on what the coaches certification/ check box/ and designated coach means in terms of registration. Scott is mainly for creditability and how Masters programs will be perceived.

c. Publications-

- a. Laura Hamel (national office) Thank you for submitting articles for the three email newsletters, Swimmer magazine, etc. There are paid professional writers (limited budget) and volunteer writers. Coaches committee members shouldn't be the only ones contributing to the "body of knowledge."
 - i. Jim Miller Videos? Shoulder, knees, lower back from FINA. Laura Will have to come through public relations manager.
 - ii. Chris Campbell Encouraged simple writing to just increase the CONTENT!!!!

d. Communications-

- a. Ken LMSC communications- forwarding coaches minutes and clinics email list that Ken has goes to the coaches chair - work with the coaches chair from each LMSC to see how they distributed the information down.
 - i. Susan Ingram How to get the list of coaches The coaches who are recognized?
 - 1. Scott should be able to get it from your registrar.
- e. Web Workouts
 - a. 7 coaches going to be time to send out the application.
- f. On Deck Coaching-
 - Convention and nationals thank you for volunteering Missouri LMSC for the snack bags. Thanks to Erin Mathews and Marty Hendrick.
- g. Awards Kerry O'Brien, Club of the year, Coach of the year. Call for nominations. Recognition/Awards committee
 - a. Laurie Payne (Ozark)- No regional club nomination go into the website, ability to make accessible. LMSC specific awards.

Old Business

- a. David Clark registering coaches for convention a way to register swimmers.
- b. Chris Campbell International coaching to 2017 level of support for FINA masters in Budapest email list World Masters games 2017 New Zealand -
 - Rich Garza thanks to coaches committee for the opportunity to represent at Pan Ams.
- 6. New Business
 - Wyatt Bradbury Summer nationals in UMD on deck coaches not certified. They didn't know a lot of basic things.
 - 1. Chris Campbell In reviewing the 2012 Summer Nationals in Omaha, on Sunday when the attendance really dropped we just needed people on deck. Hopefully with more people going through certification it'll be better.
 - 2. Going forward having different types of registrations for membership and nationals, if you're just going as a coach.

Tasks for the Upcoming Year

- 1. Revise Levels 1-4
- 2. Develop Level 5
- 3. Plan and execute National Coaches Clinic in November 2016
- 4. Continue all regular operations

The meeting was adjourned at 4:35